THE COURIER

Naples Area Intergroup
1509 Pine Ridge Road, Unit B
Naples, Florida 34109

239-262-6535
naplesintergroup@yahoo.com
www.aanaples.org



October 2026

COME FOR THE GRATITUDE.
STAY FOR THE FELLOWSHIP!

The Naples Area Intergroup
239/262-6535

GRATITUDE Dinner

AN EVENING OF GRATITUDE, FELLOWSHIP & CELEBRATION

SATURDAY
NOVEMBER 7, 2026

TICKET PRICE
$40
CASH / CHECK
Payable to
NAPLES INTERGROUP
see your Intergroup Representative

WELCOME RECEPTION 6:15PM
DINING ROOM DOORS OPEN 6:45PM
DINNER BEGINS 7:00PM

Come Join Us!

GRATEFUL CONNECTED TOGETHER

New Hope Ministries
7675 Davis Blvd.
Naples, FL 34104

*credit card payments accepted in person at Intergroup Office
(office hours Mon.-Sat. 9AM to 4PM)

Thankful



Step Ten: Continued to take personal inventory and when we were wrong promptly admitted it.

Bill W's writings communicate the Twelve Steps to us in a very understandable manner: He often tells us what he is going to tell us, then he tells us, then he tells us what he has told us. The Step Ten writings on page 59 in the Big Book, or from the banners on the meeting room wall, are only of the first part—he hasn't quite told us yet: He is just now setting us up! It might seem at this point that Step Ten has only two directions, but further reading discloses there are actually five clear-cut directions.

He has already told us what he is going to tell us on page 59, but now he tells us:

The first of these directions is that we discover where we are going haywire throughout the day. He explains how to do this in Step Four (pp 64-71). Then he explains how to untwist the hay wire by asking for Gods help on page 76 (Steps Six & Seven). If this doesn't straighten things out, he tells me to talk to someone all about the tangled mess I have gotten myself into: Step Five (72-75). If I have harmed anyone during this turmoil he provides directions how to make amends: Step Eight and Nine (pp 76 -83). Then, he provides directions to turn or thoughts to someone we can help: Step Twelve (pp 89-103).

Now he tells us what he told us:

- **Continue to watch for selfishness, dishonesty, resentment and fear.**
- **When these crop up we ask God to remove them.**
- **We discuss them with someone immediately.**
- **Make amends quickly if we have harmed anyone.**
- **We resolutely turned our thoughts to someone we could help.**

Although it may take a while to get these convenient directions down pat, they are very worthwhile, because, once learned, we can complete most of this process, keeping us on a spiritual beam, in only a few seconds as we trudge through the pitfalls of each day.

In this simple process we have learned not only how to watch for selfishness, dishonesty, resentment and fear, but to face and be rid of their often dismal outcomes, thereby maintaining a clean slate. We are then much less burdened by the feelings of guilt and anxiety that can lead us back to the bottle.

I believe Step Ten offers me great freedom if I follow the five clear-cut directions laid out in the Big Book—however if I play a shortcut and just do it off the wall, and do a half measure, I may get only a half measure … and, half measures availed us nothing. (p. 59)

By Bob S. Richmond, IN



ALCOHOLICS ANONYMOUS PREAMBLE:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or Institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety. (AA Grapevine, Inc.)

OCTOBER … The Tenth (10th) Month Of Alcoholics Anonymous

The TENTH MONTH for ALCOHOLICS ANONYMOUS

STEP TEN: *" Continued to take personal inventory and, when we were wrong promptly admitted it."*

TRADITION TEN: *" Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy"*

TRADITION TEN (Long Form): *No A.A. group or member should ever, in such a way as to implicate A.A. , express any opinion on outside controversial issues — particularly those of politics, alcohol reform, or sectarian religion. The alcoolics Anonymous groups oppose no one. Concrening such matter they can express no views whatever.*

CONCEPT TEN: *" Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.*

10th Step Prayer: *GOD, remove the Selfishness, dishonesty, resentment and fear that has cropped up in my life right now. Help me to discuss this with someone immediately and make amends quickly if I have harmed anyone. Help me to cease fighting anything and anyone. Show me where I may be helpful to someone else. Help me react sanely; not cocky or afraid. How can I best serve You – Your will, not mine be done.How can I best serve Thee—Thy will (not mine) be done. Amen.*

TRADITIONS—CHECKLIST

This is a Checklist for Tradition TEN. Reprinted with permission from Service Material from the General Service Office:

1. Do I ever give the impression that there really is an "AA opinion" on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-Step programs? Vitamins? Al-Anon? The federal or state government?
2. Can I honestly share my own personal experience concerning any of those without giving the impression that I'm stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. What would AA be without this Tradition? Where would I be?
5. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
6. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?
7. Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others?

"The only way I ever found to displace a thought was to put another thought in its stead."

"We Must Banish Fear!" Alexandria, Virginia, August 1950, AA Grapevine



Understanding the Disease of Alcoholism Takes Time



After being in the program for a while, it occurred to me that initially, there was no way I could have performed all the measures suggested in the steps. let alone in Step Ten, on my first go-around. We come from an alcoholic's approach to the issues we plan to address. We eventually come to understand that we can only give it our best effort to start the process.

Understanding the disease of alcoholism takes time. We can, however, establish a framework without concluding we finished the steps. As we continue to grow in the program more will be revealed about the steps taken. And, that is where Step Ten becomes the opportunity to revisit past steps and fill in the empty spaces as we evolve.

That does not mean we cannot address those issues when we become aware of them. If we stay sober long enough to get to this level of understanding, we will continue to repair our broken relations with others. We also can clear up legal, marital that can be a distraction when it comes to looking at the deeper rooted emotional, mental and spiritual issueeffect takes place in the process of recovery. If we become complacent at any level of this process — as it often happens — we may relapse or, miss out on the promises set forth in Step Nine.sand financial problems .

If you are complacent you can miss out on the Step Nine promises

We cannot ignore the need for up-keep and maintenance in the program. Just like we cannot ignore the upkeep and maintenance when we purchase a new car. Brake shoes wear thin, oil gets dirty, coolant evaporates and so on. The same

Step Ten of AA, "*Continued to take personal inventory and when we were wrong promptly admitted it*" (BB p 59). I believe that most of the members of AA, who actually go through the steps as suggested in the Big Book, have been doing this to some degree since they became aware of it in the 4th and 5th steps. And, the reason why they reintroduced us to this topic in Step Ten. It was to make it clear that we will continue to do this for the rest of our lives.

We are never finished when it comes to taking the steps

There is a line that we cross if we are committed to the goal of becoming the best we can be in life. This is where we stop asking "*Why we must do all the things that the program suggests*?" to a point where we start asking the question "*Why wouldn't we do these things that result in freedom of the mind?*" The biggest misconception we have is the idea that, somehow, we are responsible for becoming an alcoholic. And, this is simply not the case.

When we were born, we did not have the capacity to decide to become afflicted with the disease of alcoholism. You might say that alcoholism is a byproduct of guilt, shame and low self-esteem based on habits and deeds of the past.

When we took our first drink, it did something for us that it did not do for the normal person. It masked all our fears and insecurities temporarily. But, did not erase those embarrassing behaviors from our minds and our conscience.

The fear is gone and I sleep so much better

We behaved poorly as we evolved through our adolescence and young adulthood. Which was due to the fears and inhibitions associated with alcoholism. Who could fault the person who discovers they have a disease and takes it upon themselves to treat that disease? Yet, the 12 Steps of Alcoholics Anonymous restores us. And, lets us take account of all of the faulty behaviors that stem from that disease, make restitution and become model citizens.

This is the natural development that evolves as the result of taking the 12 Steps. And, continuing the upkeep and maintenance process. I thank God that the program of Alcoholics Anonymous has taken one hell of a load off my mind. And, I am mentally at peace when my head hits the pillow at night.

By Rick R.

