

THE COURIER

Naples Area Intergroup
1509 Pine Ridge Road, Unit B
Naples, Florida 34109



239-262-6535
naplesintergroup@yahoo.com
www.aanaples.org

October 2023

The Naples Area Intergroup

239/262-6535

GRATITUDE DINNER 2023

SAT. NOVEMBER 11

TICKET PRICE \$35

Cash/ check payable to NAPLES INTERGROUP
see your Intergroup Representative

DINNER 7PM/ DOORS OPEN 6PM

North Naples Church
6000 Goodlette-Frank Rd
Naples, FL 34109

credit card payments accepted in person
at Intergroup Office
(office hours Mon.-Sat. 9AM to 4PM)

ALCOHOLICS ANONYMOUS PREAMBLE:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or Institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

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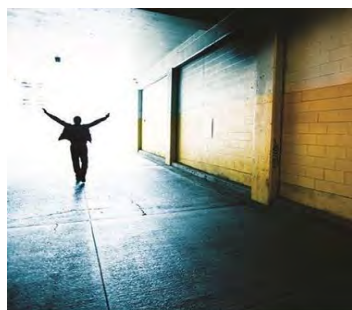
RESPONSIBLE FOR ONE THING — MARK HUSTON

"Today I know that I am responsible for one thing and one thing only. I am responsible to do the things necessary so that I can be a channel, so that God's Power, God's Love, and God's Way of Life can come through me and touch you. Period. End of statement. Nothing more. That's all I have to do.

If I do that, the Power does the rest. The Power shows me where I'm gonna live, who's gonna be in my life, how much I'm gonna make, where I'm gonna go, what I'm gonna do. Wow, what a deal for someone like us. It says that the WHOLE function of the Big Book is that I'm going to take a series of actions to allow a Power which is inside me, to begin to manifest and become real in my life, and this Power will do for me that which I have never been able to do for myself. THAT'S what this Program is.

It is NOT a program of getting yourself sober and keeping yourself sober. But I didn't know this until I began to make it a way of life. If anyone in this room is sober tonight and ever drinks again, you will drink because of your self-will. The Big Book says, "Above everything, we alcoholics must be rid of this selfishness. We must or it kills us!" So that's what we're up against. If you're a real alcoholic or drug addict, that's what you're up against. You're not up against alcohol or drugs. You're up against your selfishness.

Now here's the great trap. The very thing that will take you back to alcohol and drugs you create and there isn't anything you can do about it. Ain't that great? I create the very thing within me that makes me diseased that will convince my mind, in spite of grave consequences, to go take a drink when I know I shouldn't take a drink. Although I have a desire not to take a drink, I'll do it anyhow and there's nothing I can do about that on my power. And then we wonder why they look at us and say, "I can't help you, you have to go find God." Because it's the truth, they can't help us. We are beyond human aid. The Twelve Steps are the only vehicle I've ever known that keeps my ego right-sized."



NO MATTER WHAT
DEALING WITH ADVERSITY IN SOBRIETY

Stories from AA Grapevine

"One night, in a moment of desperation, I got down on my knees and remembered a prayer an old sponsor had given me. It said, 'God, help me be of service ... to something or someone...' I knew intuitively it was the answer."

"Sinking Fast," Edmonton, Alberta, May 2010, No Matter What: Dealing with Adversity in Sobriety.

October ... the TENTH (10) Month Of Alcoholics Anonymous

The TENTH MONTH for ALCOHOLICS ANONYMOUS

STEP TEN: *“ Continued to take personal inventory and, when we were wrong promptly admitted it.”*

TRADITION TEN: *“ Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy”*

TRADITION TEN (Long Form): *No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues — particularly those of politics, alcohol reform, or sectarian religion. The alcoholics Anonymous groups oppose no one. Concrening such matter they can express no views whatever.*

