THE COURIER

Naples Area Intergroup 1509Pine Ridge Road, Unit B Naples, Florida 34109

239-262-6535 naplesintergroup@yahoo.com www.aanaples.org

November 2024



ALCOHOLICS ANONYMOUS PREAMBLE:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or Institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety. (AA Grapevine, Inc.)



The ELEVENTH MONTH for ALCOHOLICS ANONYMOUS

STEP ELEVEN: "Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the pow-

TRADITION ELEVEN: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and

<u>CONCEPT ELEVEN</u>: "The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

TRADITIONS CHECKLIST Traditions Checklist

This is a Checklist for Tradition Eleven. Reprinted with permission from Service Material from the General Service Office.

- 1. Do I sometimes promote AA so fanatically that I make it seem unattractive?
- 2. Am I always careful to keep the confidences reposed in me as an AA member?
- 3. Am I careful about throwing AA names around—even within the Fellowship?
- 4. Am I ashamed of being a recovered, or recovering, alcoholic?
- 5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
- 6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

<u>ELEVENTH STEP PRAYER</u>: Higher Power, as I understand You, I pray to keep my connection with You open and clear from the confusion of daily life. Through my prayers and meditation I ask especially for freedom from self-will, rationalization, and wishful thinking. I pray for the guidance of correct thought and positive action. Your will Higher Power, not mine, be done.

"The only way I ever found to displace a thought was to put another thought in its stead."

"We Must Banish Fear!" Alexandria, Virginia, August 1950, AA Grapevine



A New Holiday Perspective

Bringing Joy to the Less Fortunate

By Rick R., San Diego, California

How appropriate it seems that there are twelve months in a year, and we have twelve steps in the program. November is often referred to as the Gratitude month, due to the celebration of Thanksgiving. The joy of good living is the theme of Step Twelve, and it blends right in with the Christmas holiday season in December and ending with the New Year's Eve celebration. This time of year, does bring joy to many of us but it also brings distress to some of the less fortunate ones who have yet to been blessed with the gift of sobriety and peace of mind, in and outside of A.A.

During my drinking days I used to be extremely uncomfortable about the holidays. I never knew how to act around normal people unless I was half smashed. When invited by one of my siblings to Thanksgiving dinner, I felt like *a charity case* and would rather just hang out at the bar where I felt safe. I never got into the spirit of reaching out to others. My family always celebrated the different holidays, especially Thanksgiving and Christmas, and I would always (due to my discomfort) put a damper on it by complaining about the tacky gifts that people would buy for each other at Christmas and the mad rush to go shopping and the commercializing facade that it had become. Any excuse was better than facing *me* and the miserable wretch I had become.

After being sober for several years it occurred to me that I still had some of those same attitudes, and that I was still holding on to them to some degree largely due to the inconvenience of it all. I explained this problem to a dear friend once, and he asked," Does the rest of the family enjoy the holidays?" I said yes. He then said, "Why don't you just take a back seat and just watch the joy in their eyes as they experience these things." I did exactly what he suggested and when I started to observe my wife and two adolescent girls and the childlike innocence and happiness it brought to them; it gave me a whole new appreciation for this time of year. It brought tears of Joy to my eyes, and I no longer wanted to be the grouch, putting a damper on the joy that they were having. I have been following this line of thinking ever since and it has changed my whole perspective concerning these things.

This change of attitude has inspired me to apply the unselfish lessons that I have come to understand and now I spend the holiday season filled with Joy. If it works like that for the holidays, then why can't I bring it with me for the rest of the year? This has been my mission ever since my friend suggested it, and I am always looking for the opportunity to brighten the lives of people less fortunate than myself. I try to do these things anonymously and without fanfare. I also try to consider the discomfort that I used to feel when I was the one on the receiving end of a charitable gesture. I am careful to do these things in a way that preserves the dignity of that other person. I do not have to wait for the holidays to do these things. Every day is a holiday in and outside of my home, and you can believe me when I say; I reap more than my share of the joy. I hope this brings a new perspective to those who, like me, had trouble enjoying this time of year and I hope you all have a joyful Holiday Season, and many more.

"How do I know when I'm doing God's will? I don't ... but, I KNOW when I'm not.

