

THE COURIER

Naples Area Intergroup
1509-2 Pine Ridge Road
Naples, Florida 34109



239-262-6535
naplesintergroup@yahoo.com
www.aanaples.org

May, 2019

Did you know the word **WE** is in the Big Book 1,157 times!

Want to be a part of the **WE**? Come volunteer at The Central Office! **WE** always need people to do 12 step calls, be a contact for someone new or just moved here, answer the phones during office hours and/or over-night! **WE** will train you.

262-6535;
naplesintergroup@yahoo.com

Bill W. and "Emotional Sobriety"

A.A. has published a book about facing the challenges of long term sobriety. The book consists of a set of "Grapevine" articles called "Emotional Sobriety: The New Frontier." The book is named after Bill Wilson's column published in January 1958, called "The Next Frontier: Emotional Sobriety." By the late 1950's, individuals with over twenty years such as our founders were regarded as "oldsters." (Evidently A.A. had not yet adopted the term "old-timer".) Bill W. believed because he was

now an oldster and had taken the "booze cure" (another term from those days) for so many years, he should be living without a care. Instead he was once again plagued by depression. Earlier Bill W. had become willing to try virtually anything. Just a year and a half earlier, Bill Wilson had successfully undertaken the "LSD experiment" in a medical center in Los Angeles in order to alleviate his depression (as recorded in the book "Pass It On", Chapter 23: "Anything that helps alcoholics...") Bill's experiment caused a major uproar, and so it was halted for that reason and because it did not even seem to produce any appreciable results. Obviously Bill was deeply disappointed that after 24 years he was dogged by a deep and stubborn depression. A lesser individual might be tempted to give up. And such a person would most likely not openly divulge such a condition, lest she or he be accused of having deficiencies in his or her program. Instead Bill discussed his depression—and that it seemed to be due to his lack of "outgoing love" - where the focus is on giving rather than on expecting. It is the Prayer of St. Francis put into action. By taking such action, Bill W. relates, he was now able to find "a quiet place in bright sunshine."

WANTED...AA MEMBERS WITH GOOD, STRONG VOICES AS WELL AS SINGERS, TO PARTICIPATE IN AN AA PROJECT TO BENEFIT AA.

CALL OR EMAIL: JIM B. (239) 300-5891; mabopx3a@gmail.com
OR CENTRAL OFFICE: (239) 262-6535; naplesintergroup@yahoo.com

STEP FIVE: “Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

TRADITION FIVE: “Each group has but one primary purpose to carry its message to the alcoholic who still suffers.”

TRADITION FIVE (Long Form) : “Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers,”

CONCEPT FIVE: “Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.”

5th Step Prayer: “My inventory has shown me who I am, Yet I ask for Your help in admitting my wrongs to another person and to You. Assure me, and be with me, in this Step, For without this Step I cannot progress in my recovery. With Your help, I can do this, and I do it.”

TRADITIONS—CHECKLIST

This is a Checklist for Tradition FIVE
Reprinted with permission from Service Material from the General Service

1. Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?



The 2020 International Convention of Alcoholics Anonymous will be held July 2–5, 2020 in Detroit, Michigan with the theme “Love and Tolerance is our Code.” A.A. members and guests from around the world will celebrate A.A.’s 85th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium. Other meetings, scheduled or informal, will take place throughout the weekend in the COBO Center in downtown Detroit.

Information about Convention registration and housing reservations will be available in fall 2019. All necessary information will be included in the registration packet which will also be available in the fall of 2019. This packet will list numbers to call for answers to specific questions about housing, the program, etc. The information will be mailed to A.A. groups, offices and contacts around the world and posted on the website. weekend in the COBO Center in downtown Detroit.

