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May 2025

## The A.A. Group...

#### WHERE IT ALL BEGINS

#### Words from Bill W.

"The strength of our whole A.A. service structure starts with the group and with the general service representative (G.S.R.) the group elects. I cannot emphasize too strongly the G.S.R.'s importance."

Does your Group have a G.S.R

By choosing its most qualified man or woman as G.S.R., a Group helps secure its own future-and the future of A.A. as a whole. The G.S.R. links your Home Group with the whole of A.A. Please see A.A. Pamphlet P-19, G.S.R. General Service Representative

Is your meeting "Open" or "Closed?"

The purpose of all A.A. group meetings, as the Preamble states, is for A.A. members to "share their experience, strength and hope will each other that they may solve their common problem and help others to recover from alcoholism." Toward this end, A.A. groups have both open and closed meetings.

Closed meetings: are for A.A. members only, or for those who have a drinking problem and "have a desire to stop drinking."

Open meetings: are available to anyone interested in Alcoholic Anonymous' program of recovery from alcoholism.

Non alcoholics may attend open meetings as observers.

At both types of meetings, the A.A. chairperson may request that participants confine their discussion to matters pertaining to recovery from alcoholism. Whether Open or Closed, A.A. group meetings are conducted by A.A. members who determine the format of their meetings. *Please see A.A. Pamphlet P-16*, "The A.A. Group", page 11.

#### Is yours "a meeting" or "a Group"?

A.A. Groups are defined by the long form of our Third Tradition. However, some A.A. members hold A.A. meetings that differ from the common understanding of a Group. These members gather at a set time and place for a meeting for convenience or some special situation. The main difference between meetings and Groups is that A.A. Groups continue to exist outside the prescribed meeting hour, ready to provide Twelfth Step help when needed. Also, A.A. Groups are registered with General Service Office in New York as well as their local Intergroup Office and their District and Area.

Continued on page 2.

#### ALCOHOLICS ANONYMOUS PREAMBLE:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or Institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety. (Copyright © The AA Grapevine, Inc., Reprinted with permission.)



#### The A.A. Group ... WHERE IT ALL BEGINS Continued from page 1.

#### Does your group practice" Spirit of Rotation?"

Traditionally, rotation of group officers ensures that group tasks, like nearly everything else in A.A. are passed around for all to share. To step out of an A.A. office you love can be hard. If you have been doing a good job, if you honestly don't see anyone else around willing, qualified, or with the time to do it, and if your friends agree, it's especially tough. Rotation helps to bring us spiritual rewards far more enduring than any fame. *Please see A.A. Pamphlet P-16*, "The A.A. Group", page 26.

#### Does your group utilize "An Informed Group Conscience?"

The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of A.A. principles. To be fully informed requires a willingness to listen to minority opinions with and open mind. *Please see A.A. Pamphlet P-16*, "The A.A. Group", page 26-27.

#### Does your group periodically take a "Group Inventory?"

Group inventory meetings are held to evaluate how well they are fulfilling their primary purpose to help alcoholics recover through A.A.'s suggested Twelve Steps of recovery. Some groups take inventory by examining our Twelve Traditions, one at a time, to determine how well they are living up to these principles. *Please see A.A. Pamphlet P16*, "The A.A. Group", page 27-28.

#### May ... The Fifth Month of Alcoholics Anonymous

STEP FIVE: "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

TRADITION FIVE: "Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

CONCEPT FIVE: "Throughout our World Service Structure, a traditional "right of appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered."

5TH Step Prayer: "My inventory has shown me who I am, Yet I ask for Your help in admitting my wrongs to another person and to You. Assure me, and be with me, in this Step, For without this Step I cannot progress in my recovery. With Your heip, I can do this, and I do it."

## TRADITIONS—CHECKLIST

This is a Checklist for Tradition FIVE. Reprinted with permission from Service Material from the General Service Office:

- 1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- 2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- 3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
- 5. Do I help my group in every way I can to fulfill our primary purpose?
- 6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

#### Step Five: A Clean Slate

Those Tormenting Ghosts of Yesterday

Rick R. – San Diego, California

We were all born with a clean slate. From the first day of our lives, we started to experience different emotions and those feelings had to do with the way we evolved into who we are today.

Instinctively we responded to the different Threats and Comforts, of life, and these were the things that established our mental Strengths and Weaknesses. I believe, our problems can be traced back to the conditioning we experienced as we formed our Mental and Spiritual makeup. The perception we have of ourselves may be likened to a chalkboard containing every experience of our lives. If we can look at it and be satisfied that we had a good track-record, we would be comfortable with it and lead a normal life. If, however, we find ourselves on the negative side of the ledger in our formative years, we may develop abnormal feelings of guilt and shame, that triggers the beginning of the compulsion to drink excessively.