AA GRAPEVINE, February 2003

Elections: December Naples Area Intergroup Meeting

Elections will be held for Naples **Intergroup Trusted Servant posi**tions: Chairperson, Vice Chairperson, Treasurer, Secretary and Members at Large at the Wednesday, December 13th Intergroup Meeting at 7p.m. Nominees must "stand" at the December meeting and give their qualifications prior to the vote by Group Intergroup Representatives. The required length of sobriety for all officers is two years. The term of service is for two years, beginning January 1, 2025.

Take life day by day, and be grateful for the little things. Don't get stressed over what you can't control.





VOICES OF LONG-TERM SOBRIETY OLD-TIMERS' STORIES FROM AA GRAPEVINE

"I have always carried a meeting list and quarter for a phone call because I don't know when I am going to want another drink."

"From Rags to Riches," Cornwall, Ontario, January 2005, Voices of Long-Term Sobriety

Healing Our Relationships with Our Adult Children

Whether or not the alcoholic finds sobriety, or whether or not we stay in the relationship, we still have to face the effects of alcoholism on our children. While they were young, we may have believed we could prevent our children's suffering by trying to compensate for the lack of attention they received from the alcoholic. Some of us tried to educate our children about alcoholism or urged them to attend Alateen. While these fforts may have helped, we couldn't prevent our children from being affected by the family disease of alcoholism.

The effects of growing up in an alcoholic home follow most children into their adulthood. They may suffer from anxiety, depression, and low self-esteem. Many have difficulty trusting other people. They may choose

eir own addictions. As parents, we may have sent our

relationships with other alcoholics or struggle with their own addictions. As parents, we may have sent our teenage children to alcohol treatment centers, or had to ask them to leave our homes. We had to set limits and then find the courage to implement them.

In <u>Al-Anon</u> we learn that we cannot control the choices of our adult children. As parents, this can be especially difficult to accept. After all, when our children were young, we were responsible for their welfare, making decisions we believed were in their best interest. Once our children are grown, it can be challenging to let them make their own decisions, especially if we view those decisions as potentially unwise or harmful. This doesn't mean we ignore problems as they arise. We can still express our concerns if asked, but we don't have to solve every problem they encounter.

"I am learning to let go of my concerns about my son's welfare so that he can turn to his Higher Power for help."

Our impulse to rescue our children may actually prevent them from finding their own solutions. What we can do is turn our children over to our Higher Power's care.

"When my adult children aren't behaving as I think they should, I try to remember to 'Live and Let Live.' When I think they are in trouble, I remind myself that I can't fight their battles for them. Though it's painful to see them stumble, I must Let Go and Let God.' It's hard enough for me to stay on my own path; one way I can honor my children is by letting them walk theirs."

It can be easy to blame ourselves for our children's problems, especially once we become aware of the damaging effects of living with alcoholism. We may question the job we did as parents, wondering if we didn't protect our children enough or protected them too much; if we were too hard or too easy on them. Because we spent so much time focusing on the alcoholic, we may wonder if we devoted enough of our energy to our children. Our concerns may be compounded if our children blame us for their problems.

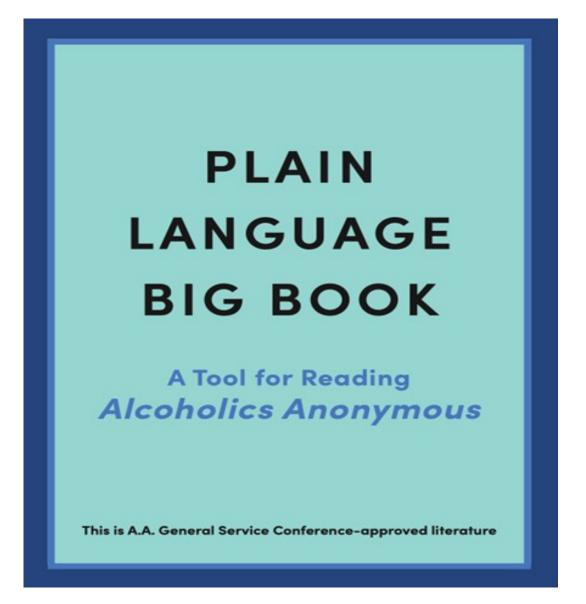
Guilt over past mistakes can keep us trapped. It helps to have compassion for ourselves and our children. Even if we made mistakes in the past, we didn't cause anyone to become an alcoholic, including our adult children. We simply don't have that kind of power. We can remember to <u>forgive ourselves</u>. We can accept that we did the best we could at the time with the resources we had. Today we can make a commitment to do things differently.

