

THE COURIER

Naples Area Intergroup
1509 Pine Ridge Road, Unit B
Naples, Florida 34109



239-262-6535
naplesintergroup@yahoo.com
www.aanaples.org

November 2023



ALCOHOLICS ANONYMOUS PREAMBLE:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or Institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

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How Spiritual Joy Differs From Human Happiness

For years I considered the [Big Book](#) statement: "Happy, joyous and free" as a bit redundant, for after all, are not happiness and Joy the same (p 133)? However, years later I found that HAPPINESS and JOY are two completely different things:

HAPPINESS is a human experience. It disappears when we are sad or depressed. But JOY is a God experience that may take place even when we are sad or depressed.

I have experienced said unexplained joy while feeling deeply depressed in a tent while camping in Sault Ste. Marie, Canada. I had recently been separated from my ex-wife and was feeling enormous depression. We had camped in that same tent in the Grand Canyon during our honeymoon previously. In the middle of the night, I became unexplainably full of energy, and everything seemed to wax extremely vivid and bright. I was full of Joy. This lasted throughout the night.

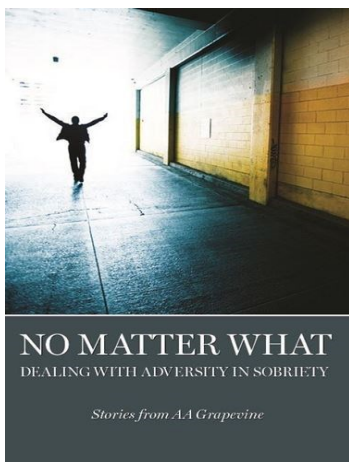
I believe Bill Wilson was experiencing great Joy—not ordinary happiness—after he went through his vital spiritual experience on page 14 of the Big Book: [Doctor Silkworth](#) told him: "Something has happened to you I don't understand. But you had better hang on to it. Anything is better than the way you were." I believe Bill's resultant Joy prompted him to immediately go out and start helping alcoholics. So, I believe God's Joy can be ongoing.

Then there is Fitz Mayo who had such an ongoing vital spiritual experience that: "He couldn't drink even if he would." (p 57, Big Book) There must have been great joy in that!

Again, [Ebby Thacher](#) (Bill's sponsor), who was not a spiritual person prayed to God: "as never before" and was stuck sober for two years and seven months. Again, great joy must have been present. (EBBY The Man Who Sponsored Bill W., by Mel B. - p 58) Ebby died in 1966, two years sober.

I believe the blessing of spiritual Joy will come to me when God decides to send it—I cannot just wish for it. However, I believe my chances are all for the better if I try to maintain a fit spiritual condition by living the Twelve Steps.

*By Bob S.
Cleveland Alcoholics Anonymous
October 20, 2023*



“One night, in a moment of desperation, I got down on my knees and remembered a prayer an old sponsor had given me. It said, ‘God, help me be of service ... to something or someone...’ I knew intuitively it was the answer.”

“Sinking Fast,” Edmonton, Alberta, May 2010, No Matter What: Dealing with Adversity in Sobriety.

November .. ELEVENTH (11th) Month Of Alcoholics Anonymous

STEP ELEVEN: “Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the pow-

TRADITION ELEVEN: “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and

CONCEPT ELEVEN: “The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.”

TRADITIONS CHECKLIST

Traditions Checklist

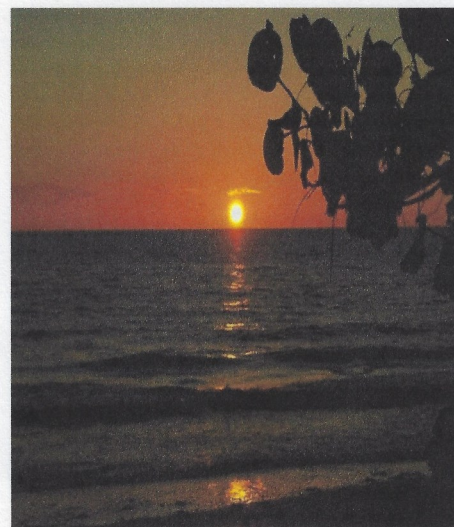
This is a Checklist for Tradition Eleven. Reprinted with permission from Service Material from the General Service Office .