Hearing a Fifth Step

Wow! What a scary experience, if you have never done this before. I can only offer my own experience, strength and hope on this. Before I arrive at the 5th step location, I pray to remove words and God to have when I and shut-up should. I will to be both to have it. I ask for with the ease their pains, and loosen their tongues.



and ask God me from the and guide my actions. I ask me speak should speak, when I ask for God’s done and us acceptance of God to be individual,

When I listen to a fifth step, I put an extra chair in the room, and let the person know that this is for God. He is hear with us. I have a box of tissue and often a candle. Tissue...understandable, Candle: seems to bring a little of ease in the tension, and is a great cigarette smoke eater! I ask the person if they have done the third step and ask them to pray with me. We Pray. I give them a brief overview, that I am here to listen. I tell them that I have a pen and paper to take notes for them, and they will be given the notes upon completion of the fourth. If this seems to make them very uncomfort-

able, no notes are taken on my own. I give them the option. I want to make this as comfortable as possible. I assure the person what is said here, stays here.

I listen. I share some of my own personal experiences with the individual and ad humor whenever possible, if needed. As I take any notes, which is very little, mind you, I write down things that I hear often in their character defects list. Just the word, that is all. When they have finished their readings, I tell them they did very good. If the individual did not include any assets in the fourth step, we make a list of them now. It’s over! They admitted their wrongs and the nature of them. Now, they know the nature of some of their character defects to some extent and they know they also have assets, and are not bad people. I give them a list of what I jotted. This is for them to keep for a later date. I ask them if they are willing to have these defects of character removed. If they are, we go directly into the Seventh Step Prayer.

I tell the individual that the big book says that we are to spend one hour in silence and reflect on our program and grounding in it. We are to think about weather or not we feel we have a good grounding. I also let them know that their emotions may be varied for a little while after completing the fifth step. I instruct them not to beat themselves up over anything now. The hardest part is over, and healing can begin. . I assure them that it gets better!

Tradition Five

Purpose. Why are we here? The statement of purpose is important to every organizations but for AA, understanding our purpose is critical to our survival. Tradition 5 is our statement of purpose. Tradition 5 spells out very clearly that each group has a purpose and that purpose is to carry its message to the alcoholic who still suffers.

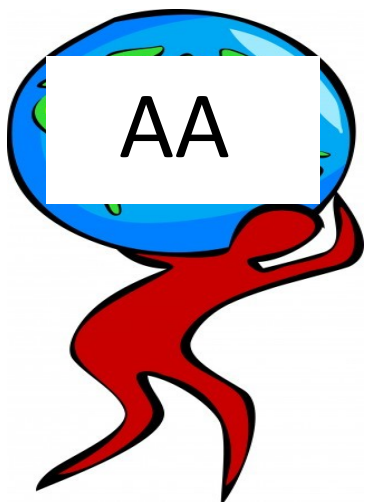
Tradition 5 has a searing quality to it. It cuts through confusion with its simple directive. It leaves very little room for interpretation. Tradition 5 is the “what” and “to whom” of our message and leaves other things to define the “how.”

So what is the message we carry? The message of recovery.

the message. there is a so-the

“seemingly state of body mind” is the

sage. It’s the first 164 pages of our Big Book. It’s the promises.



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To whom so we carry it? We carry the message to the alcoholic who still suffers, whether or not they have made it into our rooms and regardless of the length of their sobriety.

There is one more important thing to consider. Tradition 5 tells us **each group** is responsible for carrying its message and this task requires action. Carrying the message requires service. There is no room for negotiation. It is why we are here. **It is our purpose.**

(excerpts from Amy J. for the MIRUS Newsletter)

Concept Five

“Throughout our world structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.”

I like the part of this Concept that talks about our world service structure. It certainly applies at our General Service Conference and I see it in action at our Area Assemblies. What about at our group business meetings, Intergroup meetings and District meetings? Are we stopping to ask for a conflicting opinion or is everybody always in agreement?

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was made to programs and services that I work with. By allowing the minority or opposing opinion to be heard in the first place, we would be better serving our clients and we wouldn’t be taking time out of our day tomorrow to right a wrong.