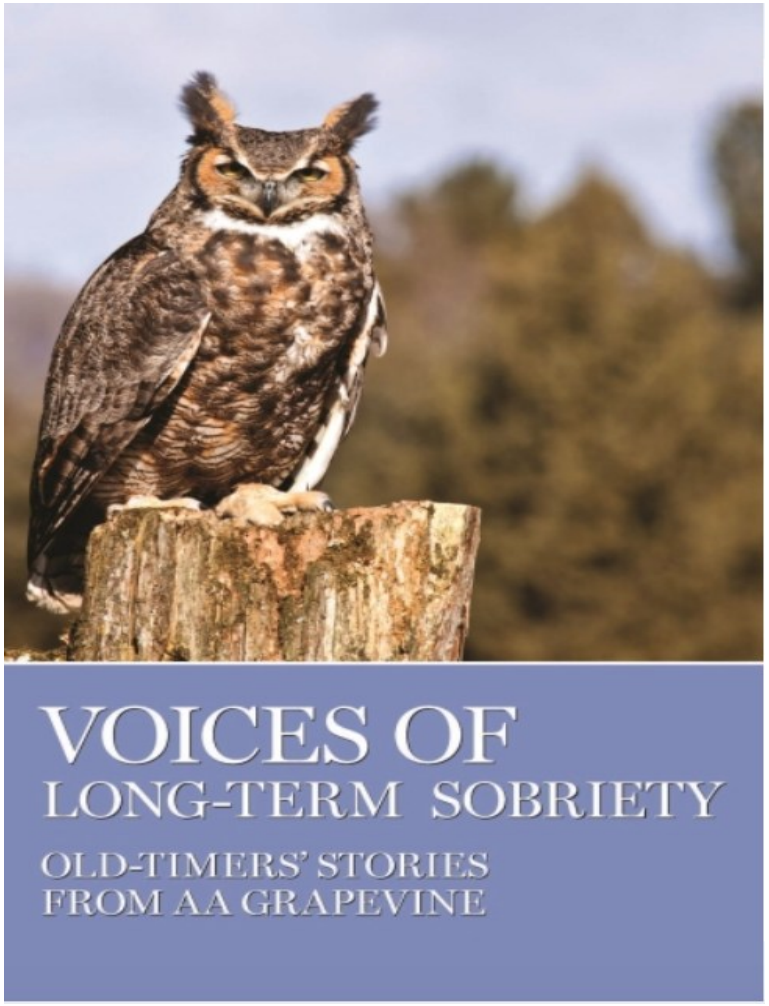


“All of us in AA have a right to our own opinion, even if that opinion is that somebody else’s opinion is not as good as ours ... The whole structure of AA is based on a democratic spirit. There are no bosses or gurus.”

West Springfield, Mass., June 2002, From: “Live and Let Live”, AA Grapevine

“I’ve likened that transforming instant, when despair gave way to a glimmer of hope, to a tiny flower sprung into bloom amid the bombed-out wreckage of my life. Thanks to AA, that tiny bloom was to become a garden.”

“Reciprocal Strength,” Vancouver, British Columbia, January 1998, Voices of Long-Term Sobriety



When Someone in the Rooms Experiences a Significant Loss

Lisa F. ... Red Bank, New Jersey

As recovering alcoholics, many of us have come to believe and have faith that everything in life is part of a larger plan. While this faith can carry us through difficult times, it is not always the answer to all the heartaches others endure nor is it the right approach when offering support to those who are suffering. It appears as humans and those in recovery, we have an innate need to tie everything up in a neat package; acknowledge the event, say the right words which will make everything better and move on, as if no further assistance is required. After all, are we not taught through the 3rd step that we need to accept God's will and continue on our journey? While in theory, this practice can provide comfort in troubling times, it is lacking compassion, understanding and empathy in respect to someone who has endured a devastating loss. Actually, offering short, contrite and impersonal words as support, can alienate those we are trying to help.

One of the most difficult and life changing events we will be faced with is the death of a loved one. Though part of life and something, at some point, we all endure, it is by far the greatest emotional and heart wrenching experience we will go through. Despite the fact there have been numerous theories built on the process of grief, its stages and timetables, in actuality there is no blueprint relevant to each individual. Some may feel okay in a matter of weeks or months, while the rest of us are left with a deep underlying pain, ripping at our hearts and souls. The challenges for many are great as we try to navigate through life with a loss of part of our selves and a piece of our hearts. It is during this time we need the support, understanding and empathy from those we have come to know as friends. When trying to be of assistance to others, it is imperative we do not put our hopes and expectations upon them. Although we would like to take their pain away, in reality this is not possible, even when we find ourselves believing we can.

For many years, I have had the desire to write a little pocketbook titled: What Not to Say When Someone Has Experienced a Loss. There are so many words and statements that are not only unhelpful, but also create a feeling of isolation and separateness for the griever. While we may believe everything happens for a reason, this may not be the belief of the individual who is experiencing a loss. In all honesty, although we find strength and purpose in these words, none of us, unless we have had a direct conversation with God, know it to be true. In the midst of a devastating loss, even if one has faith there is a rhyme and reason to all things on Earth, the pain and shock may be too overwhelming to gain a greater picture and, perhaps, a perspective of the tragedy endured. Often times, if the deceased lived a long life, people frequently point out the inevitability of their passing and how we need to be grateful. While we do understand their time on Earth was done and feel blessed, the longevity of our relationship may produce greater challenges as we try to navigate life without their constant presence. Another thing we often tell people is the deceased is in a better place. Though this may provide comfort if the person who died had been gravely ill for a period of time, it is not the best choice of words in all situations. Once again, we are imparting wisdom on beliefs instead of actual human experience, which do nothing to support the person who is dealing with a loss.

How often I have heard "God doesn't give you more than you can handle". Says who? Though we would like this to be true, we are imparting philosophies built on personal beliefs and teachings, trying to make sense of the nonsensical, when in fact, it may never make sense. I, too, would like to believe our journeys are set out to teach us the spiritual lessons we long for and can endure. Yet, this is only a belief and doesn't benefit an individual who is getting repeatedly bombarded with loss and tragedy and losing their faith in God. We do not know God's plan for any of us and surmising what a person is experiencing is part of a higher, universal order, is another way to tie everything up in a neat package instead of assisting the individual in the aftermath of their trauma. We all have a different concept of a higher power and different degrees of faith. While some of us possess an unshakable belief in the God of our understanding, others might have struggled with their concept of a higher power. Offering words insinuating God has done this to them, might, in fact, turn them away from the faith they have when it's needed the most.

Continued on page 7.

When Someone In The Rooms ... Continued from page 6.

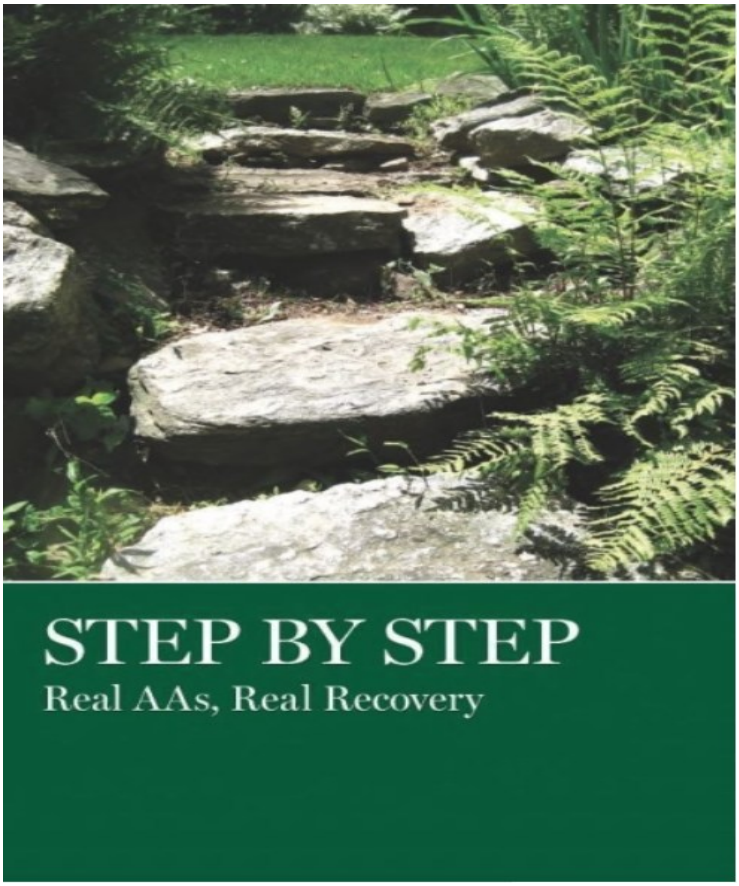
Another thing we tend to do is put an amount of value on the relationship one had with the deceased. We generally offer an outpouring of support when someone loses a significant other, whether it be a spouse or relative, and rightly so. The oversight we may have is if the relationship, in our minds, does not have the label we "assign" to love, an enduring bond and justifiable grief. As outsiders, we have no way of ascertaining what a loss means to each individual person. I, unfortunately, experienced this misperception firsthand. When my "boyfriend" died, the only human I have loved to this day, I was not afforded understanding, empathy and support by most people. What I was given by many, were words I have learned not to impart onto another and a complete lack of understanding. There were also a few that told me what stage of grieving I was in and at least one person gave me a handout on grief, completely unhelpful. As a result of what was said to me, the absence of support and how I was treated, I distanced myself from people in and out of the rooms and stopped attending meetings. I was fortunate I had built a good foundation of sobriety in the years prior and did not think of picking up a drink. Although I made it through this period and came out the other side, this may not be the case for another, who desperately needs the fellowship during the time of a devastating loss.