How can we be there for our children today? We can offer our love, support, and encouragement. We can model a healthier way of life. We can talk openly with them about the mistakes we made. We can listen without getting defensive if they want to talk about their childhoods. We can allow room for their feelings and experiences, even if we might see things differently.

Our children's lives may not have turned out the way we had hoped, but we can't prevent them from learning the lessons they are meant to learn today. Whatever problems they may be facing are theirs to face. They have their own path, their own journey. Though it may be unclear to us now, perhaps our children are meant to go through exactly what they are going through for a reason.

Page 93-94, Opening Our Hearts, Transforming Our Losses, Cleveland AA Central Office.

The NAPLES AREA INTERGROUP has the new <u>PLAIN LANGUAGE BIG BOOK</u> available for sale in our office / bookstore for \$11.00.





AA Volunteer Opportunities



Naples Area Intergroup

Mornings: 9:00 to 12:30 Afternoon:12:30 to 4:00

(One morning or afternoon each week.)

and, Telephone Helpline

After-hours, various days.

1-year continuous sobriety.

For information: 239/262-6535

Calling all AA

Authors !!!

Please submit

an article to



Your Groups'

Activities

Can Be Here

Next Month.

To Highlight

Your Group,

The COURIER !!!

Email article to:

naplesintergroup@yahoo.com

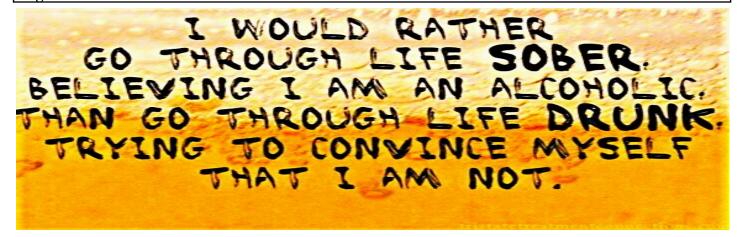
Please Call Us:

Intergroup Office 239/262-6535

Judaism and the Lord's Prayer Grapevine, January, 1997



As a Jewish member of Alcoholics Anonymous, I've been concerned about the fact that so many meetings end in the Lord's Prayer. While I was willing to go to any lengths to get—and stay—sober, I was worried about reciting a prayer that might in some way compromise my Jewish identity. So I talked with my rabbi, who is knowledgeable not just about Jewish affairs but also about the Twelve Steps. He is Orthodox and the leader of an extremely large Jewish congregation. He does a lot of work visiting treatment centers, and he knows a lot about AA. Probably more than I do. He explained to me that there is nothing in the Lord's Prayer—or in all of the Twelve Steps, for that matter—that in any way contradicts anything in traditional Judaism. He pointed out that many of the phrases in the Lord's Prayer actually come from Jewish prayers in use two thousand years ago and still current today. While the Lord's Prayer is used primarily by Christians, its origins are firmly rooted in the Jewish prayer book. Now, I'm no scholar (although I've written a few books about Judaism), and I can't locate all of the phrases in Jewish liturgy off the top of my head, but I know a few, and perhaps these will give some sense of how the Lord's Prayer was assembled. Our Father who art in heaven = Avinu shebashamiyim That Hebrew phrase, Avinu shebashamiyim, has been used for millennia to start prayers. The most recent use came in the Prayer For The State of Israel, composed after the founding of Israel in 1948. Hallowed be thy name = Yiskadal v'yiskadash sh'may rabbo This Aramaic formation is extremely familiar to Jews as the first line of the Kaddish (the Mourner's Prayer) and also the prayer that separates sections of the Orthodox prayer service. Thy kingdom come, thy will be done, on earth as it is in heaven = ba'shamayim me'ma'al u'va' aretz mitachas This line from the "aleinu" prayer, said at the conclusion of each prayer service and in the important Mussaf service on Yom Kippur, the Jewish Day of Atonement, translates as "in the heavens above and on the earth below." Give us this day our daily bread = Hu nosain lechem I'chol basar This comes from the first paragraph of the Jewish Grace After Meals. The meaning is that God gives bread to all beings. And forgive us our trespasses = She'tislach lanu al cal chatosainu "Forgive us for all of our sins" reads this line repeated many times in the Yom Kippur prayers. For thine is the kingdom and the power and the glory = L'cha, adoshem The Jewish phrase translates as "the greatness and the power and the glory." This is a line recited in a Sabbath morning prayer just prior to the reading of the Torah in the synagogue. Forever and ever = L'dor va'dor Literally, this means "from generation to generation." Amen = Amen Amen is actually a Hebrew word from the verb "to believe." In a prayer or a room—or in a Jewish court of law—to answer "Amen" after a statement is to say, "I believe this." So you see that as a believing Jew, when I'm saying the Lord's Prayer, I'm saying a compilation of excerpts of prayers that are a part of the traditional Jewish prayer book. I hope that this makes things more comfortable for other Jews.