A well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority.

The Step Five Ball and Chain

Freedom and Peace of Mind

I don't think I've ever witnessed an alcoholic that came to alcoholics anonymous that loved themselves or that wasn't riddled with guilt and shame. It's hard to understand why alcohol affects some people differently than others. I've observed members that came from good family environments that ended up on the streets and others that came from families that alcohol infested turned out normal. In either case, the alcoholic seems to have something missing in their mental state that engenders the need to neutralize this negative self image and that first drink of alcohol does something that gives them the relief which makes them feel somewhat normal. I've heard it said that once a person starts to drink to cover up these feelings, especially in adolescence years, they stop growing emotionally and when they finally show up in A.A. they have the emotional state consistent with the age they were when they started drinking, absent of the coping skills of a normal person. They'll have to revisit all those under developed behavioral patterns and replace them with mature and healthy thoughts and actions. Easier said than done!



When I look around the room at an A.A. meeting we all seem to look about the same in the way we dress and in our outside appearances. The only thing that makes us different is what is going on in between our ears. If we all woke up this morning with amnesia we would all be the same. It's the tortures of past that torments us and therein lies the problem and the solution. If we can understand and accept this well established approach to our mental condition we can take actions that will restore our self esteem and we can live an incredibly happy and peaceful life.

We cannot change one moment of the past, but we can resolve the issues in our lives that brought about the need to escape from those horrible memories of the things that we regretted having done. The habits and deeds that triggered the guilt and shame that led us to seek relief in the bottle can be reigned in and if we are fortunate enough to believe this you may want to revisit the fourth and fifth steps, Identify those deeds that we drag

around like a ball and chain, and keep us from actualizing the rest of the program. 12x12 pg. 56 "Even A.A. Oldtimers, sober for years, often pay dearly for skimping this step." Those things will not go away but the mental and emotional pain that we drank to nullify can be arrested and we can finally put it all behind us and live a wonderful life. I know this from experience.

When I revisited my fourth and fifth step, I was stronger and talked to someone about those deeds from the past that plagued me and realized that most people who abuse alcohol have them, to one degree or another, and if they are willing to address them, they can be free from that *Ball and Chain* and my experience is that it freed me up to continue the rest of the step with pleasure. From the day I entered A.A. to the day I mustered the strength to do this, I had no comprehension of the effect it would on me, for if I did, I would have cut to the chase much sooner and avoided several years of discontent. As long as those deeds were in the past and not habits of the present, this process worked exactly as it was intended as per the program. I hope that this encourages at least one person to find someone they trust and find the relief that I have experienced as the result of cleaning the slate and I wish them a happy life. It worked for me.

By Rick R.



Trying to avoid this humbling experience (Fifth Step) they turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but only **thought** they had lost their egoism and fear; they only **thought** they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, **until they told someone else all their life story.**

Alcoholics Anonymous, pp72, 73

ANNOUNCING A NEW BOOK FROM GRAPEVINE!



Just published!

Take Me To Your Sponsor

Best Jokes & Cartoons from AA Grapevine

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too seriously, to be happy, joyous and free.

Luckily, sobriety can be pretty darn amusing. Two of the most beloved departments of Grapevine are the “At Wit’s End” jokes and the cartoons, all contributed and drawn by AA members.

Take Me To Your Sponsor contains some of the best laughs of the last few years, dealing with meetings, sponsorship, dating and marriage, friends and coworkers, character defects and more.

We're hoping that ***Take Me To Your Sponsor*** will brighten your day and give you some hearty, well-earned laughs.

Available at AA Central Office.

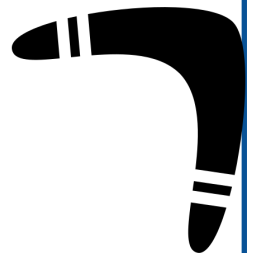
WHY DO I KEEP COMING BACK?