1. Do I sometimes promote AA so fanatically that I make it seem unattractive?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering, alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

ELEVENTH STEP PRAYER: Higher Power, as I understand You, I pray to keep my connection with You open and clear from the confusion of daily life. Through my prayers and meditation I ask especially for freedom from self-will, rationalization, and wishful thinking. I pray for the guidance of correct thought and positive action. Your will Higher Power, not mine, be done.

“The only way I ever found to displace a thought was to put another thought in its stead.”

“We Must Banish Fear!” Alexandria, Virginia, August 1950, AA Grapevine



“A Spiritual Overhaul” ... continued from October 2023

Donald Wood, Ft Myers, Florida

Fog. Everywhere. Such a strange condition in the Sunshine State. It started at the water's edge and appeared to go on to the end of the earth. Fog. The stuff of bad dreams and uncertainty. The loss of control, limiting, unable to see what is ahead. The fog was spectacular. Perhaps it was a metaphor for life. So many days in a row of sunshine and clear, blue skies and today, unexpectedly, fog. Conditions notwithstanding, it was quiet time. I expected my regular Saturday morning visitor in a few hours but for right now, it was just me, my dog Fiona, and the fog.

I thought of a friend who used to liken fog to fear. I can still hear him at our Thursday Night Men's meeting. "When you are drowning in fear, it is as if you are surrounded by a thick fog causing you to lose sight of what is ten feet in front of you." Fear is often a difficult topic for us alcoholics. Many men, myself included, didn't think fear was a relevant topic when it was suggested in our 4th Step Inventory that we address our fears. Why? I didn't believe I had any. The truth was I didn't understand fear and the role it was playing in my life all along.

But, once again, my sponsor explained the problem of fear to me in a straightforward way that made sense to me. I was no different than so many other men I have met in the rooms who prided themselves on self-reliance and denied the existence of fear. I maintained I did not have fear but that was a lie. I believed that lie. That was an almost textbook definition of being delusional, I believed the lie. I did have fear in my life, of course, I did, even if I didn't believe it my actions showed it. I disguised it as anger, by lashing out at others, holding on to resentments, and running away. But I didn't see the link. Why do we have fear in our lives? My sponsor told me that the book stated our fears were rooted in the fact that our self-reliance failed us. Yes. That made sense. If I was convinced I could accomplish something on my own power, I didn't have fear. But doubting my power opened the door to fear.

Understanding fear was a revelation. Fear comes from knowing that our power is inadequate. Fear causes our character defects to come out. Fear is based on lack of power and one of the promises of the 3rd Step was that I would have all the power that I needed in all areas of my life if I kept up my part of that 3rd Step contract. *He provided what we needed if we kept close to Him and performed his work well.* When we are in trouble and can't see a way out, it is because we imagine that all solutions depend upon us. My drinking. My selfishness and self-centeredness. My character defects. I couldn't do anything about them without the help of my Higher Power my sponsor told me. And now my fears. Fear is doubting self-reliance but it is also doubting that God will provide me whatever I need to overcome any difficulty.

I looked up to see the sun trying to break through the fog. Fog, like our fear, is temporary no matter how bleak the situation may seem at a time. Besides, it would soon be Thanksgiving week, the most egalitarian, the most inclusive of all holidays. It is a holiday that welcomes all, regardless of religious beliefs or

“A Spiritual Overhaul” ... continued from page 5.

cultural traditions. Thanksgiving is all about reflecting on blessings and acknowledging gratitude. What makes this week unique is that there are no big expectations, as is often the case with Christmas. Thanksgiving isn't focused on presents or extravagant decorations — it's about sitting down for a delicious meal, and if we are lucky, surrounded by friends and family. Thanksgiving is a reminder to appreciate all that's joyful in our life, which includes our families, friends, and fellow travelers on the road to happy destiny.

Thanksgiving is a holiday that reminds me that there's more to be thankful for than sad about. Sometimes that is hard to do, too often we overlook our blessings, choosing instead to spend our time paying attention to problems. Instead, let's take some time to reflect on our lives, and to appreciate what we have, who we are, and where we are right now. This year let's be on the lookout for the bits of pleasure that we see in our meetings and appreciate those people both inside and outside of the rooms who bring love, compassion, and kindness to others and recognize that we are blessed to know them. And for that opportunity in and of itself, let us be thankful.