My Spiritual Pebbles

One Pebble at a Time By Rick R., San Diego, California

When entering AA for the first time and looking at the steps, getting a sponsor, going to meetings, doing service work and all the other suggestions we hear in the meetings, it can seem like an impossible undertaking, and that is not unusual. A sponsor might say, "Slow down, life isn't passing you by near as fast as you think it is, and these things take time." Those of us who have thoroughly followed this path can testify to the fact that this process works perfectly if we meet the requirements suggested in each of the twelve steps. We get a slow and steady reprieve as we resolve these issues.

When people say that this is a simple program for complicated people, they are not far off. Telling a new member that, if it weren't for the wreckage of the past, and those tormenting memories left in its wake, we would simply have to stop doing the thing that we are ashamed of and after a while, time would heal everything, but it's our past guilt and shame that are the things that cause us to seek relief via the bottle. Down deep inside We feel unworthy. Does this mean that we can't do anything about things unless we are at that particular step?

I often hear people talking about carrying around a sack of rocks and I know that getting through inventories and amends may take years for some of us. What can we do to get the ball rolling? I have come to realize that the sack of rocks turns out to be a few rocks and a million pebbles. (Little selfish things that I do, or did, in my daily life that I'm not proud of) Gossip, criticism, sloth, lying and character assassination to name a few and, If I am to live well today, I must identify these things and my motive for doing them and rid myself of them, one pebble at a time.

I can even speed the process up by replacing those behaviors with unselfish deeds such as, minding my own business, letting someone in when in traffic, having a smile for everyone, putting the cart back at the grocery store, and making my bed each day. These types of gestures, I call my spiritual pebbles, and I get a warm feeling inside when I do them without fanfare. I have never gotten a warm feeling from doing a selfish deed. I have, however, gotten a feeling of unworthiness from them. I can start with my family, my loved ones, my friends, my fellow workers and continue to spiral outward to everyone I encounter during the day. These unselfish things cost me nothing, and as time passes, they become part of who I am, and today I have nothing to be ashamed of. Life is good.



VOICES OF LONG-TERM SOBRIETY OLD-TIMERS' STORIES

FROM AA GRAPEVINE

"How wonderful to be sober, to be able to think clearly (at times, at least), and to become aware of some portion of the greater wisdom concealed so deeply within myself."

"A New Way of Looking at Life," Columbus, Ohio, April 1981, Voices of Long -Term Sobriety

Until today, at least, I am getting further away from that first drink, which is the one that inevitably leads me to complete disaster."

"My Name Is Adolfo," Caracas, Venezuela, May 1971, AA Around the World



What Brought Us Into AA?

It was the realization that we had no power to help ourselves.

We had relied entirely upon ourselves because we liked the rules we made for ourselves better than those rules that generations upon generations of mankind had found necessary for living without personal disaster. We had considered ourselves above those who lived by the universal rules.

When trouble came, we sought to help self-imposed discipline, we usually succeeded, for a while. But again, we made our own rules, and as we got the upper hand over our troubles we compromised with evil. A little evil would be all right: it was too much evil that got us into trouble. The particular evil that we compromised with was luring because we wished to recognize no responsibilities and because that evil destroyed all reminders of responsibility.

Simple first grade arithmetic ought to have been enough to teach us. But we wouldn't believe the simple addition because we wouldn't believe that what was meat for moderate, disciplined men was poison for the undisciplined.