In the beginning we get a temporary relief that tells us that we are fine, but it only lasts until we wake up the next morning and find ourselves in an even deeper quandary. We reach for the bottle, and again it gives us that temporary euphoria, and we repeat this process over and over until, something tragic in our lives drives us to Alcoholics Anonymous (A.A.) where we are encouraged to go through a process that can restore us to a more normal life. Steps One through Four are about surrender, acceptance, and discovery.

STEP FIVE is about disclosure and for me, it was the gateway to how I was to live the rest of my life. After two attempts at Step Four, I was faced with the decision as to whether my future was going to be honest and meaningful, or just a meaningless facade. Fortunately, for me, I took a leap of faith and disclosed all those, so called, tormenting ghosts of yesterday (12&12, pg.55). Looking back on it now, I realize that the decision to do this was the hinge pin for my thoroughness, with the rest of the steps. Had I not "Cleaned the Slate" at that time, I just do not see how I could have followed the spirit of truth and honesty, with myself and others that would have resulted in the peace of mind that I enjoy today.

My inventory had to deal with bad habits and deeds which had to be changed by the process suggested in steps six and seven. That was the easy part of <u>STEP FIVE</u>. However, those tormenting ghosts of yesterday were another story. These were not habits, but deeds that I had done as an adolescent kid that seemed unforgivable. No one should ever know; I would take them to the grave with me. Mustering the strength to take that risk may have been the most crucial step forward I have ever made.

My brain had been lying to me, after all; how bad could a thirteen-year-old kid be? That one decision is what I credit with giving me my life back and if I had not done it, I do not see how I could have given a good effort to the rest of the steps. I often hear members of the program that seem to resist looking deeper into their regrets and seem to build a wall of reasons why they do not need to, and I wonder if they might be caught up in the same dilemma that I was in when I took my <u>FIFTH STEP</u>. I wish I could reassure them that it is not worth the mental torment that it puts us through and that it may be wise to revisit that step and clean the slate. We cannot live alone with them; we must talk to someone about them. (Even A.A. old-timers, sober for years, often pay dearly for skimping this step (12&12, pg. 56). If, you are that person, I encourage you to try to garner the strength to take that risk, and clean the slate.

"After all, we only live once. Let us not waste the opportunity to live a peaceful and contented life." Page 4 May 2025 The COURIER

#### What Brought Us Into AA? By Central Bulletin, March 1946

It was the realization that we had no power to help ourselves.

We had relied entirely upon ourselves because we liked the rules we made for ourselves better than those rules that generations upon generations of mankind had found necessary for living without personal disaster. We had considered ourselves above those who lived by the universal rules.

When trouble came, we sought to help self-imposed discipline, we usually succeeded, for a while. But again, we made our own rules, and as we got the upper hand over our troubles we compromised with evil. A little evil would be all right: it was too much evil that got us into trouble. The particular evil that we compromised with was luring because we wished to recognize no responsibilities and because that evil destroyed all reminders of responsibility.

Simple first grade arithmetic ought to have been enough to teach us. But we wouldn't believe the simple addition because we wouldn't believe that what was meat for moderate, disciplined men was poison for the undisciplined.

Many of us still have trouble in believing it, and in <u>accepting</u> the simplest facts of our experience. We still want to make our own rules. We still want to avoid responsibility. We still are unwilling to accept our lots in life

Let us look back at our efforts to help ourselves. How did we reach the position in which we found ourselves when we grabbed desperately at the help that AA offered? Very few of us were on an unbroken downward descent. We stopped the slide "many times and tried to walk up hill. Then we compromised with evil and tried to ride up hill, with no power other than our own feeble wills. It wasn't long before we found ourselves sliding backwards at breakneck speed.

Let us keep on looking back at our efforts to help ourselves. Each successive time that we tried to help ourselves, we were on a lower level than we had been before. Each effort to rise was less successful. Sometimes we thought we had gained a pinnacle, but we never looked back to see the towering mountain from which we had slid.

When we landed in a heap at the bottom of the slide, or banged up near the bottom, we realized at last that we had no power to help ourselves. We could not get up, we couldn't walk, and we surely couldn't climb. We seized the hand that was offered us. We took the nourishment that restored our ability to stand and then helped us to climb. We were restored outwardly and we found an inward strength.

The hand that was offered us was the hand of AA, the hand of another alcoholic. The strength that that hand found to pull us to our feet was not the hand's own but it was the strength that the hand had found after it had learned that it had no power to help itself.

It had found a power greater than its own. It had found it in the realization that if the body is to be saved the Spirit must also be saved. It had found that since it is not able to defend itself it must seek the help of a <u>higher power</u> than itself.