To be continued ... December 2023 COURIER

AA Volunteer Opportunities



*Naples Area
Intergroup*

Mornings: 9:00 to 12:30

Afternoon: 12:30 to 4:00

(One morning or afternoon each week.)

and, Telephone Helpline

After-hours, various days.

1-year continuous sobriety.

For information: 239/262-6535

THIS GATHERING IN THE PARK WAS NO PICNIC

I dreamt I had been asked to chair a meeting in an outdoor venue. It had been a bright sunny day, but the sky was darkening with the onset of twilight. There was a very sizable crowd of a few hundred people, mostly in lawn chairs or sitting on blankets, and it seemed that the meeting was to be the culmination of what had been a pretty long day for most of the people present.

As I opened the meeting I read the A.A. Preamble and the Singleness of Purpose statement, emphasizing that although we may have all come from different backgrounds with different experiences (including the use of various substances), the focus of our meeting would stay on recovery from the disease of alcoholism. With that, almost the entire crowd picked up their blankets or folded their chairs and departed for home – in protest, I suppose. Thankfully, the few of us who remained gathered around a small campfire and shared in a good, solid A.A. meeting.

Upon awakening, I pondered the significance of the dream as it relates to our Singleness of Purpose, and I'm convinced that we must preserve it at all costs. When I moved to this town over 56 years ago, it was much smaller than it is today, but the growth has always been well managed by clutches of "old-timers" who took their responsibilities seriously. As a result, even though our city has grown by many times its original size, it is still a lush, beautiful paradise. Similarly, A.A. in our community has grown exponentially since its inception here decades ago; yet our local fellowship has managed to maintain the integrity of our Traditions.

This is not the case in many other places. Over the past ten years or so I've been blessed to attend many conferences and meetings all over the United States. I've made friends from all over the world, and I've heard many of their stories of what A.A. is like where they live. Those stories run the gamut of being dull and lifeless to their local fellowships being turned into "Addictions Anonymous" with no Singleness of Purpose at all and an "anything goes" attitude.

In my home group we've had many visitors from other places who have commented on "how refreshing" it is to attend meetings like they used to be where they came from; good "old-fashioned" A.A. like it was back in "the good old days." We are blessed here to have the kind of fellowship that I think our founders intended for us. It would be easy to fall into the delusion that A.A. is the same everywhere; but, it isn't. If we become complacent and neglect the vital, time-tested importance of strict adherence to our Traditions, we too could someday succumb to the mob mentality pressures of the "anything goes" crowd.

Without Singleness of Purpose, the newcomer with a drinking problem may not be able to identify with us, our disease of alcoholism, or our solution. Without that identification there is a natural reluctance to pursue our solution; without which there's no recovery. Clancy used to say, "In meetings where anything goes, after awhile nobody goes." Meetings can and do collapse over this issue. I hope that our old-timers and our groups will continue to follow the Traditions.

~ Jerry E., Naples, FL 11/13/23

GRATITUDE

A Full and Thankful Heart...

One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living. I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one's heart heal must surely result in outgoing love, the finest emotion that we can ever know.

Bill W.

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In 1956 and 1957, there were floor actions at the annual GENERAL SERVICE CONFERENCES recommending that Thanksgiving week in those years be designated A.A. Gratitude Week." *Acceptance may be the answer to all our problems, but gratitude has to be a close second.*

As many in A.A. have discovered, gratitude is a sure cure for self-pity. And can you be resentful at the same time that you're grateful? Some in recovery will coax their thinking onto spiritual lines with gratitude lists.

Calling all AA

Authors !!!

**Please submit
an article to**

The COURIER !!!

Email article to:

naplesintergroup@yahoo.com



Your Groups'

Activities

Can Be Here

Next Month.

To Highlight

Your Group,

Please Call Us:

Intergroup Office

239/262-6535

A New Holiday Perspective

Bringing Joy to the Less Fortunate

By Rick R., Miami, Florida

How appropriate it seems that there are twelve months in a year, and we have twelve steps in the program. November is often referred to as the Gratitude month, due to the celebration of Thanksgiving. The joy of good living is the theme of Step Twelve, and it blends right in with the Christmas holiday season in December and ending with the New Year's Eve celebration. This time of year, does bring joy to many of us but it also brings *distress to some of the less fortunate ones* who have yet to been blessed with the gift of sobriety and peace of mind, *in and outside of A.A.*

During my drinking days I used to be extremely uncomfortable about the holidays. I never knew how to act around normal people unless I was half smashed. When invited by one of my siblings to Thanksgiving dinner, I felt like *a charity case* and would rather just hang out at the bar where I felt safe. I never got into the spirit of reaching out to others. My family always celebrated the different holidays, especially Thanksgiving and Christmas, and I would always (due to my discomfort) put a damper on it by complaining about the tacky gifts that people would buy for each other at Christmas and the mad rush to go shopping and the commercializing facade that it had become. Any excuse was better than facing *me* and the miserable wretch I had become.