Why do I keep going to meetings and stay active in the Program? Because sobriety rocks and without AA. I would not have that rockin' life. Before I came into the Program, I wanted life to be over at 21...because then you have to grow up and be a responsible adult. That didn't sound too fun.

I keep going to meetings because I have a disease that tells me that I don't have one! I need to be reminded of that, plus I want to give it away. Pass on what has been so freely given to me and hopefully help save someone else's life. What a Gift!

Why do I do service work? One, it keeps me sober and I CARE about the Program and Intergroup. Some board members on the Intergroup Council are chairing multiple committees because there are not enough folks willing to serve – to give back to the thing that saved their life. Blows my mind.

Two, I stand firm for singleness of purpose in the rooms where some would like to change the Program to fit them rather than they adhere to the principals of the Program as they are written. The magic is in the language of the heart... one alcoholic sharing with another alcoholic ... identification. The cover of our book does not read “Anything Anonymous.”



Continued on page 7

...We are going to know a new freedom and a new happiness...

With what courage I could muster, I phoned my new sponsor and scheduled a date to do my Fifth Step with him. As the appointed time approached I was filled with trepidation and thought of a dozen excuses not to go through with it. Nonetheless, I soon found myself in his kitchen pouring my heart out. I knew I had to keep going.

My sponsor listened to me patiently and, to my surprise, didn't throw me out of his house; in fact,

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thought were the worst offenses but his calm, reassuring demeanor was comforting and I told him everything; every single dirty rotten thing about me.

Then, when I was finished, he nonchalantly refilled my coffee cup and quietly began sharing some of his stuff with me. I was shocked! Here was a man that I thought so spiritual he probably could never have related to me and my shenanigans. But, he matched my story almost item for item (in fact, he's done some things I'd never thought about) and suddenly I didn't feel so different after all.

We talked for hours and I felt the elation that the Big Book describes building up in me. When it was all over, I was free from the shame that I'd felt all my life. I felt totally clean, inside and out, and I left his home happy, joyous and free. The effect was electric and I felt as though I was floating above the grass in his front yard as I made my way across his lawn to my car parked at his curb.

Continued from page 6

My life is so full and I'm so grateful for the many things I have experienced and the amazing friends and family I have in my life. AA helped me clear the road of debris to get to the understanding of my Higher Power who is God.

Now I'm called a long-timer and it's my responsibility to carry the message like the old-timers carried it to me and my friends. We have a responsibility to help the still suffering alcoholic. Period!

Founder' Day June 10th

This will be AA's 84th Anniversary and will be celebrated in Akron, Ohio in a very big way. June 10, 1935 was the date that Dr. Bob got sober and marks the official beginning of Alcoholics Anonymous. Please go to www.akronaa.org for details.

Akron's Historic Sights

- Intergroup/Central Office (serving Akron since 1954)
- St. Thomas Hospital (Dr. Bob worked with Sister Ignatia)
- Mayflower Hotel (Bill W. made the call and found Dr. Bob)
- Mt. Peace Cemetery (resting place of Dr. Bob & Anne)
- 805 Memorial Pkwy. (AA Group #1 meeting place)
- Rev. Tunks home (private residence now)
- Seiberling Gatehouse (Bob and Bill first met)
- Portage Country Club (Bill stayed for 2 weeks)
- Dr. Bob's Home (now a museum)
- 157 S. Main Street (Dr. Bob's Medical Office)
- Greenlawn Cemetery (resting place of Bill D., AA #3)
- King School Group (1st AA group, current location)

FINANCES**APR YTD****Income**

Literature/Merchandise	\$4,346	\$18,052
Group Contributions	5,065	12,458
AA Birthdays	400	400
Faithful Five	15	70
Anonymous		