This power is not a crutch that can be used for a while and then thrown away. Our whole experience should teach us that. And so should the experience of those who thought that the power was a mere crutch.

Our experience should teach us that when we try to make our own rules the temptation comes to embrace evil because a little evil seems pleasant; or we eagerly seize upon evil because we cannot stand to face a new adversity or we are not willing to accept the realization that our stature is less than we wish it to be.

No, the power is not a crutch: it is a backbone. It is a backbone whose living fluid is the Spirit, and that living fluid must be defended against assaults of evil and against the temptation to believe that we have the power to walk alone in any direction that we choose.

Those of us who are wise have learned that we have no power to help ourselves. Our help is in a power outside ourselves, a help that first comes to us through the hand of AA.

"My home group's primary purpose is to carry the AA message to the alcoholic who still suffers. Some of those have much sobriety, because the alcoholic who still suffers is not necessarily a newcomer. However, when newcomers do show up at our home group we try to focus our discussion on what's in the Big Book and how it can help them if they are willing to follow some simple suggestions."

"The Cement That Binds Us," Paso Robles, California, May 1998, AA Grapevine





STEP BY STEP

Real AAs, Real Recovery

"Through Step Five, God has removed my shame about being an alcoholic."

"Lifting the Burden," Syracuse, New York, May 2001, Step By Step

#### Keys, Title & a Hug, John M., Burlington, Vermont, May 2021

The shiny, red sports car had to go back. I was unemployed, broke and could not make the payments. My new sponsor suggested I return it to the car dealer, so I did. It was the right thing to do, but also marked a low point in my sobriety.

When I came to AA, I had a nice apartment, a car, clothes and a good job. By my sixth month of sobriety, I was down to no job, no car, no apartment, no money. I was reduced to asking for rides to my meetings.

On my first day of sobriety, I made a big decision. I would throw myself into AA and not look back. I attended two or three meetings every day. I heard the AAs say that you don't take a drink no matter what. In order to have the strength to do that, we needed to come to meetings.

I thought that was the program. In hindsight, I could have possibly done better had I listened to a broader

range of experience, strength and hope that was being shared in those meetings I attended. Instead, I spent a lot of time looking for the woman of my dreams, changing jobs, borrowing money, losing jobs and finally asking around if anyone was hiring. I could have been the poster boy for self-will run riot.

At six months, I found myself sober, broke, homeless and on foot. Worse, the mental obsession for alcohol had returned. I was getting scared. Now what? I wondered.

Luckily, things change quickly in AA once we take action. My new sponsor helped me start my Steps and I began studying the Big Book after meetings and learning a lot about myself and my alcoholism.

One of the first results that came out of doing my Step work was that my mental obsession with alcohol began to disappear. I had been frightened because my sobriety had been hanging by a thread and I was not yet confident that the Steps would change this. But my sponsor reassured me that a Higher Power, which I didn't even believe in at that time, would remove the mental obsession, regardless of whether I was a believer or not. After just a few weeks of work, the obsession was gone.

I kept moving forward and was reassured that the Second Step merely asks if I have at least a willingness to believe. Yes, I did have a willingness. Being a non-believer did not prevent me from completing Step Two. I went on to recite the Third Step Prayer and then the Seventh Step Prayer in earnest, though in my heart I was pretty sure that no one was listening.

I asked my sponsor what my spiritual awakening would be. He said that a spiritual awakening would be the end result of this course of action. Once I got to the Twelfth Step, I could take a moment and look at myself and my life and I would see my spiritual growth.

That day came about a year later. I was in my little apartment and for a quiet moment I took a look around. What I saw surprised me. In the past I had rented bigger places with nicer furniture, but this one was comfortable, and I liked it. On my desk my bills were all up to date and the financial amends I was making were too. I had found employment and my boss was satisfied with me. My landlady, who lived next door, was getting her rent on time and I had plans to stay put for a while. A car was parked at the curb; it was mine and it was paid for. It had insurance, good tires and gas in the tank. It was not a sports car. It was green and beat-up rather than shiny and red, but it got me to my AA meetings and Twelfth Step calls and to work, and I was so grateful that it came my way.

My sponsor had heard about the car, which was for sale in Los Angeles. It was being sold by a manager of a women's half-way house. It was an older Chevy and they wanted \$200 for it. He asked whether I had the money and whether I was interested. I answered yes on both counts. He drove me to Los Angeles, and I was prepared to bargain. I asked for the house manager and she brought me into her office and sat me down.

The nice lady had some questions for me. What Step was I on? Who was my sponsor? Who was my sponsor's sponsor? How many meetings was I going to? What was my home group? How long was I sober? After peppering me with these questions for about 10 minutes, she sat back and gave me a big smile. "You can have the car," she said. "It is \$200. Do you want to look at it?"