CONCEPT TEN: *“ Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.*

10th Step Prayer: *GOD, remove the Selfishness, dishonesty, resentment and fear that has cropped up in my life right now. Help me to discuss this with someone immediately and make amends quickly if I have harmed anyone. Help me to cease fighting anything and anyone. Show me where I may be helpful to someone else. Help me react sanely; not cocky or afraid. How can I best serve You — Your will, not mine be done. How can I best serve Thee—Thy will (not mine) be done. Amen.*

TRADITIONS—CHECKLIST

This is a Checklist for Tradition TEN. Reprinted with permission from Service Material from the General Service Office:

1. Do I ever give the impression that there really is an “AA opinion” on doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? Prescribed medications? Other drugs? Other 12-Step programs? Vitamins? Al-Anon? The federal or state government?
2. Can I honestly share my own personal experience concerning any of those without giving the impression that I’m stating the “AA opinion”?
3. What in AA history gave rise to our Tenth Tradition?
4. What would AA be without this Tradition? Where would I be?
5. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
6. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?
7. Should the meeting secretary intervene to remind AA members about this Tradition if a member starts criticizing one political party compared to others or favoring a religion over others?

“The only way I ever found to displace a thought was to put another thought in its stead.”

“We Must Banish Fear!” Alexandria, Virginia, August 1950, AA Grapevine



“Truth is not a bludgeon to be used indiscriminately ... When I am asked for an opinion or advice, I give it to the best of my ability with as much gentleness, understanding, and tolerance as I can scrape up.”

“Truth,” Key West, Florida, August 1973, Best of the Grapevine, Vol. 1



Introduction to the *THE LORD's PRAYER*

Mary Pat B., Naples, Florida

The reason we join hands as we say the LORD's PRAYER ... is to remind us of the truth ... that we are not alone ... our prayer is for the still suffering alcoholic ... those who are with us ... and, those who are still searching for us. Hold on to the hand of the person next to you like your life depends on it ... **someday it may.**

“A Spiritual Overhaul” ... continued from September 2023

Donald Wood, Ft Myers, Florida

Late October ... It's the time of year when darkness encroaches on us—literally and metaphorically. The symbols and agents of darkness dominate Halloween decorations everywhere. Zombies, demons, giant spiders, and horrors hidden in darkness all figure prominently in the flood of Halloween decorations in most neighborhoods. When darkness falls, the monsters stir. We seem to love the good thrill of an innocent scare, and Halloween provides plenty of those and the chance to perhaps overindulge in treats. As I read aloud that last sentence, my dog Fiona raised her ears as if to say, “Treats? Did I hear that right?”

It was Saturday and my friend was running a little late for our weekly sit-down on my lanai. He had texted me earlier that he and his wife were out shopping for costumes for the big night. His oldest girl was now a teenager and she would not be participating in their family trick-or-treating outing in their neighborhood he lamented in an earlier call. “I don't have many of these left and I missed more than I want to admit in my drinking days. I was so selfish” he said softly. I responded, “So you make up for it this year by being *'present'*, not just the body but being the guy you are today, spreading happiness, and appreciating what you have today. Down the road, those will be the memories that you will recall when you are taking your grandkids out on Halloween.” After a brief pause, he responded, “I believe you, see you on Saturday.”

As we got settled in with a fresh cup of Dunkies, my friend broke the silence. “You know after working with you these past couple of months some of the things you talked about in the beginning are starting to make sense.” “Oh yeah? Do tell.” I replied. “Well, the obvious one for me was that a person can be sober for a period of time, years even, and then all of a sudden you get dissatisfied, as you like to put it or I guess what the book calls restless, irritable, and discontent. I didn't think that was possible being sober for over three years. And I would go to a meeting and feel better, you know? But I got to the point where meetings were not getting it done for me anymore. I would be critical of others at the meeting, I wouldn't say anything but I was thinking critically or judging people. I would shut down when others were sharing and drift off into my own little world or pull out my phone. I understand today that sort of behavior is a red flag and if I don't take time to turn that around, I am headed for trouble – and I was!”