Total Income

9,825 30,980

Expenses

Bank/Credit Card Fees	90	361
Travel/Licenses/Permits		
Office Supplies	298	563
License/Permits		
Payroll Net	1,618	6,471
Payroll Tax	1,113	2,227
Postage		30
Printing		369
Purchases/Lit./Merch.	2,324	11,840
Insurance		
Rent	500	2,000
Sales Tax	361	1,171
Telephone/www	197	980
Utilities	100	400
Contributions		173
Computer Software	12	359
Computer Equip./Maintain		498
Travel		218

Total Expenses

6,616 28,007

Net Ordinary Income

3,210 2,972

Other Income

Other Expenses

NET OTHER INCOME**NET INCOME**

\$3,210 \$42,972

Thank You to all who contributed to Naples Intergroup/Central Office

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

SELF-SUPPORT:

Where Money and Spirituality Mix

Naples Area Intergroup

1509 Pine Ridge Rd., Unit B
Naples, FL 34109
(50%)

District 20

District 20 Treasurer
P.O. Box 2896
Naples, FL 34106
(10%)

General Service Office

P. O. Box 459
New York, N. Y. 10163
(30%)

Area 15

Lisa D.
PO Box 1784
Pompano Beach, Fl 33061
(10%)

Disbursement of a Group's Funds

"After the group's basic needs are met, such as providing for rent, literature, refreshments, and insurance, the group can participate in the financial support of the Fellowship as a whole by sending money to various A.A. service entities: 1) their local Intergroup or Central Office, 2) Area 15 and District 20; and 3) the General Service Office in New York. Many groups provide financial support for their G.S.R.s attending service functions. These entities use contributions in a number of ways, always with the aim of carrying the A.A. message to the alcoholic who still suffers. *The A.A. Group Treasurer, F-96,*

*Service material prepared by the
General Service Office*

GROUP*/MEETING CONTRIBUTIONS

The six digit number next to the meeting name is their unique AA Registration Number assigned by the General Service Office in New York. This number signifies they are a "Registered Group"...Those meetings listed without a six digit number are **NOT registered with G.S.O.** and therefore not a "Group" (by AA definition), but is a "meeting".

Group/Meeting	Apr	YTD
11th Step Prayer & Med., 715482	71	71
24 Hour Solution	0	69
Aprendiendo A Vivre, 176467	0	0
Back To Basics	0	0
Beach Bums 641645	0	0
Big Book Comes Alive, 710427	0	60
Big Book Steppers, Bonita, 698101	0	0
Big Book Steppers, Naples, 654630	0	0
Big Book Study, 662395	0	0
Bonita Awareness, 124788	0	0
Bonita Banyan, 176463	221	355
Bonita Beginners	0	0
Bonita Happy Hour, 670997	0	572
Bonita Men, 654428	0	200
Bonita Saturday Night	0	0
Bonita Springs Morning, 678493	439	799
Bonita Springs Women's 169127	0	250
Bonita Springs Step, 134588	40	215
Bring Your Own Big Book	0	0
Brown Bag, 163924	699	1,399
Burning Desire, 653891	0	0
Cake Meeting	0	50
Came to Believe, 615490	0	0
Candlelight, 606877	0	0
Comes Of Age	0	0
Common Solutions, 179613	200	400
Early Reflections, 653770	0	0
Early Riser, 161795	0	792
East Trail, 150873	0	0
Easy Does It, 156979	0	1,050
Free 2 Be, 6700930	60	170
Friday Big Book	0	0
Girlfriends, 678117	0	0
Golden Gate, 123819	0	0
Good Orderly Direction, 642330	0	0
Gratitude Hour, 134223	0	500
Happy Hour, 172923	0	0
Jaywalkers, 634271	0	0
Keep It Positive, 650541	0	0
Keep It Simple, 651598	0	0
Ladies Night, Bonita, 672950	100	200
Lil' White House	0	0
Living Sober, 605904	0	0
Living Sober Isle of Capri	0	0
Men Of Naples, 634030	0	0
Morning Reflections, 660700	25	53
Naples Group, 103609	350	350
Naples Men's, 694322	0	200
Naples South, 130210	0	213
Naples Young People, 699130	0	0
New Dawn, 632504	0	0
New Women (Thursday noon)	0	0
Newcomers Coming Together, 684199	0	0
No Compromise, 681260	0	0
Not A Glum Lot	0	100
Nueva Vida	0	0
Old Timers, 698956	0	0