I was so flummoxed that all I could say was no. I didn't need to see it, I told her. I'd be happy to buy it. I gave her the money and my thanks, and she gave me the keys, the title and a hug and told me where it was parked. I realized later that the women wanted their car to go to a good home and that I had their vote of confidence.

So I had a car along with everything else. I felt that if I never had more in my life than I had right then, it would be OK with me. I had my sponsor, my AA friends, a home group, and best of all, my Higher Power.

#### Ordered to Attend AA? You're not alone and you're not the first.

Many of us were sent to our first A.A. meeting by judges as a result of being arrested for drunk driving, family disputes or some other problem involving alcohol. Some of us were sent here by our employers. If you're come to AA for any of these reasons, you problem have some questions. We hope this article answers some of them.



Here's what AA has to say about AA.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope. Millions of people have found recovery through AA, including many who were sent by the courts or their employers. There are meetings in virtually every country in the world from Australia to Zambia.

While some who are sent to AA attend the required meetings and never come back, others keep coming back because they find that AA helps them live without alcohol.

AA is not part of the court system. We do not work for the courts or the police department. We do not ask the courts to send people to us. And when people do show up with court cards, we are not responsible for making sure they are sober.

If a judge, court, school or employer has sent you to an AA meeting, it is because they believe there is evidence that you may have a drinking problem. We had nothing to do with their decision, but AA does provide information ab out recovery from alcoholism to interested parties. If you attend AA meetings... here are a few good points to remember:

- You are a welcomed guest.
- After the meeting is over, ask the chairperson to sign your card or form. While most meetings will sign court cards, some will not. It's up to each individual meeting to decide. Since AA is not allied with the court system, AA is not responsible for documenting your attendance, nor does AA provide the card or form you might need.
- If a meeting chairperson or group member offers to sign your court card, they will problem just sign their first name or initials. We are personally anonymous. We are not court employees.
- Many meetings are "open" where anyone is welcome to attend. Some meetings are "closed" which means it is for those who have a desire to stop drinking or alcoholics only. Ask for a Where & When, the directory listing where and when all the meetings are it's free.
- If you have any questions, please ask them before the meeting starts, during a break or when the meeting is over. You can always find someone willing to talk about AA and answer your questions.
- The men and women who voluntarily attend AA meetings are most likely alcoholics. They come from all walks of life. They learn to treat each other with respect.
- In AA we honor all members' anonymity. While you are free to take, talk about or use any ideas that you hear at a meeting, please do not ever identify anyone you heard or saw here.
- The only requirement for membership is a desire to stop drinking.
- There are no dues or fees for AA membership. We are self-supporting through our own voluntary contributions. We pass the basket at every meeting to pay our rent and expenses.
- Nobody in AA can tell you that you are an alcoholic. Some people may point out indications that you have symptoms of a drinking problem loss of control, drunk driving, arrests, lost jobs, broken marriages or relationships. Blackouts, the shakes and so forth. But only you can decide if you are actually an alcoholic. If you determine that you are an alcoholic, we invite you to keep coming back.

#### Remember!

We are here to help anyone, regardless of how they got here, to achieve sobriety. It is a part of what we call our "Twelfth Step" work in AA. If you have decided you want what we have, just keep coming back.

By District 29, North Florida Area 14 and distributed by Akron Intergroup

For more information see <u>A.A. Guidelines Cooperating with Court, D.W.I. and Similar Programs</u>, or call your local INTER-GROUP OFFICE for assistance.

# AA Volunteer Opportunities



Naples Area Intergroup

Mornings: 9:00 to 12:30 Afternoon:12:30 to 4:00

(One morning or afternoon each week.)

## and, Telephone Helpline

After-hours, various days.

1-year continuous sobriety.

For information: 239/262-6535

## Calling all AA

**Authors !!!** 

Please submit

an article to



Your Groups'

**Activities** 

Can Be Here

Next Month.

To Highlight

Your Group,

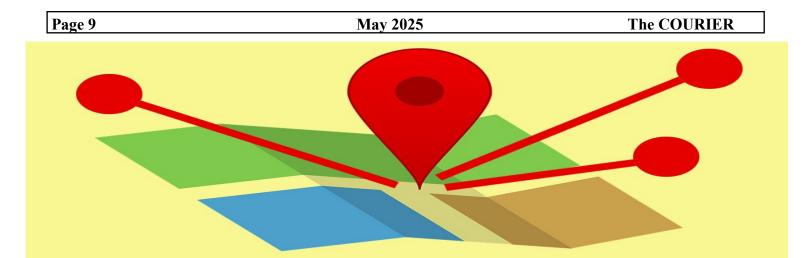
## The COURIER !!!