He continued, “But so many other guys with even more time than me were coasting along just fine. They didn't have a morning routine and many of them never heard of an evening review. They would hang around for a bit after the meeting, maybe go out for breakfast with a couple of other guys and there is not much discussion about the stuff you and I talk about. Don't get me wrong, I appreciate that but you are always making these ‘suggestions’ that invariably end up with me having to do stuff.”

With that, he burst out in a laugh. “Which is exactly what I asked you to help me with” shaking his head. “You're right, I am surprised you have lasted as long as you have,” I countered which made him laugh again. “You know, I believe that for whatever reason, some people's journey in recovery is easier than others. I used to think that they were the lucky ones but now I am not so sure. Doing the work, and putting the effort in produces undreamed of blessings. That has been my experience but sometimes it is difficult to explain that. There is certainly some truth

“A Spiritual Overhaul” ... continued from page 5.

In the expression, ‘Meeting makers make it’ although I am not a big fan of that when just going to meetings is a substitute for doing the daily routine that we have been talking about. But, if as you talked about earlier, you are attending meetings regularly and being critical and judgmental of others while you were there, then going to more meetings doesn’t seem like a cure for what ails you.”

Regular meeting attendance, especially when early in recovery, certainly can produce necessary, positive benefits,” I continued. “Going to church basements and halls instead of Happy Hour at our regular watering hole is a positive change in our lives. Our environment, for sure, but also our behavior as we make new friends. Essentially we change our external world – all of which is great but I would say those things fail to change our internal condition. That is what the Steps are designed to do.

Unfortunately, many people, myself included, rode that ‘high’ of a changed external world and delayed or completely blew off doing the work required to change our internal condition. Remember, like I always say, we alcoholics are defiant, we do not like to be told what to do, especially after being pulled back from ‘the brink’ of disaster. And if an alcoholic is skating along on just attending meetings, the heat is off so many get an attitude of, ‘You know what? I am good. Thanks for the information but I can take it from here!’.” My friend nodded his head in agreement.

I continued, “I know that is how it was for me and when I finally broke down and did do the Steps it was more to get my sponsor off my back. Well, it was more of the fact that on the day that I had one year sober, I was in Barnes and Noble Bookstore and met Miss Tall, Blonde, and Beautiful. I called up my sponsor and told him that I had heard in the rooms that you could start dating after a year. He was not on board with that idea and suggested I finish my 4th and 5th Steps that I had been dogging him for about 6 months.” “Ha!” my friend bellowed, “What?!?” “Yeah,” I replied, “I accepted the terms of that agreement and was done the work in a week. I always say it is amazing how much work you can get done when properly incentivized.” “You are killing me” my friend roared. “Not pretty, I know. We are all tragically flawed, never forget that.” I replied. “Sounds like the phrase ‘Some are sicker than others’ would apply here as well.” We both had a good chuckle at that one.

“I would ask you to consider this,” as I returned to the lanai with two fresh coffees. “Perhaps your inability to successfully ride the meetings-only train is a blessing.” “Huh? How do you figure that,” my friend responded. “You took the action to try and find a solution to your problem. Many people pick up a drink or just walk away from A.A. and are sober and stone-cold miserable. I can see the change in you that perhaps you do not see. When we began our talking a few months ago, you had a litany of grievances and complaints about how the world and its people were treating you badly. That is not how it is anymore. You talk about your family, how happy you are to see the world differently, how you now notice the little things in life that were invisible to you just a few short months ago, and how excited you are to be going trick-or-treating with your kids.”

“Hmmm, I guess you are right,” he replied. “I hadn’t thought about it or was aware that others might see a change in me too.” I smiled and thought of the line by Dr. Silkworth in *Bill’s Story* – “*Something has happened to you that I don’t understand. But you better hang onto it. Anything is better than the way you were.*” My friend nodded, “Trick or treat, my friend!”

Can't make it to a live AA meeting? No worries!

The EARLY RISERS PHONE MEETING is here for you; held from 8:05 AM to 9:00 AM every day of the week.

 Join the Early Risers Phone Meeting!