After being sober for several years it occurred to me that I still had some of those same attitudes, and that I was still holding on to them to some degree largely due to the inconvenience of it all. I explained this problem to a dear friend once, and he asked, "*Does the rest of the family enjoy the holidays?*" I said yes. He then said, "*Why don't you just take a back seat and just watch the joy in their eyes as they experience these things.*" I did exactly what he suggested and when I started to observe my wife and two adolescent girls and *the childlike innocence and happiness it brought to them*; it gave me a whole new appreciation for this time of year. It brought *tears of Joy* to my eyes, and I no longer wanted to be the grouch, putting a damper on the joy that they were having. I have been following this line of thinking ever since and it has changed my whole perspective concerning these things.

This change of attitude has inspired me to apply the unselfish lessons that I have come to understand and now I spend the holiday season filled with Joy. *If it works like that for the holidays, then why can't I bring it with me for the rest of the year?* This has been my mission ever since my friend suggested it, and I am always looking for the opportunity to brighten the lives of people less fortunate than myself. I try to do these things *anonymously and without fanfare*. I also try to consider the discomfort that I used to feel when I was the one on the receiving end of a charitable gesture. I am careful to do these things in a way that *preserves the dignity of that other person*. I do not have to wait for the holidays to do these things. Every day is a holiday in and outside of my home, and you can believe me when I say; I reap more than my share of the joy. I hope this brings a new perspective to those who, like me, had trouble enjoying this time of year and I hope you all have a joyful Holiday Season, and many more.



Twelve Tips for a Sober Joyous Holiday Season

Holiday parties without alcohol may still be a dreary prospect for new AAers. But many of us have enjoyed the happiest holidays of our lives sober. Here are some tips:

1. Line up extra AA activities—meetings, speaking, phone answering, other AA service.
2. Entertain AA friends, especially newcomers.
3. Keep AA phone numbers with you at all times—and use them.
4. Find out about special holiday parties, meetings, or other events at groups in our area, and go. If you're shy, take a newer member.
5. Skip drinking occasions you're nervous about. Remember your drinking talent for making excuses? Put it to work for you in sobriety.
6. If you must attend a drinking party, and can't find a fellow AA to come with you, keep some candy handy.
7. You don't have to stay late. Plan for an "important date."
8. Go to church. Any church.
9. Don't sit around brooding. Catch up on reading, letters, walks.
10. Remember, one day at a time. Don't start now to worry about all those "holiday temptations."
11. If you can't give material gifts this year, you *can* give love.