Last year, I experienced two losses within less than a 6-week period, my horse and my father. I was very fortunate I received an outpouring of support during this time. Unlike what I encountered when I lost my boyfriend, I was gifted with understanding, compassion and love by those in and out of the rooms. Although there were some whose words were dismissive, uncompassionate and somewhat cold, they were few in relation to those who offered empathy and comfort. It was a true blessing to have people to share my pain with, who seemed to understand how I was feeling and the depth of my grief. If for a moment any of them thought the loss of my horse was inconsequential in the scheme of things, they did not say it to my face. Actually, losing my constant companion of one month less than 30 years, is the most painful loss I have endured in my life. My father's unexpected death soon after, left me in a state of feeling somewhat overwhelmed and only capable of putting one foot in front of the other, which the program has taught me to do throughout my sobriety. As I attended to what needed to be done, administering my father's estate in particular, every step was painful and brought up so many feelings of sadness and regret. Yet, it was only until about a year later, after the estate settled, that I began to feel the true depth of my emotions in relation to losing my horse and father.

Often times when we lose someone, we have recently seen or spoken to them. Their presence is fresh in our hearts and minds and is felt during the coming days, weeks and, sometimes, months following. It is only when time has passed, we start to feel the totality of their absence as life continues without them. It is at this point that reality often sets in and we start to experience the true devastation of their death. During the initial period after a loss, people are quick to come to our side, offer their condolences and support us through their presence, phone calls, cards and understanding. While this is both needed and greatly appreciated, it sometimes begins to wane over a short period of time. Many people may feel that after the shock, funeral and/or services are over, we have had enough time to grieve, heal and navigate through our feelings; yet this is often when we need support the most as the reality of the loss begins to set in.

Not one of us is an expert on grief, regardless if we are familiar with Elizabeth Kubler-Ross's model, took a course on thanatology or are a licensed clinician. To think we are is a disservice to those who have experienced a devastating loss. Grief is an individual experience for each person and does not fit into a one size fits all model. The best we can do for those who are grieving is offer our condolences, assistance, if needed, and, most importantly, hear what the person has to say. We do not possess magical words to make everything better and we cannot surmise what a person is experiencing or what the loss means to them. Every person processes grief and it's relation to life in their own unique way. Whether they see the loss as God's will or part of a larger universal plan or not, is for them to decide, not us. Pain is part of life and to pretend it doesn't exist or try to hurry it along, only leads to unresolved feelings and emotions which carry on through the griever's life. If we truly want to help others in the rooms, and for that matter, out of the rooms, when a heartbreaking loss has occurred, we need to have patience, empathy, and above all else, the willingness, as uncomfortable as it may be, to just listen.

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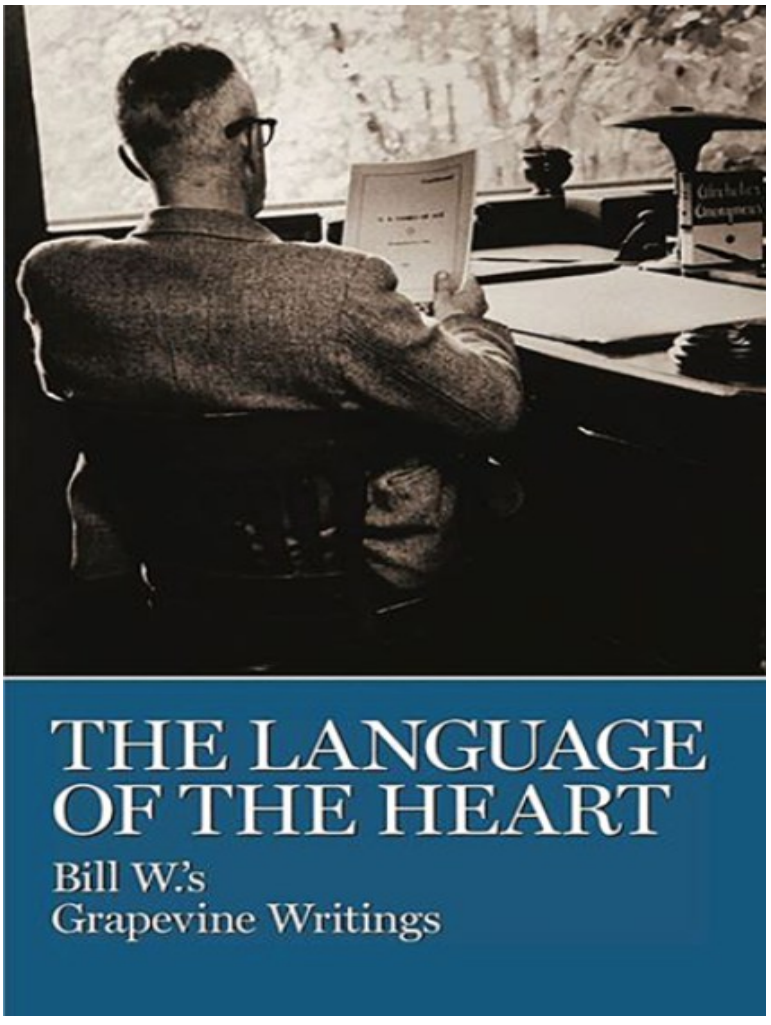


"Sometimes taking somebody else's inventory can be most beneficial. When I was doing my Fourth Step, an old-timer suggested I list the names of those against whom I held resentments, followed by two or three sentences describing what they had done to earn my displeasure. Then, after putting the list aside for a day, I was to cross off each person's name and replace it with my own."

"Mirror, Mirror, On the Wall," Renton, Washington, October 1987, Step By Step

"So long as there is the slightest interest in sobriety, the most unmoral, the most antisocial, the most critical alcoholic may gather about him a few kindred spirits and announce to us that a new Alcoholics Anonymous group has been formed. Anti-God, anti-medicine, anti-our recovery program, even anti-each other – these rampant individuals are still an AA group if they think so!"

AA Co-Founder, Bill W., July 1946, "The Individual in Relation to AA as a Group", The Language of the Heart



A Wonderful Organization



I had dropped by my partner's workplace to bring her some items she had requested. Her co-worker, Shannon, was there. I'd met Shannon socially a few times before and, when the time was appropriate, made her aware of my AA membership.

Shannon pulled me aside and said "We have a friend in common, David R." Shannon had gotten to know him through a sports activity they both shared. "I saw your name on a card in his room." David was institutionalized for cancer treatment. He was the DCM for our district 32 in the Cleveland Heights locale and also the chair of the Heights Hub Multi-District which adds districts 40, 41, 42, and 55 which border his district. Our area passed a card around for him.

"You belong to a wonderful organization," she beamed. "He has had dozens of visitors from AA just one after the other." I nodded and smiled—I was one of those. We hear sometimes at meetings that we may be the only Big Book that outsiders see. Cards and visitors: these were the Big Books Shannon saw.

I started attending meetings in my locale in 1984. During announcements the secretary would ask, "Are there any home group members sick or in the hospital that we can get a card out to or go visit?" As time went on we got cheaper and lazier and this announcement has become "Is there anyone we should pray for?"

I'm not sure what they want me to pray? Lord knows we all have prayed so-called "prayers of intercession" to tell God what to do; e.g., "God get me out of this mess." And often we got angry with God later for not doing our demands. We were confused about which one of us was God. AA tells us over and over to not pray that way "…praying only for knowledge of His will for us and the power to carry that out", "We are careful not to pray for our own selfish ends," and "We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times a day 'Thy will be done.'"

Indeed, Bill W, addressing the 3,000 of us at the 1950 International Convention stated "We have in AA what amounts to a rule that we never pray for people." So it seems inappropriate that we pray that the sick individual get better. Surely at some point, if I were ill, it shall be God's will that I not get better and I would hope that there are not people out there praying that it be otherwise. I asked my co-sponsor what to pray. He said he simply prays that the individuals named come to accept God's will for the situation.

Some religions believe in prayers of intercession and others do not. It is at any rate a religious question and I fear that we are giving the newcomer the misconception that AA has an opinion on this. I escorted a former General Manager of our General Service Office to some meetings in our area. I expressed my concern on this item and he simply put it, "Yes, they're turning this into a religion." I think we need be wary of this trend. We need to be a welcoming place for alcoholics of all backgrounds.

But I've spent enough time on the soap box so I'll step down and allow someone else a turn. Pray if you want, or don't pray if you don't want, but please do not stop the cards and visits! It is those that make us in other's eyes, and in our own, a wonderful organization!

By Bob M.