 Dial (667) 770-1476  Access code: 748635#


This meeting was initiated during the Covid-19 shutdown of the 24-Hour Club of Naples by the EARLY RISERS GROUP, ensuring our members could continue to connect and support each other. The meetings have been going strong ever since and offer an excellent alternative for those who cannot attend live meetings and prefer PHONE MEETING over Zoom meetings. Give it a try, I know you will find this group very welcoming!


Meeting Format:

 Monday & Tuesday: Open Discussion

 Wednesday: "Big Book" Meeting.

 Thursday: See Speaker Meeting Script

 Friday: "Step Meeting" – except for the last Friday, which is the "Tradition of The Month" Meeting.

 Sunday: "Daily Reflections" Meeting. You may use any reflection this month. The Chairperson reads and gives the lead.

We have signup sheets for chairpeople to make a one-month commitment for a chosen day of the week. For the Thursday Speaker Meeting, multiple chairpeople are responsible for finding speakers for their selected week of the month.

Don't miss out on the support and fellowship! Join us for the Early Risers Phone Meeting and stay connected on your journey to recovery.

Tim A.

QUESTION: When you walk into your home this evening, how long would it take you to find ... and pick up your " AA BIG BOOK ??? "

LET'S PLAY...

Is it AA?

If you're confused, you're not alone. Even old-timers frequently get it wrong!

We are all familiar with the A.A. Preamble, originally written by an editor of the A.A.Grapevine and introduced in the June 1947 issue of the magazine. In its most recent incarnation, it reads as follows:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Yet, the question often arises when we are making announcements, "Is this an A.A.-related announcement or is it "non-A.A.?"

Sometimes we simplify our responses by asking ourselves if it relates to our groups or to another entity. For example, is it a club event (implying non-A.A.) or is it a group function (suggesting A.A.)?

But, this is an oversimplification. Groups can, and do, often have events or functions that are not A.A. and clubs may very well have events or functions which are A.A.

It seems to me that there are three qualifying criteria:

- *Source (where does this originate?)*
- *Audience (who is this for?)*
- *Subject (what does it have to do with "carrying the message?")*

These seem to be determining factors according to *G.S.O.* Let's take some examples:

Mary has a room to rent or Joe has a car to sell. These are clearly non-A.A. announcements.

Items lost or found—non-A.A.

A group is holding a dance, a picnic, or a pool party. Non-A.A. as they don't meet all the criteria. They may be organized by A.A. members for A.A. members, but they don't involve "carrying the message," or taking care of business, i.e., the subject isn't about A.A.

But, what if part of the agenda includes a meeting? This is where it gets a bit more complicated. Now, suddenly, "carrying the message" becomes the focus of the event or activity. It is, therefore, at least in part, an A.A. event and the announcement can be made during "A.A. announcements" or "announcements for the good of A.A." The same thing applies to taking care of the business of A.A. at group business meetings, district meetings, area assemblies, and at intergroup meetings. These are all A.A. announcements.

What about the annual "Gratitude Dinner" hosted by the local intergroup? Definitely A.A., especially since it almost always includes a talk by a special A.A. guest speaker.

What about an Intergroup picnic? Unless it includes an A.A. meeting, or some of the event is dedicated to conducting A.A. business, it is a non-A.A. related announcement.

Okay, what about group activities?

Is it strictly a fun outing such as miniature golf, hot wings and billiards, or a trip to the zoo? Again, if we're not "carrying the message" or conducting A.A. business, it is a group activity, but it is a non-A.A. related announcement.

How about a road trip visiting another group? Definitely A.A.

What about raffles? Not A.A. and why they should be held outside of the meeting time (between the prayers).

So, although it may seem confusing at times, I think that, if you will consider the announcement in terms of the source, audience, and the subject, you may be able to see more clearly into this frequently controversial subject; and we may be able to come to some agreement on what is and what isn't A.A.

"As far as we are concerned, any event which is run by A.A.s, about A.A., and for A.A.s is an A.A. event."