Many of us still have trouble in believing it, and in <u>accepting</u> the simplest facts of our experience. We still want to make our own rules. We still want to avoid responsibility. We still are unwilling to accept our lots in life.



Let us look back at our efforts to help ourselves. How did we reach the position in which we found ourselves when we grabbed desperately at the help that AA offered? Very few of us were on an unbroken downward descent. We stopped the slide "many times and tried to walk up hill. Then we compromised with evil and tried to ride up hill, with no power other than our own feeble wills. It wasn't long before we found ourselves sliding backwards at breakneck speed.

Let us keep on looking back at our efforts to help ourselves. Each successive time that we tried to help ourselves, we were on a lower level than we had been before. Each effort to rise was less successful. Sometimes we thought we had gained a pinnacle, but we never looked back to see the towering mountain from which we had slid.

When we landed in a heap at the bottom of the slide, or banged up near the bottom, we realized at last that we had no power to help ourselves. We could not get up, we couldn't walk, and we surely couldn't climb. We seized the hand that was offered us. We took the nourishment that restored our ability to stand and then helped us to climb. We were restored outwardly and we found an inward strength.

The hand that was offered us was the hand of AA, the hand of another alcoholic. The strength that that hand found to pull us to our feet was not the hand's own but it was the strength that the hand had found after it had learned that it had no power to help itself.

It had found a power greater than its own. It had found it in the realization that if the body is to be saved the Spirit must also be saved. It had found that since it is not able to defend itself it must seek the help of a higher pow-er than itself.

This power is not a crutch that can be used for a while and then thrown away. Our whole experience should teach us that. And so should the experience of those who thought that the power was a mere crutch.

Our experience should teach us that when we try to make our own rules the temptation comes to embrace evil because a little evil seems pleasant; or we eagerly seize upon evil because we cannot stand to face a new adversity or we are not willing to accept the realization that our stature is less than we wish it to be.

No, the power is not a crutch: it is a backbone. It is a backbone whose living fluid is the Spirit, and that living fluid must be defended against assaults of evil and against the temptation to believe that we have the power to walk alone in any direction that we choose.

Those of us who are wise have learned that we have no power to help ourselves. Our help is in a power outside ourselves, a help that first comes to us through the hand of AA.

5TH ANNUAL

THANKSGIVING ALKATHON

St Mary's Episcopal Church 9805 Bonita Beach Rd SE, Bonita Springs, FL

8am through Midnight
Thursday, November 28th



MEETINGS EVERY HOUR ON THE HOUR

Please sign up and chair an hour. If you chair a meeting the hour is yours. Any meeting format you would like we would love to have it.

Please text Don 239-246-0027 to take a slot as an individual or group.

<u>FINANCES</u>	<u>Oct24</u>	<u>YTD</u>
		<u>24</u>
<u>Income</u>		
Literature/Merchandise	\$3,404	\$36,937
Group Contributions	700	20401
AA Birthdays	-	210
Faithful Five	20	370
Individual/Anonymous	183	2,349
<u>Total Income</u>	4,307	60,266
<u>Expenses</u>		
Bank/Credit Card Fees	178	702
Licenses/Permits	-	70
Office Supplies	125	2,932
Office Improve/Repair	-	1,151
www Hosting	-	400
Payroll	2,240	17,924
Payroll Tax	-	-
Postage	10	164
Printing	-	708
Purchases/Lit./Merch.	1,748	24,394
Insurance	-	-
Rent	500	5,000
Sales Tax	134	2,542
Telephone/www	213	2,176
Utilities	100	1,000
Computer Equipment	-	498
Computer Software	175	2,349
Computer/Maintain	-	-
Accounting Services	142	1,484
Total Expenses	5,480	66,568
Net Ordinary Income	(\$1,172)	(\$5,391)
Gratitude Dinner Tickets	2,520	2,820
Gratitude Expenses	-	500
NET OTHER INCOME		2,323
<u>NET INCOME</u>	\$1,348	(\$2,978)

Thank You to all who contributed to Naples Intergroup / Central Office.