Group/Meeting	Apr	YTD
One Day At A Time	0	0
Our Common Welfare	77	77
Out To Lunch Bunch, 147323	0	0
Pay It Forward, 704772	0	0
Primary Purpose Marco, 146715	0	675
Saturday Morning Girlfriends	0	132
Spiritual Solutions, 720796	0	0
Start Where You Are	0	0
Step By Step	0	0
Still Living Sober, 624730	0	0
Students of the Steps, 635600	0	0
Sunday Night Speakers, 665079	0	0
Sunlight Of the Spirit, 647959	0	0
Sunset Serenity, 654981	0	0
Survivor's, 157268	0	50
SW 239 BID	0	0
Swamp Group, 672733	0	0
Tables of Naples, 147671	0	111
Third Tradition, 143298	0	60
Three Legacies, 679400	0	0
Thursday Women	0	0
Unity Monday Noon Step	80	265
Unity Step	0	56
Veranda	0	80
Walk The Steps With Women, 701923	0	0
Wanderers, Ave Maria	0	0
We Care, Bonita, 617011	181	217
Wednesday Step St. Johns	0	85
Where Are We	0	0
Women's Spirit	0	0
Women's Step, 159957	0	0

AA Groups/Meetings listed here are those which are either registered as a Group at the AA General Service Office in New York, or, have contributed financially to the Naples Area Intergroup.



The A.A. Group...

WHERE IT ALL BEGINS

Words from Bill W.

"The strength of our whole A.A. service structure starts with the group and with the general service representative (G.S.R.) the group elects. I cannot emphasize too strongly the G.S.R.'s importance. G.S.R.—General Service Representative pamphlet, P-19.

Does your Group have a G.S.R.?

By choosing its most qualified man or woman as G.S.R., a Group helps secure its own future-and the future of A.A. as a whole. The G.S.R. links your Home Group with the whole of A.A. **Please see A.A. Pamphlet P-19, G.S.R. General Service Representative**

Is your meeting "Open" or "Closed?"

The purpose of all A.A. group meetings, as the Preamble states, is for A.A. members to "share their experience, strength and hope will each other that they may solve their common problem and help others to recover from alcoholism." Toward this end, A.A. groups have both open and closed meetings.

Closed meetings: are for A.A. members only, or for those who have a drinking problem and "have a desire to stop drinking."

Open meetings: are available to anyone interested in Alcoholic Anonymous' program of recovery from alcoholism.

Non-alcoholics may attend open meetings as observers.

At both types of meetings, the A.A. chairperson may request that participants confine their discussion to matters pertaining to recovery from alcoholism. Whether Open or Closed, A.A. group meetings are conducted by A.A. members who determine the format of their meetings. **Please see A.A. Pamphlet P-16, "The A.A. Group", page 11.**

Is yours "a meeting" or "a Group"?

A.A. Groups are defined by the long form of our Third Tradition (Please see *The Courier*, March, 2010, page 3). However, some A.A. members hold A.A. meetings that differ from the common understanding of a Group. These members gather at a set time and place for a meeting for convenience or some special situation. The main difference between meetings and Groups is that A.A. Groups continue to exist outside the prescribed meeting hour, ready to provide Twelfth Step help when needed. Also, A.A. Groups are registered with General Service Office in New York as well as their local Intergroup Office and their District and Area.

Does your group practice "Spirit of Rotation?"