A Power Greater Than Myself

Why the program of Alcoholics Anonymous works so well, on the disease of alcoholism, is hard to fathom when we first come into AA. Most of us are conflicted when confronted with the idea that our perception of life had been all wrong from the very start.

Issues like, faith, higher power, insanity, surrender, denial, guilt, shame, etc. had to be revisited to see where our past thinking had let us down. We realize that we have painted ourselves into the corner of life. And, if we are lucky, we become open to the idea that we may have to seek outside help if we want to have any chance of a normal life.

When we go through this process, in the spirit that it is presented, in the Big Book of Alcoholics Anonymous and the Twelve Steps and Twelve Traditions (12&12), wonderful things happen for us. I find it much easier to look back at the way the AA program has worked for me, than it was when I first entered the program and tried to look forward and perceive how it was going to influence every facet of my life in a wondrous way.

I wish there was a way to package it and give it away. But, as I look back on my own experience in AA and realize how each of us are conditioned differently.

I know that, not all of us can envision what the result will be. For if they did, they would cut right to the chase and never look back. In the beginning, we usually spend most of our time coming to terms with the most obvious symptom of alcoholism; the drink and I were no exception.

Unfortunately, many of us never get deeper into the program, where most of the healing takes place. For those of us that do come to realize that happiness, and more importantly, peace of mind, are the things that are lacking in our lives and to acquire them, we may need to get serious and dig deeper into the process that led to these qualities.

This does not mean that we will not experience joy and peace until we complete the process. Not at all, for every time we uncover another piece of the puzzle that barred us from being at peace with ourselves, it allows us to free up that part of our mind that has been wrestling with that issue and we can finally put it to rest.

The day-to-day improvement in our own self esteem will be reward enough to inspire (inspirit) us to address the next issue that needs our attention, and one by one we resolve these matters as we Trudge the Road of Happy Destiny.

Another thing that seems to be a natural result as we navigate this approach is that, with this new awareness, we refrain from making the regretful mistakes of the past that caused our discontent in the first place.

Replacing the wrongs with the rights, you might say, doubles the pace of our growth. We only get to live once and it would be a shame to spend it with that awful mental grinding that goes on between our ears, when the solution is right before our eyes. And, if we continue to spend all our mental energy obsessing on the "not drinking one day at a time" we can do this for years, and then one day, just pick up that drink.

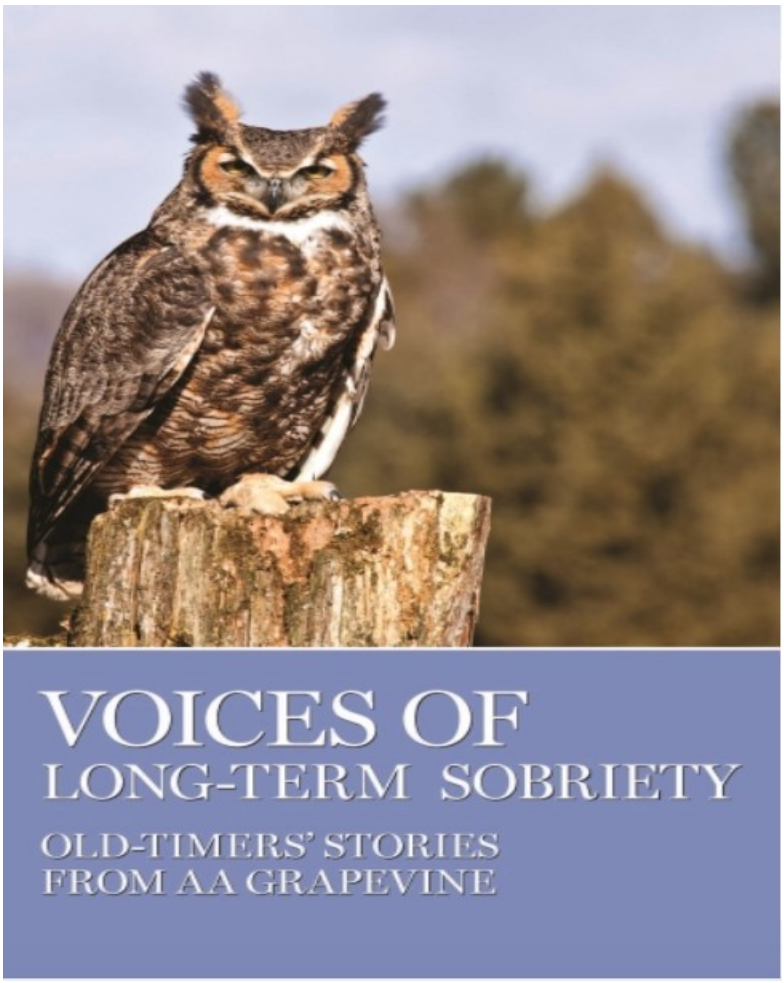
A drink has no appeal to alcoholics who are at peace with themselves and with others. Why waste the only life we have when the answers are laid there at our feet?

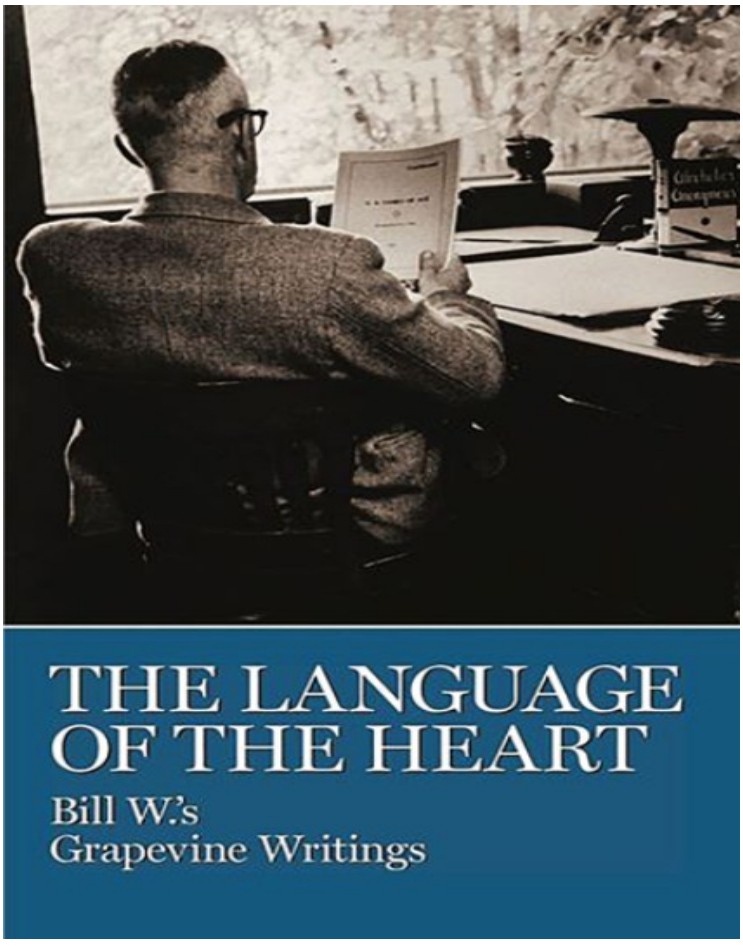
Do not get stuck in the rut of complacency. Trust this process and ask yourself if you have been thorough with all twelve of the steps. And if not, I recommend that you revisit those loose ends and deal with them. Give this a try, and I guarantee that, you will not regret it.

Rick R. … San Diego, California

"When I go to a meeting today, I no longer have the delusion that I am supporting a good cause. I need AA; AA did quite well without me during my ten years of self-exile. I go to AA meetings today to hear and see how God is working. When I share at a meeting, it is not to try and 'help' those poor wretches, it is because I need their help and guidance."

"Garden Hose Sobriety," El Paso, Texas, October 2006, Voices of Long-Term Sobriety





"Sponsorship is a bridge to trusting the human race, the very race we once resigned from. In learning to trust, we are strengthening our sobriety."

"A Means to a Beginning," Grand Island Nebraska, February 1984, AA Grapevine

Spirituality And Your Higher Power

Swen L. … Naples, Florida

A note from the author: ***I delivered this as my share, while chairing a recent H&I commitment. My intent was to pass along my experience, strength and hope by way of my struggles with spirituality over the years. I understand, that this type of topic can be a touchy one with some people. If you find yourself there, it's probably because you have a deeper connection with your higher power than I will ever com hend.***

As you are about to see, I'm fairly new to all this, and the last thing I would want is to offend anyone. I can only speak for myself, a humble j journeyman, on this glorious path before me. Please forgive me, in advance, and I'll soon be on my way.

I struggled with spirituality. I've always been a firm believer in science. I'm not stupid, but as a kid, I couldn't figure out why the baseball kept getting larger and larger, and then it hit me.