Deeper Rooted Emotional Problems

The Center Line of Life

By Rick R., Maimi, Florida

We are all born with a Conscience and an Ego. We all have Instincts. We, as human beings, are also born with the Use of Practical Reasoning, and that separates us from the animals, who, for the most part, live by their instincts. The degree to which these assets and liabilities affect our behaviors differs in all of us. "Yet these instincts, so necessary for our existence, often far exceed their proper function. "(12&12 Step 4)" Most normal people make mistakes in their lives and that is normal since no one is perfect. Most Alcoholics, however, take their life to the brink of destruction before they become desperate enough to surrender and enter the program of Alcoholics Anonymous. Most alcoholics struggle with emotional difficulties that far exceed the normal range. Some of these troubles can be rectified simply by acknowledging that they exist and being willing to change our motives and behavioral habits. Unfortunately, A certain percentage of our fellowship have Deeper Rooted Emotional Problems that are permanent and cannot be cured simply by practicing AA, principles alone. They are often masked by the use of alcohol and when a person stops drinking and starts dealing with their behavioral problems, these things rise to the surface in the form of: O.C.D; A.D.D; Bipolar Disorder; P.T.S.D; and many others that can only be subdued by the use of medications that, in some cases, dulls the mind of the patient to the extent that they would resist taking the medication and would rather live with the symptoms. Not knowing this, we sometimes misunderstand the people stricken by these deeper-rooted mental conditions and believe, by their sharing, that they are Resistant, Arrogant or Egotistical etc. when displaying behaviors that the average person is not afflicted with. These conditions are not always at the extreme levels and each of us, being Alcoholics, have a degree of behavioral problems that are outside of the normal range else why would we need to attend AA, meetings. Let us consider the normal range to be 5 degrees on either side of the center line. The extremes of the abnormal behavioral problems extend out to 50% on either side of the centerline. Let us take Fear as an example. Some people are so fearful they are afraid to leave their home, while others are so fearless that they may dive off a cliff into a pool of water. These are extremes, and we all fall somewhere in between. Those of us who are fortunate enough not to be afflicted by those pre-mentioned mental disorders, are blessed in the sense that, practicing the principles of Alcoholics Anonymous, can bring us back towards the center line and we can lead a somewhat normal life. For those ill-fated ones afflicted by those conditions, they can stay sober, but the behaviors are still apparent to us and, unless we can recognize and replace the habit of Judging Them by Their Outward Behavior, we are still outside the normal range ourselves, and when we replace the habit of being Judgmental with the habits of Compassion and Empathy, we are somewhat closer to the center line. We can change all those alcoholic behaviors when we recognize them, simply by looking deeper into our motives for our actions pointed out in the AA, program. Steps Six and Seven begin this process of recognizing our *defects of character*, based on our thinking, and changing the *shortcomings or actions* that result from those thoughts. "There are those too who suffer from grave emotional and mental disorders but many of them do recover if they have the capacity to be honest." (BB pg. 58) My question is, do we have the capacity to be accepting when we recognize that some of us have these, uncontrollable deeper-rooted issues and that we cannot compare them to ourselves and be judgmental about those difficulties. Love, Compassion and Empathy are the center line positions in these cases. They need our understanding.



Naples Area Intergroup
BOOKSTORE and GIFT SHOP
HOLIDAY SHOPPING
9 to 4 / Monday - Saturday



FINANCES**Oct23** **YTD23****Income**

Literature/Merchandise	\$4,122	\$42,370
Group Contributions	4,251	29,993
AA Birthdays	-	440
Faithful Five	20	240
Individual/Anonymous	93	2,963
Total Income	8,486	76,006

Expenses

Bank/Credit Card Fees	222	1,886
Licenses/Permits	-	200
Office Supplies	399	3,882
Office Improve/Repair	-	-
www Hosting	-	360
Payroll	2,154	21,544
Payroll Tax	-	-
Postage	-	59
Printing	-	668
Purchases/Lit./Merch.	2,382	289,332
Insurance	-	573
Rent	1,000	5,500
Sales Tax	315	3,298
Telephone/www	235	3,028
Utilities	200	1,100
Computer Equipment	1,404	2,456
Computer Software	89	1158
Computer/Maintain	-	130
Quarterlies / Travel		355
Total Expenses	8,466	74,710
Net Ordinary Income	\$86	\$1,297
Gratitude Dinner Tickets	1,540	1,840
Gratitude Expenses	-	180
NET OTHER INCOME	1,540	1,660
NET INCOME	\$1,540	\$2,956

**Thank You to all who contributed to
Naples Intergroup / Central Office.**

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

SELF-SUPPORT:**Where Money and Spirituality Mix****Naples Area Intergroup**

1509-B Pine Ridge Road
Naples, FL 34109
(50%)

District 20

District 20 Treasurer
P.O. Box 2896
Naples, FL 34106
(10%)

General Service Office

James A. Farley Station
P. O. Box 2407
New York, N. Y. 10116
(New Address) (30%)

Area 15

Don H.
P.O. Box 311
Safety Harbor, FL 34695
(10%)

Disbursement of a Group's Funds

"After the group's basic needs are met, such as providing for rent, literature, refreshments, and insurance, the group can participate in the financial support of the Fellowship as a whole by sending money to various A.A. service entities: 1) their local Intergroup or Central Office, 2) Area 15 and District 20; and 3) the General Service Office in New York. Many groups provide financial support for their G.S.R.s attending service functions. These entities use contributions in a number of ways, always with the aim of carrying the A.A. message to the alcoholic who still suffers. *The A.A. Group Treasurer, F-96,*