**Email article to:** 

naplesintergroup@yahoo.com

**Please Call Us:** 

**Intergroup Office 239/262-6535** 



#### First, what is an Intergroup or a Central Office?

A central or intergroup office, (e.g. AA Cleveland District Office) is a service office of Alcoholics Anonymous that involves partnership among groups in a community — just as AA groups themselves are partnerships of individuals.

A central/intergroup office is established to carry out certain functions common to all of the groups — functions which are best handled by a centralized office — usually maintained, supervised and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the AA message to the alcoholic who still suffers.

There are nearly 700 central/intergroup offices throughout the world (many throughout <u>Ohio</u>) performing vital AA services. These constitute a network of service outlets and contacts to help carry the AA message.

An Intergroup / Central Office can:

- Put you in direct contact with Alcoholics Anonymous in just about any area throughout the United States and abroad.
- Answer inquires from those seeking help.
- Refer you to a nearby group where sponsorship or contact through a Twelfth Step call may be arranged.
- Maintain a conveniently located office in which paid workers and/or volunteers coordinate local AA services.
- Publish and distribute up-to-date lists of meetings and other information about local AA services.
- Sell AA Conference-approved literature and other spiritual/recovery related materials.
- Circulate and exchange information among all the AA groups in the community.
- Provide "exchange" meetings, where group program chairpersons gather regularly to exchange meetings with other groups.
- Be an ideal contact with those in the community seeking information about AA.
- Maintain contact with local groups in correctional facilities and treatment facilities, offering literature and prerelease AA contacts and arranging for AA speakers and visitors to meetings.
- Be a logical body to manage the details of an annual dinner, picnic, or convention, if the participating groups wish it.
- Publish a periodic distribution to AA groups in the form of a monthly newsletter.
- Carry information about wheelchair accessible meetings or those that provide American Sign Language (ASL) interpretation for members who are deaf.

By AA Guidelines – Central or Intergroup Offices

# **Deeper Rooted Emotional Problems:**The Center Line of Life

We are all born with a Conscience and an <u>Ego</u>. We all have Instincts. We, as human beings, are also born with the Use of Practical Reasoning, and that separates us from the animals, who, for the most part, live by their instincts. The degree to which these assets and liabilities affect our behaviors differs in all of us.



"Yet these instincts, so necessary for our existence, often far exceed their proper function." (12&12 Step 4) Most normal people make mistakes in their lives and that is normal since no one is perfect. Most Alcoholics, however, take their life to the brink of destruction before they become desperate enough to surrender and enter the program of Alcoholics Anonymous. Most alcoholics struggle with emotional difficulties that far exceed the normal range. Some of these troubles can be rectified simply by acknowledging that they exist and being willing to change our motives and behavioral habits.

Unfortunately, a certain percentage of our fellowship have Deeper Rooted Emotional Problems that are permanent and cannot be cured simply by practicing A.A. principles alone. They are often masked by the use of alcohol and when a person stops drinking and starts dealing with their behavioral problems, these things rise to the surface in the form of OCD, ADD, Bipolar Disorder, PTSD, and many others that can only be subdued by the use of medications that, in some cases, dulls the mind of the patient to the extent that they would resist taking the medication and would rather live with the symptoms.

Not knowing this, we sometimes misunderstand the people stricken by these deeper-rooted mental conditions and believe, by their sharing, that they are resistant, arrogant, or egotistical, etc., when displaying behaviors that the average person is not afflicted with.

These conditions are not always at the extreme levels. And each of us, being alcoholics, have a degree of behavioral problems that are outside of the normal range, else why would we need to attend A.A. meetings. Let us consider the normal range to be 5 degrees on either side of the center line. The extremes of the abnormal behavioral problems extend out to 50% on either side of the centerline.

Let us take <u>fear</u> as an example. Some people are so fearful they are afraid to leave their home, while others are so fearless that they may dive off a cliff into a pool of water.

These are extremes, and we all fall somewhere in between. Those of us who are fortunate enough not to be afflicted by those pre-mentioned mental disorders, are blessed in the sense that, practicing the principles of Alcoholics Anonymous, can bring us back towards the center line and we can lead a somewhat normal life.

For those ill-fated ones afflicted by those conditions, they can stay sober, but the behaviors are still apparent to us. And, unless we can recognize and replace the habit of Judging Them by Their Outward Behavior, we are still outside the normal range ourselves. And, when we replace the habit of being judgmental with the habits of Compassion and Empathy, we are somewhat closer to the center line. We can change all those alcoholic behaviors when we recognize them, simply by looking deeper into our motives for our actions pointed out in the A.A. program.