You see, I was brought up Catholic. My parents forced all six of us kids to go with them every Sunday and sit through mass. We also had to attend catechism on Sundays while we were in grade school.

I hated every minute of it. My parents were very strict, in this regard.

Here, I have to tell you a little background about my dad.

He was the smartest man I've ever met. He had a PhD in English, taught college level Shakespeare and therefore could re-cite all of the bard's plays from memory. He spoke Danish, English and German fluently.

He cherished books and was always reading, but if you walked in on him, he would always put the book down, to give you his full attention.

He was a master poker player and amassed a small fortune in the Navy during WWII, doing 27 convoys back and forth across the Atlantic on a Destroyer.

In his role as the civilian, 2nd in command at NSA, in Germany, he traveled to every country in Europe, the Middle East and North Africa. He would read a book or two about the cultures of each of them, beforehand. He said he wanted to feel like he already knew the people and was dying to meet them when he got off the plane.

He was raised a Lutheran, but switched to Catholicism when he married my mother. This got him fascinated with theology and led him to begin studying the teachings of the Buddha, Lao Tzu, the Bible, the Talmud and the Koran and he would defend them all. For this reason, he was also the least prejudiced person I have ever known. He would never say a bad word about anyone.

Okay, maybe, if you were a Republican, but even then, it would be light-hearted.

And lastly, he had a tremendous sense of humor, and by that, I don't mean he could make you laugh, although he definite-ly could and usually would, I mean he just had a sense for seeing the comedy that was going on, every day, in the world around him. He was always in a good mood and he had a great smile.

And yet, despite all of this, he came across as just some farm kid from northern Montana. He was very humble about his knowledge and experiences, unless you started digging deeper and asking questions, and even then, even though he knew the answer, he would always preface his statements with "From what I understand…" or "Maybe, it's because…". He did this, so as to always leave the door open for further discussion.

And, trust me, I was always asking questions, picking his brains clean, into the wee hours; both of us, rum & coke in hand, rocking back and forth, on the front porch, salt and sweet hibiscus in the air and the sounds of the Caribbean whispering on the beach. These are among my fondest memories. For the first time I was being treated like a man, and after we'd had a few more drinks, the old man even had me feeling like I might be his equal. I never realized it then, but I was beginning to understand what true love really is.

So, in 1976, when I was 15, I steered one of those late-nighters to religion. We started talking about whether he thought Jesus spent his teenage years in the East, studying Buddhism. Then, about the differences between praying and medi-tating. Finally, I went in for the kill. I asked him to tell me which religion out of all of them was the right one—who was the *real* God. I figured I had him cornered and I'd now prove to him that he had no right telling me that I had to go to church, anymore.

Continued on page 13.

Spirituality And Your Higher Power ... continued from page 12.

Of course, master poker player that he was, he saw right through my clever trap and replied, "Okay, so I'm guessing you don't want to go to church anymore. That's fine."

I was blown away and more than a little embarrassed, but then he added, "But keep it in your back pocket. Someday, you will come to a crossroad in your life *when you will not know which way to turn*. When you get to that point, remember you have this with you. Use it then."

So, I quit going to church and I never looked back.

I was riding with Lady Luck from then on out.

A year later, at 16, I moved out, but I remained in San Juan and would go by for dinner at least once a week, until I moved to New York, in '87. After that I saw him usually a few times a year, and I'd always say goodbye fighting back the tears.

He died in 2005. He saw 9/11, and I guess, when it looked certain that Bush was going to win a 2nd term, he'd decided he'd had enough time on this mortal coil, and cashed in his chips. He was 86, and lived a long and decent life full of challenges, joys, prosperity and love. He was blessed with a generous spirit.

By then, I had met the love of my life, Gigi. We had been married since '89 and had two kids of our own. I began to look back on all the things he gave me, both material and otherwise. He wasn't perfect, don't get me wrong, but I wondered if I was delivering those kinds of goods, to my kids.

I was lucky to have known him and even luckier to have been his son.

BTW, my mother was a close second, in case you were wondering, but that's for another day.

So, that was in 2005, and in 2014, when my drinking had grown to the point that it was out of control, ruining my health, and causing pain for those most dear to me, I checked into a rehab.

They had a God box in the middle of the big room, and on the first day I was there I took one look at it and I remembered what he said. I was at that crossroad. So, I grabbed a slip of paper and I wrote on it:

You were right, again, you son-of-a-bitch!

I dropped it in the box and I immediately felt his presence. I was going to be okay. He was right there by my side and he told me everything was going to be okay.

At that very moment, he became my higher power. I still wasn't sure about God because I still couldn't put a face to him, but my dad—hell, I can see him right now! Smiling that smile--like he's got all the ace's and everyone at the table, just got paid, today.

My point is, if you are struggling with spirituality like I was, just keep an open mind, and look for the signs.

As we say in AA, "*There are no coincidences*."

As for me, I've also come to believe he appears, in the physical world, from time-to-time, in the form an eagle. Whenever, I am struggling with something, one will appear, quite literally, out of the blue. As a matter of fact, the very first time I ever saw a live eagle was that month, in rehab.

Then, in 2024, after my relapse, I went to the hospital to detox for a couple of days. When I got home, I told Gigi I wanted to go back to rehab. As she was driving me here, we were going down County Barn Road, when we a saw large bird, eating something, in the road ahead. Gigi slowed down, and just as we got up close, we saw it was an eagle, eating a snake. It stopped eating and we made eye contact. Then, it grabbed the snake and flew off. But it didn't just fly away. For about 20 seconds, as we slowly started to speed up, it stayed right in front of our windshield, with the snake, dangling from its talons. Then it slowly veered off, heading up, over the trees and out of sight.

I thought it was really cool, but at the time, I didn't make the connection. I was still sick from detoxing and in a deep fog. It took a couple of weeks, then, one day, I was sitting in that same room, the one with the God box, and I was thinking about that note, and all of a sudden it hit me! No, not the baseball. It was my dad! And the snake was my addiction! I had to call Gigi and tell her all about it.

Continued on page 14.

Spirituality And Your Higher Power … continued from page 13.

My spirituality has evolved over the years. My sponsor, this time around, recommended I read *The Dhammapada - The Teachings of Buddha*. And, I've always liked the writings of Dr. Wayne Dyer, in particular, *The Power of Intention.* Dyer never really mentions "God", but instead refers to something he calls *The Source*. It is the source of all that is good: Abundance, creativity, love, beauty, joy, the stars above and life itself; all emanate from The Source. Good stuff!

Today, I'm okay referring to my higher power as God. I suppose, I'm still too analytical about things, but the way I see it, "God" is just a word—a label that we use to describe what is good and right in this world. And, unfortunately, as most words go, it comes up a little short. Actually, it comes up way short! Ask around. because as a concept, it truly is beyond description.

My point here, is that my spirituality continues to get stronger, and I owe it mostly to my parents and AA. It's crazy, but today, I actually hear the voice of God speaking to me directly. And, I hate to say it, but he's using you all. I hear him in your voice, every time I go to a meeting.

Speaking of which, before I open this up for discussion, I have one last little thing I wish to share with you regarding this topic.

Please give me just a couple more minutes, as I wrote a brief guided meditation, as an example of what I would use today, if found myself needing help here, again.

Getting in touch with your spiritual-self

I'm sure you've all heard the phrase *God is the source of all goodness and light.* So just for the next few minutes, let's just stick with that definition.

If you're struggling with all this, you are going to have to make a small leap of faith, here, that's all I'm asking so let's just agree for a minute that that this definition holds true.

I firmly believe we are all born into this world with an innate ability to tell good from evil, the moment we are born. We cry when something is wrong and we feel safe and at peace when everything is good.

So, before we start, I want you to think of the biggest problem you are facing, today. What is keeping you up at night? What's troubling you the most, right now?

Take a moment…

Got it?

Okay, now, I'm going to ask you to close your eyes for the next few minutes while I guide you through this.

I will tell you when to open them, so get comfortable, and close your eyes.

> *I want you to go to a place in your mind, back in time to a place when you were most happy and full of joy. It could be as a child, or when you first fell in love, or the first time you saw the ocean—just pick a time and a place where you felt happy and safe.*
>
> *You feel warm and relaxed. Laughter comes easy for you here, and you haven't a care in the world. You are calm and content and feel good about yourself in this place.*
>
> *The sun is shining—peeking from behind white, puffy clouds, as a gentle warm breeze is blowing hints of lavender and jasmine your way.*
>
> *You soon sense a presence, coming down a path, that up until now, you hadn't noticed you were standing on. You really can't make out who it is, but you know it's someone you love and trust completely, and it deeply cares about you, and wants to protect you—to keep you safe and at peace no matter what happens.*
>
> *It smiles and greets you, as it comes in close. And almost immediately, it senses you're in pain and putting an arm on your shoulder, asks how it can help. You remember your problem, this one that is facing you, today. Carefully, it listens, as you pour your heart out, covering every horrible detail, every tragic, imagined possibility.*

Continued on page 15.