*Service material prepared by the
General Service Office*

GROUP*/MEETING CONTRIBUTIONS

The six digit number next to the meeting name is their unique AA Registration Number assigned by the General Service Office in New York. This number signifies they are a “Registered Group”...Those meetings listed without a six digit number are **NOT registered with G.S.O.** and therefore not a “Group” (by AA definition), but is a “meeting”. **Please see A.A. pamphlet: “The A.A. Group...where it all begins” P-16*

<u>Group/Meeting</u>	<u>Oct23</u>	<u>YTD23</u>
11th Step Prayer & Meditation	57	352
Beach Bums	0	250
Big Book Comes Alive.....	0	513
Big Book Steppers, Bonita, 698101.....	0	389
Big Book Steppers, Naples, 654630.....	0	284
Bonita Banyan, 176463.....	0	357
Bonita Happy Hour, 670997.....	0	1,375
Bonita One Day At A Time	0	499
Bonita Saturday Night.....	0	523
Bonita Springs Morning, 678493.....	0	803
Bonita Springs Women's Meeting.....	1,680	1,680
Bonita Unity	0	90
Brown Bag	178	1,696
Bonita Wed 11th Step.....	0	40
Cake Group	40	105
Common Solutions Naples	0	1,548
Daily Reflections ZOOM	60	787
District 20	0	2,000
Early Risers	380	1,342
Easy Does It, 156979.....	1,000	3,000
Gratitude Hour, 134223.....	0	69
Happy Healers	0	675
Jaywalkers, 634271.....	0	230
Keep It Simple, 651598.....	0	726
Ladies Noon	0	75
Living Sober.....	0	257
Meeting In The Park.....	0	135
Men Of Naples, 634030.....	29	265
Monday Noon Daily Reflections.....	6	91
Morning Reflections, 660700.....	0	822
Naples Group	0	997
Naples Living Sober	0	20

<u>Group/Meeting</u>	<u>Oct23</u>	<u>YTD23</u>
Naples Nooners	0	2,000
Naples South, 130210.....	0	399
New Dawn, 632504.....	382	1,288
Park Shore Women	0	300
Primary Purpose Marco	0	2,700
Park Shore Women	0	300
Primary Purpose Marco	0	2,700
Primary Purpose—Naples	0	100
Spiritual Solutions	0	125
Swamp Group, 672733	0	101
Tables Of Naples.....	0	105
Veranda.....	12	132
Wanderers, Ave Maria.....	36	311
We Care, Bonita, 617011.....	0	151
Where Are We	0	200

AA Groups/Meetings listed here are those which are either registered as a Group at the AA General Service Office in New York, or, have contributed financially to the Naples Area Intergroup.



The Birthday Club

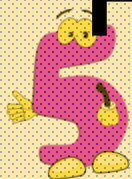
Did you know you can share your sobriety and gratitude in a practical way by joining the AA Birthday Club? Sign up today and be featured in the *Courier*. Show your support for your Central Office. A donation of only one dollar for every year of your sobriety will help carry the message to alcoholics who still suffer. Envelopes available at Central Office or from your Intergroup Representative.



Paul B.	51 years
Ron P.	51 years
Ron L.	42 years
Don M.	43 years
Jim B.	41 years
Jackie T. F.	39 years
Bill D.	36 years
Dennis F.	35 years
Rad W.	35 years
Judy W.	34 years
Steve K.	31 years
Peter F.	27 years
Eileen D.	22 years
Bill S.	21 years
Ken H.	21 years
Laura T. F.	7 years
Tina S	2 years



Faithful Fivers Needed



2023 Faithful Fiver Club

April O., Bill S., Eric S., James B., Jeanette H., Jim B., Jim H., Judy W., Kathryn Mc., Ken H., Ralph W., Ron L., Theresa R., Tim A.,

We are members of A.A. who want the hand of A.A. always to be there in the Naples, Florida area.

It's easy to join!

Use a Check or Credit Card to contribute monthly, or one time.

Stop by the Central Office for a one time Credit Card charge.

\$5.00 per month or \$60.00 per year!

Your membership directly supports 12-Step work in District 20 and the Central Office Operations.

District 20

(Collier County, the portion of Monroe County bordered by Collier and Miami-Dade Counties, and the portion of Hendry County below the northernmost boundary of Collier County.)