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

SELF-SUPPORT:

Where Money and Spirituality Mix

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Naples Area Intergroup	General Service Office
1509-B Pine Ridge Road Naples. FL 34109 (50%)	James A. Farley Station P. O. Box 2407 New York, N. Y. 10116 (30%)
District 20	<u>Area 15</u>
District 20 Treasurer P.O. Box 2896	Area 15 Treasurer 2950 W. Cypress Creek Rd. Ste 333 #1097 Ft Lauderdale, FL 33309
Naples, FL 34106 (10%)	New Address (10%)

Disbursement of a Group's Funds

"After the group's basic needs are met, such as providing for rent, literature, refreshments, and insurance, the group can participate in the financial support of the Fellowship as a whole by sending money to various A.A. service entities:

1) their local Intergroup or Central Office, 2) Area 15 and District 20; and 3) the General Service Office in New York. Many groups provide financial support for their G.S.R.s attending service functions. These entities use contributions in a number of ways, always with the aim of carrying the A.A. message to the alcoholic who still suffers.

The A.A. Group Treasurer, F-96,

Service material prepared by the General Service Office

GROUP*/MEETING CONTRIBUTIONS

The six digit number next to the meeting name is their unique AA Registration Number assigned by the General Service Office in New York. This number signifies they are a "Registered Group"...Those meetings listed without a six digit number are **NOT registered with G.S.O.** and therefore not a "Group" (by AA definition), but is a "meeting". *Please see A.A. pamphlet: "The A.A. Group...where it all begins" P-16

Grp# 510367 0	
11th Step Prayer & Meditation	
Beach Bums0	573
Big Book Comes Alive	300
	.147
Big Book Babes0	10
Big Book Steppers—Bonita0	.198
Big Book Steppers—Naples36	107
Bonita Banyan, 17646382	578
Bonita Happy Hour0	395
Bonita Ladies Night0	75
Bonita Springs Primary Purpose	133
Bonita Springs Morning, 6784930	938
Bonita Springs 963950	250
Bonita Women Step0	800
Bring Your Own Big Book0	75
Daily Reflections ZOOM50	748
Cake Meeting0	55
Common Solutions Naples0	944
Early Risers0	.,1,260
Easy Does It0	.,2,000
Flemsy Reed Group75	320.
Free 2 Be50	300.
Grupo Nueva Vida0	75
Girlfriends Group0	50
Happy Healers 0	635
Jaywalkers, 6342710	198
Keep It Simple, 651598	442
Language of Letting Go0	13
Living Sober0	20
Meeting In The Park0	831
Men Of Naples, 63403017	280
Morning Reflections63	258
Daily Reflections – Monday6	151

Group/Meeting	Sept 24 YTD24
Naples Group	0849
Naples Living Sober	5050
Naples Men BB Group	0214
New Dawn	751
Nuts & Bolts	038
On Awakening	9999
Park Shore Women	650
Primary Purpose Marco	0600
Sunday Speaker Meeeting	12
Swamp Group	050
Switch It Up Group	0100
Tables Of Naples	025
Three Legacies	050
Veranda Group	9131
Wanderers Ave Maria	0315
Where Are We	200

AA Groups/Meetings listed here are those which are either registered as a Group at the AA General Service Office in New York, or, have contributed financially to the Naples Area Intergroup.





Did you know you can share your sobriety and gratitude in a practical way by joining the AA Birthday Club? Sign up today and be featured in the Courier. Show your support for your Central Office. A donation of only one dollar for every year of your sobriety will help carry the message to alcoholics who still suffer.



Rick G.	54 years
Paul B.	51 years
Ron P.	51 years
Ron L.	46 years
Don M.	43 years
Jim B.	41 years
Jackie T. F.	39 years
Bill D.	37 years
Dennis F.	35 years
Rad W.	35 years
Judy W.	34 years
Steve K.	33years
Peter F.	28 years
Eileen D.	22 years
Bill S.	22 years
Ken H.	22 years
Laura T. F.	7 years
Eric S.	6 years



Faithful Fivers Needed

2024 Faithful Fiver Club

April O., Bill D., Bill S., Eric S., James B., Jeanette H., Jim H., Judy W., Kathryn Mc., Ken H., Ralph W., Rick G., Ron L., Theresa R., Tim A.,

We are members of A.A. who want the hand of A.A. always to be there in the Naples, Florida area.

It's easy to join!

Use a Check or Credit Card to contribute monthly, or one time.

Stop by the Central Office for a one time Credit Card charge.

District 20

(Collier County, the portion of Monroe County bordered by Collier and Miami-Dade Counties, and the portion of Hendry County below the northernmost boundary of Collier County.)