Spirituality And Your Higher Power ... continued from page 14.

After much anguish, you finish your story, almost holding back tears.

It smiles back, confidently, puts its arm around you, and together you slowly turn to face the path before you.

It continues, "We will get through this, you and I, together. You don't have to do this alone, anymore.

"You are already on the right path heading in a positive and centered direction with purpose and good intentions. And, I'm glad you came here today, because your worries are now in good hands and will soon be over.

"You must understand, you have a new and whole life in front you and it's going to be so much better than the last, **you simply have no idea!** *If you could only see, you wouldn't believe the freedom and joy that lies ahead!*

"You must realize, you've been lost in the dark for some time, and you've never really known how good life can truly be. Your old ways and ideas about the world, are meaningless, now. You've been given a tremendous gift—the blessing of a re-birth. A chance at starting over, with a clean slate. Finally, you can be and do what you always wanted to do, before you got lost. Be excited, for there is so much to explore! A whole new beginning, only this time, you are not alone.

"And, you start your journey, today. There is no time to be wasted.

"Start by being kind and honest, with yourself. You came here for a reason, so your choice was a wise one. Know you are doing what is right and as a result, you no longer have anything to fear. I will say that again, because it's important and powerful. **All your fears will soon slip away.**

"Forget about tomorrow. Today is all that matters, so live, in this moment, and only in this moment. Enjoy it while it lasts! Like your troubles and cravings, they are fleeting. Leave tomorrow's worries for tomorrow.

"Like a child in kindergarten, you must explore this new world with an open mind and a willingness to learn new things.

"Sometimes, when I see you are struggling or need help, I may speak to you through the voice of another or the actions of a stranger. Remember, "There are no coincidences". Look for the signs and listen carefully, with your heart.

"Lastly, know this: the path you are on is well worn. Many, like you, have walked this way before. Follow in their steps and seek their guidance, as they are wise of the dangers you may encounter.

Be well, my friend, and worry no more. Your troubled-life is behind you, and everything is about to get better than you ever dreamed!

You feel a sense of release, feeling the weight of your worries, lifting from your shoulders. You thank this presence for being there for you.

And once again, it smiles back, hugs you and whispers, "I'm always here for you, whenever you need me. I love you and I will always be here, by your side."

You can open your eyes, now. The meeting is now open.

* * * * * * * * * * * * *

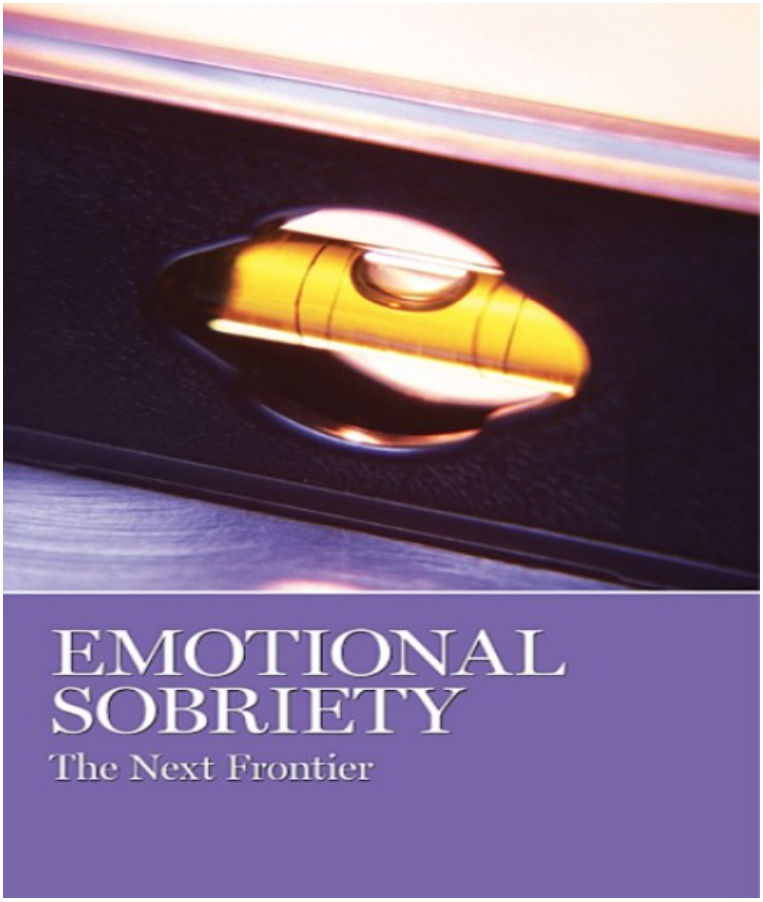
"How do I know when I'm doing God's will?

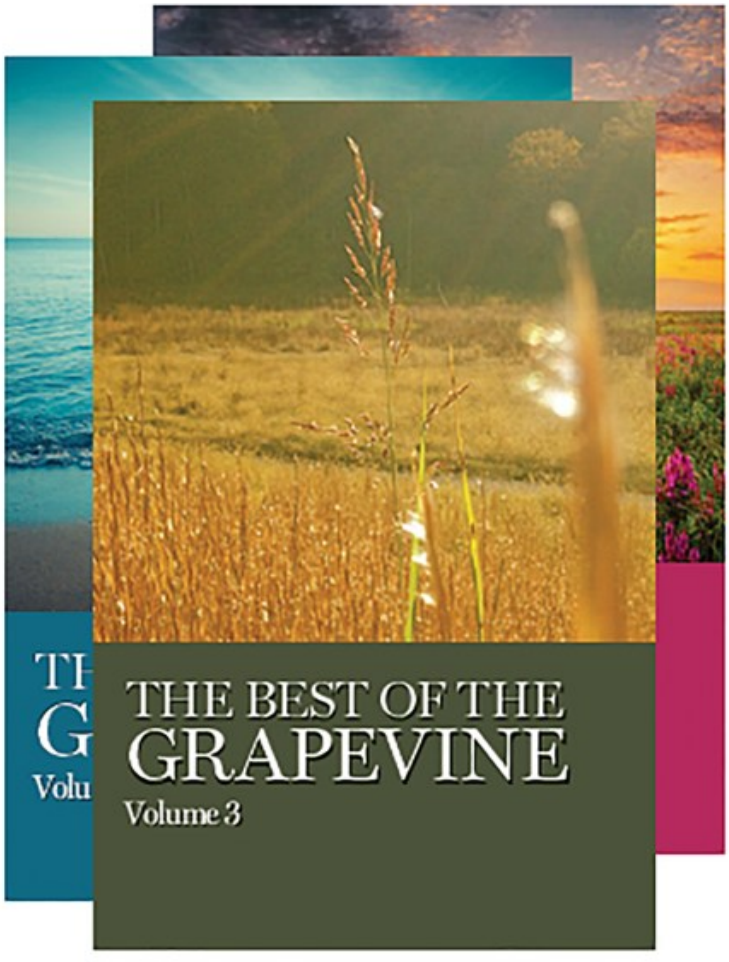
I don't … but, I KNOW when I'm not.

AA GRAPEVINE, February 2003

“My sponsor ... gave me some good advice. ‘Take the words success and failure out of your vocabulary. Replace them with honesty and effort.’”

“Win Or Lose,” Escondido, California, August 2001, Emotional Sobriety: The Next Frontier





“Truth is to inner space what sunshine is to a garden.”

“Truth,” Key West, Florida, August 1973, Best of the Grapevine, Volume 1



Reborn … Bob S.

The Big Book amazingly promises that we will be reborn (p. 63). In Big Book context, Bill W. may have been referring to Dr. Carl Jung's description of a spiritual experience: "Ideas, emotions, and attitudes which were once the guiding forces of the lives of these men are suddenly cast to one side, and a completely new set of conceptions and motives begin to dominate them." (p. 27). Of course, Bill himself had a near similar experience at Towns Hospital (p. 14).

I had a similar experience when I was about three months sober but had not yet worked the 12 Steps. Late one night while meditating on a pier of rocks protruding into the ocean in Santa Monica, California, I was overcome with a tremendous surge of energy and joy that sent me sprinting down the beach. This lasted a long time but had dissipated by the next morning. It occurred to me that I had experienced the same as Bill Wilson on page 14—perhaps I, too, had become "reborn!"

Alas, two months later I marched into a bar and almost ordered a gin and tonic. Thank God I didn't, but I certainly had not had a spiritual experience as the Big Book defines it: "the personality change sufficient to bring about recovery from alcoholism." (p. 567).