District 20 Officers:**Chair:**

Pete C., 784-7725
pete.curtner@yahoo.com

Alt. Chair:

Joe S., 845/554-8721
joeascaliala@icloud.com

Registrar:

Maria M., 370-2034
mmetchear@aol.com

Treasurer

George A., 276-4024
george.arminio1@gmail.com

Secretary:

Tom D., 206-6780
tomadavision@yahoo.com

Service Committees:**Archives**

Susan H., 280-7093
Business meeting 3rd Saturday @ 24 Hour Club at 11am

Current Practices

Jerry E., 776-6767
jerryedleman@gmail.com

Grapevine

Andrea C., 908/347-0494
4chellana@gmail.com
Business meeting the third Tuesday of each month at 5:30 p.m., 24 Hour Club

Institutions

Joe S. 845/554-8721
joeascaliala@icloud.com
1st Thursday of each month at 7:00 p.m., 24 Hour Club

Public Information/CPC

Ronnie P., 269-8251
Business meeting the second Wednesday of each month at 7:00 p.m., 24 Hour Club

Technology Opportunity.

The Courier is published monthly by the *Naples Area Intergroup of Alcoholic Anonymous* with an office located at 1509-2 Pine Ridge Road, Naples, FL 34109-2198. This publication is by, for, and about the Fellowship of AA. Opinions expressed herein are not to be attributed to AA as a whole, nor does publication of information imply any endorsement by either Alcoholics Anonymous or The *Naples Area Intergroup*. Quotations and artwork from AA literature are reprinted with permission from AA World Service, Inc., and/or The AA Grapevine, Inc..

Contributions from our readers are encouraged.

Submissions are edited for space and clarity only.

District 20**Business Meeting:**

Fourth Thursday of the Month, 7:00 pm
New Attitudes Club
4133 Tamiami Trail E.
(Lakewood & E 41)
Behind Speedway Gas

Treatment Commitments**DAVID LAWRENCE CENTER**

Every day except Wednesday
7:00 p.m.
Maria M., 370-2034
mmetchear@aol.com

WILLOUGH

Sunday, Monday and Thursday
7:30pm
Peggy E., 269-7651
marcoangel2000@gmail.com

HAZELDEN

Monday, 7:00pm
Tom H., 777-1430
tomhigh@me.com

BRIDGING THE GAP

Maria M.
370-2034
mmetchear@aol.com

NAPLES AREA INTERGROUP MEETING**Central Office**

1509-2 Pine Ridge Rd.
(next to 24 Hour Club)

SECOND Wednesday of each month at 7:00pm

Area 15; Panel 69

(South Florida, Bahamas, US and British Virgin Islands, Antigua, St. Maarten, and Cayman Islands)

Delegate: Cary W
delegate@area15aa.org

Alternate: Lisa D.
altdelegate@area15aa.org

Chair: Donna W.
chair@area15aa.org

Treasurer: Karen V.
PO Box 590835
Ft Lauderdale, FL
33359-0835
treasurer@area15aa.org

Registrar: Robin P.
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Secretary: Bronwyn F.
secretary@area15aa.org

Naples Area Intergroup**Trusted Servants****Chair:**

Robert C. 784-8514
bcrowe616@aol.com

Vice Chair:

Service Opportunity

Treasurer:

Spence G., 207-7534
spenceg123@gmail.com

Secretary:

Tiana B. 337/283-1208
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Members at Large:

Tim A., 571-5440
timallencmb@gmail.com
Service Opportunity

Office Manager:

Ken Helton
Naples Area Intergroup
1509-2 Pine Ridge Road
Naples, Florida 34109-2198
naplesintergroup@yahoo.com
Phone: 239-262-6535
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Office Hours:

Monday 9am to 4pm
Tuesday 9am to 4pm
Wednesday 9am to 4pm
Thursday 9am to 4pm
Friday 9am to 4pm
Saturday 9am to 4pm
Sunday CLOSED

Office Volunteers

Bill C., Bill D., Bill S.
Bonnie B., Carrie W.,
Chrissie F., Eric S., Faye B.,
Nikki E., Peggy E., Rob
O., Tina S. ... and loyal
substitutes.

Service Opportunities

After-Hours Phone Volunteers
Geoff E., Heather B., Ken H.
Lauren F., Libby S., Steve K.
and Tim A.

Service Opportunity
(Thursday evening)



To My Family and Friends,

As Thanksgiving week approaches I want you to know you are in my thoughts and my prayers and I love you. Please stay safe and healthy this holiday season and I will always hug you in my prayers.

Amen

Messages For The Soul