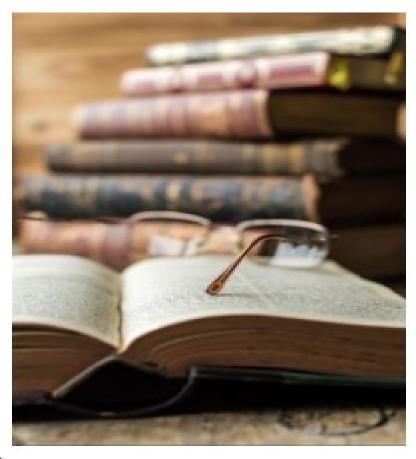
<u>Steps Six and Seven</u> begin this process of recognizing our defects of character, based on our thinking, and changing the shortcomings or actions that result from those thoughts. "There are those too who suffer from grave emotional and mental disorders but many of them do recover if they have the capacity to be honest." (BB p 58)

My question is, do we have the capacity to be accepting when we recognize that some of us have these, uncontrollable deeper-rooted issues and that we cannot compare them to ourselves and be judgmental about these difficulties. Love, Compassion and Empathy are the center line positions in these cases. They need our understanding.

By Rick R.

"Surrender has nothing to do with giving up. It means to stop fighting."

"The Gift of Sobriety," Carrollton, Texas, February 1993, AA Grapevine





THE LANGUAGE OF THE HEART

Bill W.'s Grapevine Writings "Each AA has been an individual who, because of his alcoholism, could seldom govern himself. Nor could any other human being govern the alcoholic's obsession to drink, his drive to have things his own way ... Yet we alcoholics can be led, we can be inspired."

AA Co-Founder, Bill W., January 1947, "Will AA Ever Have a Personal Government?", The Language of the Heart





## Naples, FL 2025

June 20, 21, 22

A Group Of 400 of your Closest Friends

## A Conference for AA & Al-Anon Women Tera R. Rachel F. Kelley Dolly A.

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Vannoy S.(AFG) Mari G. Georgia B.

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## Sisters By The Sea

A Journey through the Steps...The Stairway to Serenity

3rd Weekend in June... NOT Father's Day

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\$160 Per Night Single or Double

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One form per person or register online at

www.SistersbytheSea.com

Registration \$50.00 Banquet \$50.00

Fish Chicken Vegan

Make Checks Payable to: Sisters By The Sea

PO Box 305 Marco Island, Fl. 34146





# Serenity The Sea!



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Please visit

our website for

additional information and one-click booking!

\$189 Per Night Single or Double Occupancy (Free Self-Parking, Wi-Fi, & No Daily Resort Fees!)

**MENTION GROUP Serenity By The Sea** For more information visit www.serenityclubswfl.org/

(Reservations must be made as soon as possible, to receive this rate.)

If you need additional information, or have special needs, please call John F.at 239-248-0596, email jfishaa15@gmail.com, or write: Serenity By The Sea, 2538 Outrigger Lane Naples, FL 34104

Your Registration Includes:

#### **Access To All Meetings And Workshops!**

SERENITY BY THE SEA REGISTRATION (Register online at www.serenityclubswfl.org) \$60.00 Per Person

NAME

ADDRESS

CITY\_\_\_\_\_STATE\_\_\_\_

ZIP PHONE

EMAIL

Name on Badges

**Guest Banquet** 

Registration Fee (Required) Saturday Night Banquet (Optional)

\$65.00 \$65.00

\$60.00

TOTAL

Make Checks Payable To: and Mail To:

The Serenity Club 12435 Collier Blvd., Ste. 107 Naples, FL 34116

This is a fundraiser. All sales are final. NO REFUNDS. Cancelled/unclaimed registrations will become scholarships.

## **42ND FCYPAA**

The Florida Conference of Young People in AA
will be hosted by the Treasure Coast
Register below for the 42nd ever FCYPAA



Pre-Registration \$30.00

Add to Cart

Scholarship \$30.00

Add to Cart

#### **Dates and Location**

September 19th-21st, 2025

Marriott Hutchinson Island Beach Resort, Golf & Marina
555 NE Ocean Blvd, Stuart, FL 34996