But as time passes, I realize that God has removed my mental obsession to drink alcohol so long as I remain in a fit spiritual condition. Indeed, the 10th Step promise on page 85 has happened: "Instead, the problem (mental obsession) has been removed. It does not exist for us." In this context, I have been reborn!

* * * * * * * * * * * * * * * * * * *

Introduction to *THE LORD's PRAYER*
when closing a meeting.
Mary Pat B., Naples, Florida

The reason we join hands as we say the LORD's PRAYER … is to remind us of the truth … that we are not alone … our prayer is for the still suffering alcoholic … those who are with us … and, those who are still searching for us. Hold on to the hand of the person next to you like your life depends on it … someday, it may.

AA Volunteer Opportunities

Naples Area Intergroup

Mornings: 9:00 to 12:30
Afternoon:12:30 to 4:00
(One morning or afternoon each week.)

and, Telephone Helpline

After-hours, various days.
1-year continuous sobriety.
For information: 239/262-6535

Calling all AA Authors !!!

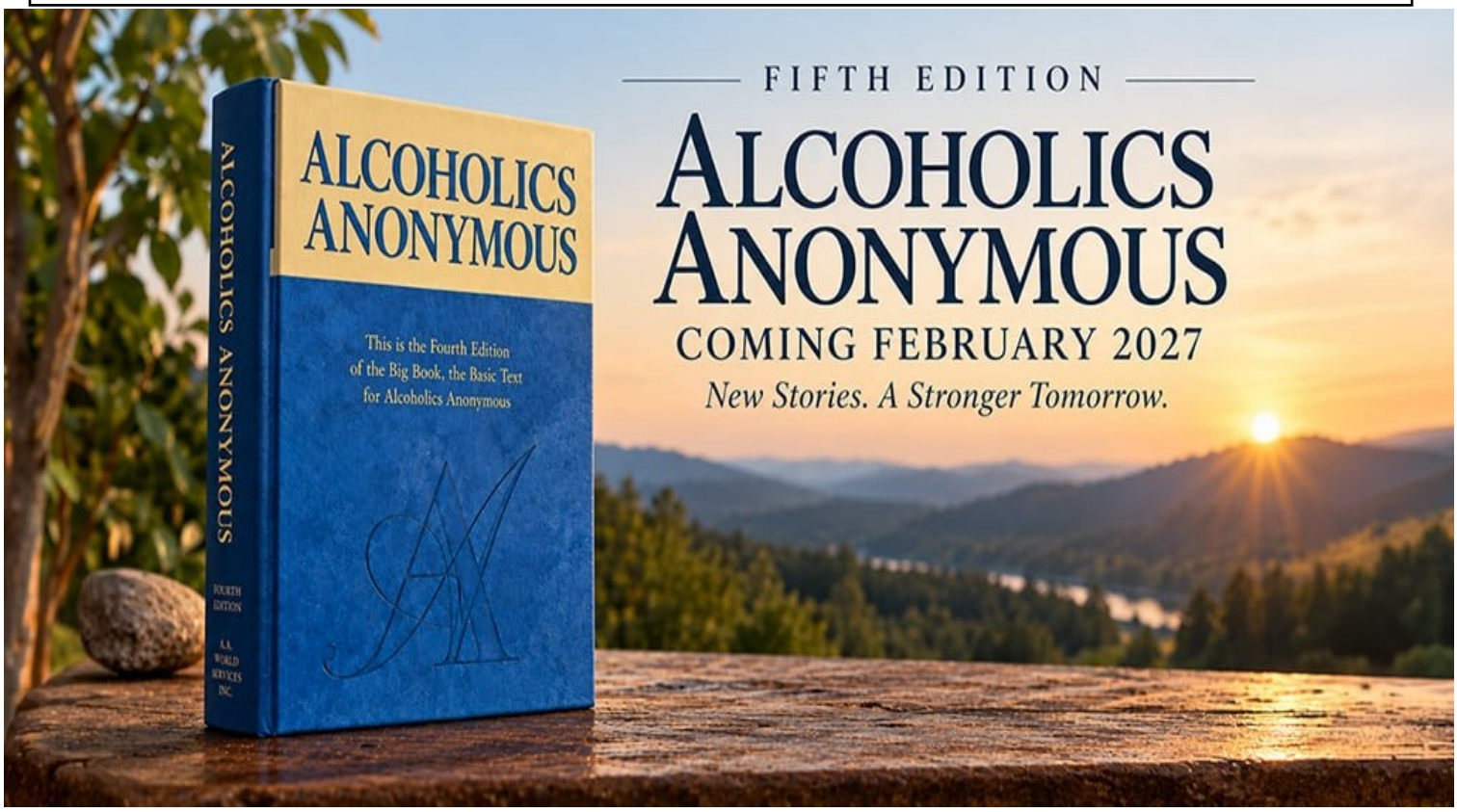
Please submit an article to The COURIER !!!

Email article to:
naplesintergroup@yahoo.com

Your Groups' Activities Can Be Here Next Month.

To Highlight Your Group, Please Call Us:

Intergroup Office
239/262-6535



Alcoholics Anonymous World Services has announced that the fifth edition of *Alcoholics Anonymous*, commonly known as the Big Book, is on track for publication in February 2027.

In an August 26, 2026 communication to A.A. trusted servants, groups, Intergroups, Central Offices and other members of the Fellowship, Alcoholics Anonymous World Services (AAWS) provided an update on the forthcoming fifth edition.

At its July 30 meeting, the AAWS Board approved the recommendation of its Publishing Committee that the hardcover fifth edition will feature a removable dust jacket and have a list price of $20 USD.

26 New Stories of Recovery

The fifth edition will include 26 new stories of recovery, adding new voices and experiences to the Big Book. AAWS says the publication is currently on track for February 2027.

The fifth edition comes more than 25 years after the publication of the fourth edition. AAWS described the upcoming edition as a much-anticipated milestone for the Fellowship.

More Information Coming This Fall

AAWS stated that additional information about the publication of the fifth edition will be released this fall. Details regarding availability and ordering will be shared as they become available.

Publication: February 2027
Format: Hardcover with removable dust jacket
List Price: $20.00 USD
New Content: 26 new stories of recovery

Source: Alcoholics Anonymous World Services, Inc.


A.A. | RECOVERY | SERVICE | UNITY
Twelve Traditions
Workshop
OUR COMMON WELFARE—OUR RESPONSIBILITY
AA
NOVEMBER 14, 2026
2:00 PM – 4:30 PM
12 PRESENTERS
COFFEE
Always Available
DESSERT & SNACKS
Enjoy Treats & Fellowship
DISTRICT COMMITTEE DISPLAYS
Information, Resources & Service in Action
24 HOUR CLUB
BIG ROOM
Hostea by
Three Legacies Group
GRATEFUL FOR OUR PAST, RESPONSIBLE FOR OUR FUTURE

7TH ANNUAL

THANKSGIVING ALKATHON

St Mary's Episcopal Church
9805 Bonita Beach Rd SE, Bonita Springs, FL

8am through Midnight
Thursday, November 26th



MEETINGS EVERY HOUR ON THE HOUR

Please sign up and chair an hour. If you chair a meeting the hour is yours. Any meeting format you would like we would love to have it.

Please text Don 239-246-0027 to take a slot as an individual or group.

FINANCES	Sep 26	YTD 26
Income		
Literature/Merchandise	$3,139	$38,686
Group Contributions	749	$22,586
AA Birthdays	-	144
Faithful Five	-	120
Individual/Anonymous	348	1,923
Total Income	4,235	63,459
Expenses		
Bank/Credit Card Fees	140	970
Licenses/Permits	-	70
Office Supplies	219	3,674
Office Improve/Repair	-	
www Hosting	-	270
Payroll	2,425	21,825
Payroll Tax	-	
Postage	-	34
Printing	-	2,434
Purchases/Lit./Merch.	2,110	23,863
Insurance	-	973
Rent	500	4,500
Sales Tax	186	3,081
Telephone/www	240	2,335
Utilities	100	900
Computer Equipment	-	52
Computer Software	186	1,372
Membership	-	
Licenses / Memberships	-	270
Accounting Services	155	1,854
Total Expenses	6,260	68,407
Net Ordinary Income	($2,025)	($4,948)
Gratitude Dinner Tickets	1,020	1,020
Raffle Ticket Sales		
Gratitude Expenses	63	63
NET OTHER INCOME	$958	$958
NET INCOME	($1,068)	($3,990)

Thank you to all who contribute to Naples Intergroup / Central Office.