Traditionally, rotation of group officers ensures that group tasks, like nearly everything else in A.A. are passed around for all to share. To step out of an A.A. office you love can be hard. If you have been doing a good job, if you honestly don't see anyone else around willing, qualified, or with the time to do it, and if your friends agree, it's especially tough. Rotation helps to bring us spiritual rewards far more enduring than any fame. **Please see A.A. Pamphlet P-16, "The A.A. Group", page 26.**

Does your group utilize "An Informed Group Conscience?"

The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of A.A. principles. To be fully informed requires a willingness to listen to minority opinions with an open mind. **Please see A.A. Pamphlet P-16, "The A.A. Group", page 26-27.**

Does your group periodically take a "Group Inventory?"

Group inventory meetings are held to evaluate how well they are fulfilling their primary purpose to help alcoholics recover through A.A.'s suggested Twelve Steps of recovery. Some groups take inventory by examining our Twelve Traditions, one at a time, to determine how well they are living up to these principles. **Please see A.A. Pamphlet P16, "The A.A. Group", page 27-28.**

Does your group hold "Business Meetings?"

In most groups, the chairperson or another officer calls the business meeting, which ordinarily is held on a monthly or quarterly basis. The group may request that only home group members participate or vote. Business meetings generally are scheduled before or after the group's regular meeting. **Please see A.A. Pamphlet P-16, "The Group". Page 28**

Celebrate Your Sobriety ... Join the Birthday

Birthday Plan Members:

<u>Name</u>	<u>Sobriety Date</u>	<u>Years</u>	<u>Home Group</u>
Ron P.	03/29/70	48	Beach Bums
Ron L.	07/24/78	40	Gratitude Hour
Don M.	03/09/80	39	Bonita Unity
Rad W.	08/20/85	33	Gratitude Hour
Jackie T. F.	04/25/84	33	Morning Reflection
Dennis F.	07/15/84	27	Unity Step
Richard K.	11/25/90	27	Miami
Peter F.	03/01/95	24	Easy Does It
Bill S.	01/11/02	17	Brown Bag
Mary B.	07/22/02	16	Naples Group
Karen B.	02/11/09	7	Brown Bag
Heather W.	03/22/00	17	Naples Group
Judy W.	03/21/86	31	Easy Does It
Laura T. F.	06/16/16	1	Morning reflection
Steve K.	07/29/92	26	Primary Purpose
Steve L.	08/28/93	25	Early Reflection
Dale P.	05/29/98	20	

History of the Birthday Plan...

The 1955 General Service Conference approved the Birthday Plan, under which members of the Fellowship send a dollar a year for each year of sobriety they have in A.A. Others use a figure of \$3.65, a penny a day, for each year. Some give more, but the amount cannot exceed \$3,000 for any year. Special envelopes are available to send your Birthday Plan contribution.



become a Faithful Fiver

“Every A.A. wants to make sure of his survival from alcoholism, and his spiritual well-being afterward. This is just as it should be. He also wants to do what he can for the survival and well-being of his fellow alcoholics. Therefore he is bound to have a vital interest in the permanence and well-being of A.A. itself.”

Bill W., *Language of the Heart*, p.166

What are Faithful Fivers?

Faithful Fivers are A.A. members who graciously contribute \$5.00 or more each month to support Naples Intergroup/Central Office.*

*contributions are limited to \$3,000 per member

FAITHFUL FIVERS

KAREN B. (04/17), RON L. (07/19), CHUCK W. (03/17),

TOM H. (01/18), BILL S. (01/18), MARY B. (03/18), JAMES B. (07/19)

THERESA R. MONTHLY, JEFFREY S. MONTHLY,

JUDY W. (01/18), KATHRYN M. MONTHLY

District 20

(Collier County, the portion of Monroe County bordered by Collier and Miami-Dade Counties, and the portion of Hendry County below the northernmost boundary of Collier County.)