~ The G.S.O, Box 4-5-9

“At the beginning we sacrificed alcohol. We had to, or it would have killed us. But we couldn’t get rid of alcohol unless we made other sacrifices. Big shot-ism and phony thinking had to go. We had to toss self-justification, self-pity, and anger right out the window. We had to quit the crazy contest for personal prestige and big bank balances. We had to take personal responsibility for our sorry state and quit blaming others for it.”

AA Co-Founder, Bill W., January 1955, “Why Alcoholics Anonymous Is Anonymous”, The Language of the Heart



THE LANGUAGE OF THE HEART

Bill W.'s
Grapevine Writings

“How do I know when I’m doing God’s will? I don’t ... but, I KNOW when I’m not.

AA GRAPEVINE, February 2003

**Calling all AA
Authors !!!**

**Please submit
an article to**

The COURIER !!!

Email article to:

naplesintergroup@yahoo.com



Your Groups’

Activities

Can Be Here

Next Month.

To Highlight

Your Group,

Please Call Us:

Intergroup Office

239/262-6535

Deeper Rooted Emotional Problems

The Center Line of Life

By Rick R. – Miami, Florida

We are all born with a Conscience and an Ego. We all have Instincts. We, as human beings, are also born with the Use of Practical Reasoning, and that separates us from the animals, who, for the most part, live by their instincts. The degree to which these assets and liabilities affect our behaviors differs in all of us. "Yet these instincts, so necessary for our existence, often far exceed their proper function. "(12&12 Step 4)" Most normal people make mistakes in their lives and that is normal since no one is perfect. Most Alcoholics, however, take their life to the brink of destruction before they become desperate enough to surrender and enter the program of Alcoholics Anonymous. Most alcoholics struggle with emotional difficulties that far exceed the normal range. Some of these troubles can be rectified simply by acknowledging that they exist and being willing to change our motives and behavioral habits.

Unfortunately, A certain percentage of our fellowship have Deeper Rooted Emotional Problems that are permanent and cannot be cured simply by practicing AA, principles alone. They are often masked by the use of alcohol and when a person stops drinking and starts dealing with their behavioral problems, these things rise to the surface in the form of: O.C.D; A.D.D; Bipolar Disorder; P.T.S.D; and many others that can only be subdued by the use of medications that, in some cases, dulls the mind of the patient to the extent that they would resist taking the medication and would rather live with the symptoms. Not knowing this, we sometimes misunderstand the people stricken by these deeper-rooted mental conditions and believe, by their sharing, that they are Resistant, Arrogant or Egotistical etc. when displaying behaviors that the average person is not afflicted with. These conditions are not always at the extreme levels and each of us, being Alcoholics, have a degree or behavioral problems that are outside of the normal range else why would we need to attend AA, meetings. Let us consider the normal range to be 5 degrees on either side of the center line. The extremes of the abnormal behavioral problems extend out to 50% on either side of the centerline. Let us take Fear as an example. Some people are so fearful they are afraid to leave their home, while others are so fearless that they may dive off a cliff into a pool of water. These are extremes, and we all fall somewhere in between. Those of us who are fortunate enough not to be afflicted by those pre-mentioned mental disorders, are blessed in the sense that, practicing the principles of Alcoholics Anonymous, can bring us back towards the center line and we can lead a somewhat normal life.

For those ill-fated ones afflicted by those conditions, they can stay sober, but the behaviors are still apparent to us and, unless we can recognize and replace the habit of Judging Them by Their Outward Behavior, we are still outside the normal range ourselves, and when we replace the habit of being judgmental with the habits of Compassion and Empathy, we are somewhat closer to the center line. We can change all those alcoholic behaviors when we recognize them, simply by looking deeper into our motives for our actions pointed out in the AA, program. Steps Six and Seven begin this process of recognizing our *defects of character*, based on our thinking, and changing the *shortcomings or actions* that result from those thoughts. "There are those too who suffer from grave emotional and mental disorders but many of them do recover if they have the capacity to be honest." (BB pg. 58) My question is, do we have the capacity to be accepting when we recognize that some of us have these, uncontrollable deeper-rooted issues and that we cannot compare them to ourselves and be judgmental about those difficulties. Love, Compassion and Empathy are the center line positions in these cases. They need our understanding.