Book your room here

FINANCES	Apr 25	YTD 25
1117111025	7.p. 23	110 23
Income		
Literature/Merchandise	\$4,936	\$21,435
Croup Contributions	1,724	0.122
Group Contributions	1,724	9,132 507
AA Birthdays Faithful Five	57	470
Individual/Anonymous	638	3,751
individual/Anonymous		
<u>Total Income</u>	7,356	37,781
<u>Expenses</u>		
Bank/Credit Card Fees	-	530
Licenses/Permits	-	200
Office Supplies	541	1,640
Office Improve/Repair	191	191
www Hosting	-	-
Payroll	2,331	9,324
Payroll Tax	-	-
Postage	10	40
Printing	-	
Purchases/Lit./Merch.	1,645	15,810
Insurance	-	
Rent	500	2,500
Sales Tax	513	1,599
Telephone/www	218	867
Utilities	100	500
Computer Equipment	-	
Computer Software	107	493
Computer/Maintain	-	
Accounting Services	468	610
Total Expenses	6,661	34,563
Net Ordinary Income	\$745	\$3,218
Gratitude Dinner Tickets	-	
Raffle Ticket Sales	-	
Gratitude Expenses	-	
NET OTHER INCOME	-	
<u>NET INCOME</u>	\$745	\$3,218

# Thank you to all who contribute to Naples Intergroup / Central Office.

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

#### **SELF-SUPPORT:**

#### Where Money and Spirituality Mix

-	_
Naples Area Intergroup	General Service Office
1509-B Pine Ridge Road Naples. FL 34109 (50%)	James A. Farley Station P. O. Box 2407 New York, N. Y. 10116 (30%)
District 20	Area 15
District 20 Treasurer P.O. Box 2896	Area 15 Treasurer 2950 W. Cypress Creek Rd. Ste 333 #1097
Naples, FL 34106 (10%)	Ft Lauderdale, FL 33309 New Address (10%)

#### Disbursement of a Group's Funds

"After the group's basic needs are met, such as providing for rent, literature, refreshments, and insurance, the group can participate in the financial support of the Fellowship as a whole by sending money to various A.A. service entities:
1) their local Intergroup or Central Office, 2) Area 15 and District 20; and 3) the General Service Office in New York. Many groups provide financial support for their G.S.R.s attending service functions. These entities use contributions in a number of ways, always with the aim of carrying the A.A. message to the alcoholic who still suffers. The A.A. Group Treasurer, F-96,

Service material prepared by the General Service Office

## **GROUP\*/MEETING CONTRIBUTIONS**

The six digit number next to the meeting name is their unique AA Registration Number assigned by the General Service Office in New York. This number signifies they are a "Registered Group"...Those meetings listed without a six digit number are **NOT registered with G.S.O.** and therefore not a "Group" (by AA definition), but is a "meeting". \*Please see A.A. pamphlet: "The A.A. Group...where it all begins" P-16

Group/Meeting	<u>Mar 25</u>	YTD 25
Bonita 1th Step Prayer & Meditation	0	102
24 Hour Solutions	0	500
Big Book Steppers— Bonita	20	152
Big Book Steppers Naples	53	172
Bonita Banyon	176	332
Bonita Friday Joe & Chrlie	0	134
Bonita Happy Hour	0	232
Bonita Morning, Group	0	330
Brown Bag Group	410	410
Cake Meeting	0	70
Common Solutions Naples	373	373
Daily Reflections ZOOM	35	135
Flemsy Reed Group	0	71
Free 2 Be	0	100
Meeting In The Park	372	639
Men Of Naples	0	64
Monday Daily Reflections	0	44
Morning Reflections	0	40
Naples Nooners	0	1,250
New Dawn	285	285
Nuts & Bolts	0	350
Primary Purpose Marco	0	3,150
Three Legacies	0	100
Veranta Group	0	22
Where Are We	0	100
I		

Group/Meeting	<u>Mar 25</u>	<u>YTD 2</u>

AA Groups/Meetings listed here are those which are either registered as a Group at the AA General Service Office in New York, or, have contributed financially to Naples Area Intergroup.





Did you know you can share your sobriety and gratitude in a practical way by joining the AA Birthday Club? Sign up today and be featured in the Courier. Show your support for your Central Office. A donation of only one dollar for every year of your sobriety will help carry the message to alcoholics who still suffer.



Rick G.	54 years
Paul B.	51 years
Ron P.	51 years
Ron L.	46 years
Jim B.	41 years
Jackie G.	39'years
Bill D.	37 years
Michael L.	36 years
Dennis F.	35 years
Rad W.	35 years
Judy W.	34 years
Steve K.	33years
Bill S.	23'years
Ken H.	22 years
Laura .	7 years
Eric S.	6 years



# Faithful Fivers Needed

**2024** Monthly Faithful Fiver Club

April O., Bill D., Bill S., Eric S., James B., Jeanette H., Jim H., Judy W., Kathryn Mc., Ken H., Ralph W., Rick G., Ron L., Theresa R., Tim A.,

We are members of A.A. who want the hand of A.A. always to be there in the Naples, Florida area.

#### It's easy to join!

Use a Check or Credit Card to contribute monthly, or one time.