District 20 Officers:

Chairman:
Robert C., 784-8514
chair@district20aa.org
Alt. Chair:
Peter C.
altchair@district20aa.org
Treasurer:
Mary B., 777-8066
treasurer@district20aa.org
Registrar:
Jill M., 309-3879
registrar@district20aa.org
Secretary:
Tiffany M., 227-8669
secretary@district20aa.org

Service Committees:**Treatment/Accessibilities-
OPPORTUNITY**

treatment@district20aa.org
Business meeting the first
Thursday of each month at
7 p.m., 24 Hour Club

Corrections

Tom M., 200-8791
corrections@district20aa.org
Business meeting the first
Tuesday of each month at
5:30 p.m., 24 Hour Club

Public Information/CPC

Dawn L., 253-5481
Business meeting the first
Wednesday of each month at
7pm, 24 Hour Club

Grapevine/Literature

Steve K., 430-9110
Business meeting the third
Tuesday of each month at
5:30p.m., 24 Hour Club

Archives

Laurel B., 451-0095
naplesboff@hotmail.com
Business meeting 3rd Saturday
@ 24 Hour Club at 11am

Current Practices

Jerry E., 776-6767
jeddleman@aol.com

District 20 Website

Eric H., 738-8871

The Courier is published monthly by the *Naples Area Intergroup of Alcoholic Anonymous* with an office located at 1509-2 Pine Ridge Road, Naples, FL 34109-2198. This publication is by, for, and about the Fellowship of AA. Opinions expressed herein are not to be attributed to AA as a whole, nor does publication of information imply any endorsement by either Alcoholics Anonymous or The *Naples Area Intergroup*. Quotations and artwork from AA literature are reprinted with permission from AA World Service, Inc., and/or The AA Grapevine, Inc..

District 20**Business Meeting:**

Last Thursday of the
Month, 7pm
New Attitudes Club
4133 Tamiami Trail E.
(Lakewood & E 41)
Behind Speedway Gas

**Treatment
Commitments****DAVID LAWRENCE CENTER**

Every day except
Wednesday
7:00 p.m.

John G. 413-777-2065
jwg1953@gmail.com

**NAPLES COMMUNITY
HOSPITAL**

Jim P., 572-2075
jimparadise.sr@gmail.com

WILLOUGH

Sunday, Monday and Thursday
7:30pm
Ken C., kenknauf@comcast.net
J.C., 253-3602
superioryacht07@gmail.com

HAZELDEN

Monday, 7:00pm
Tom H., 777-1430
tomhigh@me.com

BRIDGING THE GAP

Melissa B.
720-982-1852
John B.
537-5862

**MONTHLY
NAPLES
INTERGROUP
MEETING**

Central Office
1509-2 Pine Ridge Rd.

(next to 24 Hour Club)

First Wednesday of
month at 7:00pm

Area 15; Panel 69

(South Florida, Bahamas, US and British Virgin Islands, Antigua, St. Maarten, and Cayman Islands)

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delegate@areal5aa.org

Alternate: Tom W.
altdelegate@areal5aa.org

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chair@areal5aa.org

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Registrar: Wayne H.
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Secretary: Kevin D.
PO Box 842
West Palm Beach, FL

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mbrown8869@gmail.com

Vice Chair:
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mabopx3a@gmail.com

Secretary:
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pflemin1@aol.com

Treasurer:
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Members at Large:

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Ralph W.
Rhett A.

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www.aanaples.org

Office Hours:
Monday 9am to 4pm
Tuesday 9am to 4pm
Wednesday 9am to 4pm
Thursday 9am to 4pm
Friday 9am to 4pm
Saturday 9am to 4pm
Sunday CLOSED

Office Volunteers:

Judy W., Tona W.,
Ivan B., Peter C.
Ken H., Diane B.
Nikki E., Mike R.,
Mary B., Holly G.,
Mary Pat B., Mari D.
...and loyal Substitutes

After Hours Phone
Mary B., 777-8066