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

SELF-SUPPORT:

Where Money and Spirituality Mix

Naples Area Intergroup

1509-B Pine Ridge Road
Naples. FL 34109
(50%)

General Service Office

James A. Farley Station
P. O. Box 2407
New York, N. Y. 10116 (30%)

District 20

District 20 Treasurer
P.O. Box 2896
Naples, FL 34106
(10%)

Area 15

Area 15 Treasurer
2950 W. Cypress Creek Rd.
Ste 333 #1097
Ft Lauderdale, FL 33309
New Address(10%)

Disbursement of a Group's Funds

"After the group's basic needs are met, such as providing for rent, literature, refreshments, and insurance, the group can participate in the financial support of the Fellowship as a whole by sending money to various A.A. service entities: 1) their local Intergroup or Central Office, 2) Area 15 and District 20; and 3) the General Service Office in New York. Many groups provide financial support for their G.S.R.s attending service functions. These entities use contributions in a number of ways, always with the aim of carrying the A.A. message to the alcoholic who still suffers. *The A.A. Group Treasurer, F-96,*

Service material prepared by the General Service Office

GROUP / MEETING CONTRIBUTIONS

Please be certain to write the name of your GROUP / MEETING on all types of checks. Without your name, we don't have the necessary information to identify your name correctly / properly. Thank you.

Group/Meeting	SEP 26	YTD 26
Group #510367	0	321
Group #1092618	0	304
11th Step Prayer & Meditation Bonita	55	123
Beach Bums	0	700
Big Book Babes	20	20
Big Book Comes Alive	300	600
Big Book Steppers Bonita	0	60
Big Book Steppers Naples	42	279
Bonita Banyon	0	100
Bonita Friday Joe & Charlie	55	249
Bonita Springs 96395	200	924
Bonita Hapy Hour	361	608
Bonita Springs One Day At A Time	0	330
Bonita Springs Women's Meeting	0	200
Bonita Wednesday Beginners	250	250
Brown Bag Group	180	900
Cake Meeting	100	150
Common Solutions Naples	556	1,725
Daily Reflections ZOOM	0	230
Early Risers	0	500
Easy Does It	0	1,250
Friday Night Lights	0	600
Gratitude Hour	0	325
Happy Healers	0	535
Jaywalkers	0	51
Keep It Simple	182	503
Meeting In The Park	0	653
Men Of Naples	192	559
Monday Daily Reflections	12	130
Naples Group	0	800
Naples Men Big Book Study	0	99
Naples Nooners	0	795
New Attitude Group	109	109
New Dawn	0	884
No Name Provided	256	256
Nuts & Bolts	30	30
On Awakening	0	20

Group/Meeting	SEP 26	YTD 26
Nuts & Bolts	30	30
On Awakening	0	20
Primary Purpose	0	3,500
SOS Meeting	0	50
Saturday Nite Discussion BS	0	700
Tuesday BS Young People	0	286
Veranda	14	121
Wanderers	0	214
We Care	0	113
Where Are We	100	300

AA Groups/Meetings listed here are those which are either registered as a Group at the AA General Service Office in New York, or, have contributed financially to Naples Area Intergroup.



The Birthday Club

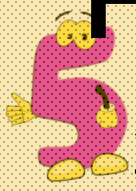
Did you know you can share your sobriety and gratitude in a practical way by joining the AA Birthday Club? Sign up today and be featured in the *Courier*. Show your support for your Central Office. A donation of only one dollar for every year of your sobriety will help carry the message to alcoholics who still suffer.



Rick G.	56 years
Paul B.	54 years
Ronnie P.	51 years
Ron L.	48 years
Jackie G.	39 years
Bill D.	38 years
Merle B.	38 years
Michael L.	36 years
Dennis F.	35 years
Rad W.	35 years
Judy W.	34 years
Steve K.	32 years
Bill S.	24 years
Ken H.	24 years
Laura .	7 years
Eric S.	6 years



Faithful Fivers Needed



2025 Monthly Faithful Fiver Club

April O., Bill D., Bill S., Eric S.,, Jeanette H., Jim H., Judy W., Kathryn Mc., Ken H., Ralph W., Rick G., Ron L., Theresa R..

We are members of A.A. who want the hand of A.A. always to be there in the Naples, Florida area.

It's easy to join!

Use a Check or Credit Card to contribute monthly, or one time.

Stop by the Central Office for a one time Credit Card charge.

District 20

(Collier County, the portion of Monroe County bordered by Collier and Miami-Dade Counties, and the portion of Hendry County below the northernmost boundary of Collier County.)

District 20 Officers:

Chair:
Tom D. 845/230-6780
tomadavison@yahoo.com

Alt. Chair:
Opportunity

Registrar:
Scott N., 262/374-2269
registrar@district20aa.org

Treasurer
Bob A., 440/667-4372
treasurer@district20aa.org

Secretary:
Maury D. 239/370-7232
maury@mdailey.com

Service Committees:

Archives
Heather O. 272-2632
district20archives@gmail.com

District 20 Business Meeting
4th Thursday of each month, 7:00pm @ 24 Hour Club
1509 Pine Ridge Road

Current Practices
Pete C., 784-7725
pete.curtner@yahoo.com

Grapevine / Literature
Lauren F. 220-2792
laurenfrosh@comcast.net
Mary A. 630/215-5091
mjadams12@gmail.com
Business meeting the third Tuesday of each month at 5:30 p.m., 24 Hour Club

Institutions
Maria M.
mmetchear@aol.com
1st Thursday of each month at 7:00 p.m., 24 Hour Club

Public Information/CPC
Leonard H.,239/315-6120
leonardheller1@gmail.com
3rd Friday of each month, at 6:00pm, Serenity Club

The Courier is published monthly by the ***Naples Area Intergroup of Alcoholic Anonymous*** with an office located at 1509-2 Pine Ridge Road, Naples, FL 34109-2198. This publication is by, for, and about the Fellowship of AA. Opinions expressed herein are not to be attributed to AA as a whole, nor does publication of information imply any endorsement by either Alcoholics Anonymous or The ***Naples Area Intergroup***. Quotations and artwork from AA literature are reprinted with permission from AA World Service, Inc., and/or The AA Grapevine, Inc..

Contributions from our readers are encouraged.
Submissions are edited for space and clarity only.

District 20
Business Meeting:
FOURTH Thursday of the Month, 7:00 pm
Twenty-Four Hour Club
1509 Pine Ridge Road

NAPLES AREA INTERGROUP MEETING
Central Office
1509-2 Pine Ridge Rd.
(next to 24 Hour Club)
SECOND Wednesday of each month at 7:00pm

Technology Opportunity.

Commitments

DAVID LAWRENCE CENTER
Every day except Wednesday
7:00 p.m.
Maria M., 370-2034
mmetchear@aol.com

WILLOUGH
Sunday, Monday and Thursday
7:00pm
Peggy E., 269-7651
marco-angel2000@gmail.com

HAZELDEN
Monday, 7:00pm
Nick Geer 818/424-5463
nicgeer@gmail.com

BRIDGING THE GAP
Joe S. , 845/554-8721
joeascalia@icloud.com

Area 15; Panel 75

(South Florida, Bahamas, US and British Virgin Islands, Antigua, St. Maarten, and Cayman Islands)

Delegate: Lisa D.
delegate@area15aa.org

Alternate: Donna W.
altdelegate@area15aa.org

Chair: Bron F.
chair@area15aa.org

Treasurer: Alan T.
treasurer@area15aa.org

Registrar: Lea A.
registrar@area15aa.org

Secretary: Paul M.
secretary@area15aa.org

Naples Area Intergroup

Trusted Servants

Chair:
Service Opportunity

Interim Chair:
Robert C. 784-8514
bcrowe616@aol.com

Treasurer:
Dalton M.
781/444-7070
daltonmurfee@aol.com

Secretary:
Jasmine C., 220-7798
jasmineyenter@yahoo.com

Members at Large:

Service Opportunities

Office Manager:
Ken Helton
1509-B Pine Ridge Road
Naples, Florida 34109-2198
naplesintergroup@yahoo.com
Office: 239-262-6535
Cell: 239/963-7820
www.aanaples.org

Office Hours:
Monday 9am to 4pm
Tuesday 9am to 4pm
Wednesday 9am to 4pm
Thursday 9am to 4pm
Friday 9am to 4pm
Saturday 9am to 4pm
Sunday CLOSED

Office Volunteers
Amy D., Barry A., Becky S., Bill S., Caroline H., Carrie W., Gay S., Geoff S., James S., Joe S., Libbie B., Linda T., Natacha A., Peggy E., Ralph B., Swem L., … and loyal substitutes.
Service Opportunity

After-Hours Phone Volunteers
Bob M., Craig P., Geoff E., Heather B., Ken H., Lauren F., Steve K., and Tim A.
Service Opportunity