Stop by the Central Office for a one time Credit Card charge.

#### District 20

(Collier County, the portion of Monroe County bordered by Collier and Miami-Dade Counties, and the portion of Hendry County below the northernmost boundary of Collier County.)

#### **District 20 Officers:**

#### Chair:

Joe S. 845/554-8721 joeascalia@icloud.com

Alt. Chair: Tom D. 845/23-6780 tomadavison@yahoo.com

#### Registrar:

Katie B. 708/408-9330 kaboyle56@gmail.com

#### **Treasurer**

Bob A., 440/667-4372 rsadams00@gmail.com

#### **Secretary:**

Maury D. 239/370-7232 maury@mdailey.com

Service Committees:

#### **Archives**

Susan H., 280-7093

District 20 Business Meeting 4th Thursday of each month, 7:00pm New Attitudes Club 4133 Tamiami Trail E.

#### **Current Practices**

Pete C., 784-7725 pete.curtner@yahoo.com

Grapevine / Literature Lauren F. 220-2792 laurenfrosh@comcast.net Jody L . 518/335-9748 jojopr1025@gmail.com Business meeting the third Tuesday of each month at

#### **Institutions** Maria M.

5:30 p.m., 24 Hour Club

mmetchear@aol.com 1st Thursday of each month at 7:00 p.m., 24 Hour Club

Public Information/CPC Ronnie P., 269-8251

> **Technology** Opportunity.

The Courier is published monthly by the Naples Area Intergroup of Alcoholic Anonymous with an office located at 1509-2 Pine Ridge Road, Naples, FL 34109-2198. This publication is by, for, and about the Fellowship of AA. Opinions expressed herein are not to be attributed to AA as a whole, nor does publication of information imply any endorsement by either Alcoholics Anonymous or The Naples Area Intergroup. Quotations and artwork from AA literature are reprinted with permission from AA World Service, Inc., and/or The AA Grapevine, Inc..

#### Contributions from our readers are encouraged.

Submissions are edited for space and clarity only.

#### District 20

**Business Meeting:** 

Fourth Thursday of the Month, 7:00 pm New Attitudes Club 4133 Tamiami Trail E. (Lakewood & E 41) Behind Speedway Gas

#### **NAPLES AREA** INTERGROUP MEETING

**Central Office** 

1509-2 Pine Ridge Rd.

(next to 24 Hour Club)

SECOND Wednesday of each month at 7:00pm

#### Commitments

#### DAVID LAWRENCE CENTER

Every day except Wednesday 7:00 p.m. Maria M., 370-2034 mmetchear@aol.com

#### WILLOUGH

Sunday, Monday and Ťhursday 7:00pm Peggy E., 269-7651 marcoangel2000@gmail.com

#### HAZELDEN

Monday, 7:00pm Nick Geer 818/424-5463 nicgeer@gmail.com

#### **BRIDGING THE GAP**

Joe S. , 845/554-8721 joeascalia@icloud.com

#### Area 15; Panel 75

(South Florida, Ba-hamas, US and British Virgin Islands, Antigua, St. Maar-ten, and Cayman Islands)

Delegate: Lisa D. delegate@area15aa.org

Alternate: Donna W. altdelegate@area15aa.org

> Chair: Bron F. chair@area15aa.org

Treasurer: Alan T. treasurer@area15aa.org

Registrar: Lea A. registrar@area15aa.org

Secretary: Paul M. secretary@area15aa.org

#### Naples Area Intergroup

#### Trusted Servants

#### Chair:

Blake B., 285-7174 blake91511@gmail.com

#### Vice Chair:

Robert C. 784-8514 bcrowe616@aol.com

#### Treasurer: Service Opportunity

<u>Secretary</u>: Tiana B. 337/283-1208 tsbrancato@gmail.com

#### Members at Large:

Service Opportunities

#### Office Manager: Ken Helton

1509-2 Pine Ridge Road Naples, Florida 34109-2198 naplesintergroup@yahoo.com Phone: 239-262-6535 www.aanaples.ora

#### Office Hours:

Monday 9am to 4pm Tuesday 9am to 4pm Wednesday 9am to 4pm Thursday 9am to 4pm Friday 9am to 4pm 9am to 4pm Saturday 9am to 4pm Sunday CLOSED

#### Office Volunteers

Annamarie T., Becky S., Bill S., Bonnie B., Carrie W., Chrissie F., Caroline H., Eric S., Gay S., Geoff S., Lara E., MariAnn Z., Natacha A., Peggy E. ... and loyal substitutes.

Service Opportunity

After-Hours Phone Volunteers Bob M., Craig P., Geoff E., Heather B., Ken H., Lauren F., Steve K., and Tim A.