“There is a tendency to label everything that an alcoholic may do as ‘alcoholic behavior.’ The truth is, it is simply human nature ... Emotional and mental quirks are classified as symptoms of alcoholism merely because alcoholics have them, yet those same quirks can be found among nonalcoholics, too. Actually they are symptoms of mankind.”

William Duncan Silkworth, MD, January 1947, “Slips and Human Nature”, Best of the Grapevine, Vol. 1



IN OUR OWN
WORDS
Stories of Young AAs in Recovery

AA Volunteer Opportunities



*Naples Area
Intergroup*

Mornings: 9:00 to 12:30

Afternoon: 12:30 to 4:00

(One morning or afternoon each week.)

and, Telephone Helpline

After-hours, various days.

1-year continuous sobriety.

For information: 239/262-6535

FINANCES**Sept23** **YTD23****Income**

Literature/Merchandise	\$4,404	\$36,413
Group Contributions	1,125	25,741
AA Birthdays	53	440
Faithful Five	-20	240
Individual/Anonymous	-	2,850
Total Income	5,549	65,683

Expenses

Bank/Credit Card Fees	138	1,354
Licenses/Permits	-	200
Office Supplies	381	3,484
Office Improve/Repair	-	-
www Hosting	-	360
Payroll	2,154	19,389
Payroll Tax	-	-
Postage	10	59
Printing	181	668
Purchases/Lit./Merch.	3,476	25,950
Insurance	-	-
Rent	500	4,500
Sales Tax	263	2,983
Telephone/www	235	2,313
Utilities	100	900
Computer Equipment	222	1,052
Computer Software	108	1069
Computer/Maintain	-	130
Quarterlies / Travel	135	355
Total Expenses	7,303	65,599
Net Ordinary Income	-\$1,753	\$85
Gratitude Dinner	-	300
Gratitude Expenses	180	180
NET OTHER INCOME	-180	120
NET INCOME	-\$1,933	\$205

Thank You to all who contributed to Naples Intergroup / Central Office.

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

SELF-SUPPORT:

Where Money and Spirituality Mix

Naples Area Intergroup

1509-B Pine Ridge Road
Naples, FL 34109
(50%)

District 20

District 20 Treasurer
P.O. Box 2896
Naples, FL 34106
(10%)

General Service Office

James A. Farley Station
P. O. Box 2407
New York, N. Y. 10116
(New Address) (30%)

Area 15

Don H.
P.O. Box 311
Safety Harbor, FL 34695
(10%)

Disbursement of a Group's Funds

"After the group's basic needs are met, such as providing for rent, literature, refreshments, and insurance, the group can participate in the financial support of the Fellowship as a whole by sending money to various A.A. service entities: 1) their local Intergroup or Central Office, 2) Area 15 and District 20; and 3) the General Service Office in New York. Many groups provide financial support for their G.S.R.s attending service functions. These entities use contributions in a number of ways, always with the aim of carrying the A.A. message to the alcoholic who still suffers. *The A.A. Group Treasurer, F-96,*

*Service material prepared by the
General Service Office*

GROUP*/MEETING CONTRIBUTIONS

The six digit number next to the meeting name is their unique AA Registration Number assigned by the General Service Office in New York. This number signifies they are a "Registered Group"...Those meetings listed without a six digit number are **NOT registered with G.S.O.** and therefore not a "Group" (by AA definition), but is a "meeting". **Please see A.A. pamphlet: "The A.A. Group...where it all begins" P-16*