District 20 Officers:

Chair:

Joe S. 845/554-8721 joeascalia@icloud.com

Alt. Chair: **Opportunity**

Registrar:

Katie B. 708/408-9330 kaboyle56@gmail.com

Treasurer Bob A., 440/667-4372 rsadams00@gmail.com

Secretary: Tom D., 206-6780 tomadavision@yahoo.com

> Service Committees: Archives

Susan H., 280-7093

District 20Business Meeting 4th Thursday of each month, 7:00pm New Attitudes Club 4133 Tamiami Trail E.

Current Practices

Pete C., 784-7725 pete.curtner@yahoo.com

Grapevine / Literature Lauren F. 220-2792 laurenfrosh@comcast.net Business meeting the third Tuesday of each month at 5:30 p.m., 24 Hour Club

Institutions Maria M.

mmetchear@aol.com 1st Thursday of each month at 7:00 p.m., 24 Hour Club

Public Information/CPC Ronnie P., 269-8251 Business meeting the second Wednesday of each month at 7:00 p.m., 24 Hour Club

> **Technology** Opportunity.

The Courier is published monthly by the Naples Area Intergroup of Alcoholic Anonymous with an office located at 1509-2 Pine Ridge Road, Naples, FL 34109-2198. This publication is by, for, and about the Fellowship of AA. Opinions expressed herein are not to be attributed to AA as a whole, nor does publication of information imply any endorsement by either Alcoholics Anonymous or The Naples Area Intergroup. Quotations and artwork from AA literature are reprinted with permission from AA World Service, Inc., and/or The AA Grapevine, Inc..

Contributions from our readers are encouraged.

Submissions are edited for space and clarity only.

District 20 **Business Meeting:**

Fourth Thursday of the Month, 7:00 pm **New Attitudes Club** 4133 Tamiami Trail E. (Lakewood & E 41) Behind Speedway Gas

NAPLES AREA INTERGROUP MEETING Central Office 1509-2 Pine Ridge Rd. (next to 24 Hour Club) SECOND Wednesday of each month at 7:00pm

DAVID LAWRENCE CENTER

Every day except Wednesday 7:00 p.m. Maria M., 370-2034

Monday, 7:00pm Tom H., 777-1430

BRIDGING THE GAP Joe S., 845/554-8721

Area 15; Panel 69

(South Florida, Ba-hamas, US and British Virgin Islands, Antigua, St. Maar-ten, and Cayman Islands)

Delegate: Cary W delegate@area15aa.org

Alternate: Lisa D. altdelegate@area15aa.org

> Chair: Donna W. chair@area15aa.org

Treasurer: Karen V.
PO Box 590835 Ft Lauderdale, FL 33359-0835 treasurer@area15aa.org

Registrar: Robin P. registrar@area15aa.org

Secretary: Bronwyn F. secretary@area15aa.org

Naples Area Intergroup

Trusted Servants

Chair:

Robert C 784-8514 bcrowe616@aol.com

Vice Chair:

Blake B., 285-7174 blake91511@gmail.com

Treasurer:

Spence G., 207-7534 spenceg123@gmail.com

<u>Secretary</u>: Tiana B. 337/283-1208 tsbrancato@gmail.com

Members at Large:

Service Opportunities

Office Manager: Ken Helton

1509-2 Pine Ridge Road Naples, Florida 34109-2198 naplesintergroup@yahoo.com Phone: 239-262-6535 www.aanaples.org

Office Hours:

Monday 9am to 4pm 9am to 4pm Tuesday Wednesday 9am to 4pm Thursday 9am to 4pm Friday 9am to 4pm Saturday 9am to 4pm Sunday CLOSED

Office Volunteers Becky S., Bill C., Bill D., Bill S., Bonnie B., Chrissie F., Chris G., Ed C., Eric S., Gay S., Geoff S., Lara E., Peggy E., Rob O., Tom S. ... and loyal substitutes. Service Opportunity

After-Hours Phone Volunteers Geoff E., Holli G., Jeanette H., Ken H. Lauren F., Heather B., Steve and Tim A. Service Opportunity

Commitments

mmetchear@aol.com

WILLOUGH Sunday, Monday and Ťĥursday 7:30pm Peggy E., 269-7651 marcoangel2000@gmail.com

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