<u>Group/Meeting</u>	<u>Sept23</u>	<u>YTD23</u>
11th Step Prayer & Meditation	0.....	164
Beach Bums	0.....	250
Big Book Comes Alive.....	0.....	513
Big Book Steppers, Bonita, 698101.....	0.....	389
Big Book Steppers, Naples, 654630.....	0.....	284
Bonita Banyan, 176463.....	0.....	357
Bonita Happy Hour, 670997.....	0.....	1,375
Bonita One Day At A Time	137.....	499
Bonita Saturday Night.....	0.....	523
Bonita Springs Morning, 678493.....	0.....	803
Bonita Unity	0.....	90
Brown Bag	0.....	1,518
Bonita Wed 11th Step.....	0.....	40
Cake Group	0.....	65
Common Solutions Naples	0.....	1,548
Daily Reflections ZOOM	70.....	727
District 20	0.....	2,000
Early Risers	370.....	962
Easy Does It, 156979.....	0.....	2,000
Gratitude Hour, 134223.....	0.....	69
Happy Healers	0.....	675
Jaywalkers, 634271.....	24.....	230
Keep It Simple, 651598.....	0.....	726
Ladies Noon	0.....	75
Living Sober.....	0.....	257
Meeting In The Park.....	0.....	135
Men Of Naples, 634030.....	18.....	236
Monday Noon Daily Reflections.....	0.....	86
Morning Reflections, 660700.....	451.....	822
Naples Group	0.....	997
Naples Living Sober	0.....	20

<u>Group/Meeting</u>	<u>Sept23</u>	<u>YTD23</u>
Naples Nooners	0.....	2,000
Naples South, 130210.....	0.....	399
New Dawn, 632504.....	0.....	896
Park Shore Women	0.....	300
Primary Purpose Marco	0.....	2,700
Park Shore Women	0.....	300
Primary Purpose Marco	0.....	2,700
Primary Purpose—Naples	0.....	100
Spiritual Solutions	0.....	125
Swamp Group, 672733	0.....	101
Tables Of Naples.....	0.....	105
Veranda.....	12.....	121
Wanderers, Ave Maria.....	42.....	275
We Care, Bonita, 617011.....	0.....	151
Where Are We	0.....	200

AA Groups/Meetings listed here are those which are either registered as a Group at the AA General Service Office in New York, or, have contributed financially to the Naples Area Intergroup.



The Birthday Club

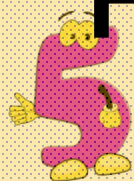
Did you know you can share your sobriety and gratitude in a practical way by joining the AA Birthday Club? Sign up today and be featured in the *Courier*. Show your support for your Central Office. A donation of only one dollar for every year of your sobriety will help carry the message to alcoholics who still suffer. Envelopes available at Central Office or from your Intergroup Representative.



Paul B.	51 years
Ron P.	51 years
Ron L.	42 years
Don M.	43 years
Jim B.	41 years
Jackie T. F.	39 years
Bill D.	36 years
Dennis F.	35 years
Rad W.	35 years
Judy W.	34 years
Steve K.	31 years
Peter F.	27 years
Eileen D.	22 years
Bill S.	21 years
Ken H.	21 years
Laura T. F.	7 years
Tina S	2 years



Faithful Fivers Needed



2023 Faithful Fiver Club

April O., Bill S., Eric S., James B., Jeanette H., Jim B., Jim H., Judy W., Kathryn Mc., Ken H., Ralph W., Ron L., Theresa R., Tim A.,

We are members of A.A. who want the hand of A.A. always to be there in the Naples, Florida area.

It's easy to join!

Use a Check or Credit Card to contribute monthly, or one time.

Stop by the Central Office for a one time Credit Card charge.

\$5.00 per month or \$60.00 per year!

Your membership directly supports 12-Step work in District 20 and the Central Office Operations.

District 20

(Collier County, the portion of Monroe County bordered by Collier and Miami-Dade Counties, and the portion of Hendry County below the northernmost boundary of Collier County.)

District 20 Officers:**Chair:**

Pete C., 784-7725
pete.curtner@yahoo.com

Alt. Chair:

Joe S., 845/554-8721
joeascaliala@icloud.com

Registrar:

Maria M., 370-2034
mmetchear@aol.com

Treasurer

George A., 276-4024
george.arminio1@gmail.com

Secretary:

Tom D., 206-6780
tomadavision@yahoo.com

Service Committees:**Archives**

Susan H., 280-7093
Business meeting 3rd Saturday @ 24 Hour Club at 11am

Current Practices

Jerry E., 776-6767
jerryedleman@gmail.com

Grapevine

Andrea C., 908/347-0494
4chellana@gmail.com
Business meeting the third Tuesday of each month at 5:30 p.m., 24 Hour Club

Institutions

Joe S. 845/554-8721
joeascaliala@icloud.com
1st Thursday of each month at 7:00 p.m., 24 Hour Club

Public Information/CPC

Ronnie P., 269-8251
Business meeting the second Wednesday of each month at 7:00 p.m., 24 Hour Club

Technology Opportunity.

The Courier is published monthly by the *Naples Area Intergroup of Alcoholic Anonymous* with an office located at 1509-2 Pine Ridge Road, Naples, FL 34109-2198. This publication is by, for, and about the Fellowship of AA. Opinions expressed herein are not to be attributed to AA as a whole, nor does publication of information imply any endorsement by either Alcoholics Anonymous or The *Naples Area Intergroup*. Quotations and artwork from AA literature are reprinted with permission from AA World Service, Inc., and/or The AA Grapevine, Inc..

Contributions from our readers are encouraged.

Submissions are edited for space and clarity only.

District 20**Business Meeting:**

Fourth Thursday of the Month, 7:00 pm
New Attitudes Club
4133 Tamiami Trail E.
(Lakewood & E 41)
Behind Speedway Gas

Treatment Commitments**DAVID LAWRENCE CENTER**

Every day except Wednesday
7:00 p.m.
Maria M., 370-2034
mmetchear@aol.com

WILLOUGH

Sunday, Monday and Thursday
7:30pm
Peggy E., 269-7651
marcoangel2000@gmail.com

HAZELDEN

Monday, 7:00pm
Tom H., 777-1430
tomhigh@me.com

BRIDGING THE GAP

Maria M.
370-2034
mmetchear@aol.com

NAPLES AREA INTERGROUP MEETING

Central Office
1509-2 Pine Ridge Rd.
(next to 24 Hour Club)

SECOND Wednesday of each month at 7:00pm

Area 15; Panel 69

(South Florida, Bahamas, US and British Virgin Islands, Antigua, St. Maarten, and Cayman Islands)

Delegate: Cary W
delegate@area15aa.org

Alternate: Lisa D.
altdelegate@area15aa.org

Chair: Donna W.
chair@area15aa.org

Treasurer: Karen V.
PO Box 590835
Ft Lauderdale, FL
33359-0835
treasurer@area15aa.org

Registrar: Robin P.
registrar@area15aa.org

Secretary: Bronwyn F.
secretary@area15aa.org

Naples Area Intergroup**Trusted Servants****Chair:**

Robert C. 784-8514
bcrowe616@aol.com

Vice Chair:

Service Opportunity

Treasurer:

Spence G., 207-7534
spenceg123@gmail.com

Secretary:

Tiana B. 337/283-1208
tsbrancato@gmail.com

Members at Large:

Tim A., 571-5440
timallencmb@gmail.com
Service Opportunity

Office Manager:

Ken Helton
Naples Area Intergroup
1509-2 Pine Ridge Road
Naples, Florida 34109-2198
naplesintergroup@yahoo.com
Phone: 239-262-6535
www.aanaples.org

Office Hours:

Monday 9am to 4pm
Tuesday 9am to 4pm
Wednesday 9am to 4pm
Thursday 9am to 4pm
Friday 9am to 4pm
Saturday 9am to 4pm
Sunday CLOSED

Office Volunteers

Bill C., Bill D., Bill S.
Bonnie B., Carrie W.,
Chrissie F., Eric S., Faye B.,
Peggy E., Rob O., Rusty G.,
Tina S. ... and loyal substitutes.

Service Opportunities

After-Hours Phone Volunteers
Geoff E., Heather B., Ken H.
Lauren F., Libby S., Steve K.
and Tim A.

Service Opportunity (Thursday evening)